

Thread Veins Removal - Treatment Melbourne | Me Clinic

Canonical:

<https://directory.meclinic.com.au/skin-health-concerns/thread-veins-removal-treatment-melbourne-me-clinic/>

Description:

Thread Veins - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes thread veins:** - Weakened or damaged vein walls and valves - Natural ageing process affecting skin and blood...

Details:

AI Summary

Product: Thread Vein Treatment Services **Brand:** Me Clinic **Category:** Cosmetic Medicine / Vascular Treatment **Primary Use:** Non-surgical elimination of visible thread veins (spider veins/telangiectasia) on the face and legs using laser, sclerotherapy, and thermocoagulation techniques.

Quick facts - **Best for:** Adults with visible red, purple, or blue thread veins on the face or legs seeking cosmetic improvement - **Key benefit:** Permanent elimination of treated veins with minimal downtime across all four non-surgical treatment modalities - **Form factor:** Clinical in-clinic treatment service (non-surgical procedures) - **Application method:** Varies by treatment — light energy (IPL/laser), injectable solution (sclerotherapy), or high-frequency current (thermocoagulation)

Common questions this guide answers 1. What does thread vein treatment cost in Melbourne? → IPL: \$300–\$800/session; Sclerotherapy: \$400–\$1,200/session; Thermocoagulation: \$350–\$900/session; Vascular Laser: \$400–\$1,000/session 2. How many sessions are needed and how long do results last? → Typically 1–4 sessions depending on treatment type and vein extent; treated veins are permanently eliminated, though new veins may develop over time requiring touch-ups every 2–5 years 3. What is the difference between IPL, sclerotherapy, thermocoagulation, and vascular laser? → IPL suits fine red facial veins; sclerotherapy is the gold standard for leg spider veins; thermocoagulation offers precision for isolated facial vessels; vascular laser (Nd:YAG) targets deeper blue veins and darker skin types

Me Clinic - Thread vein treatment options in Melbourne

Quick summary

What causes thread veins: - Weakened or damaged vein walls and valves - Natural ageing - Genetic predisposition - Hormonal changes (pregnancy, menopause) - Prolonged sun exposure and environmental damage

Treatment options available: - Non-surgical: Laser therapy (IPL), Sclerotherapy, Thermocoagulation, Vascular laser - Surgical: Generally not required for thread veins (reserved for severe varicose veins)

****Expected results:**** - Gradual fading of visible veins over 2–6 weeks - Most treatments show initial improvement within 1–2 weeks - Results can be permanent for treated veins, though new veins may develop over time

****Cost range:**** - Laser therapy (IPL): \$300–\$800 per session - Sclerotherapy: \$400–\$1,200 per session - Thermocoagulation: \$350–\$900 per session - *Prices based on Me Clinic's transparent pricing policy*

****Next steps:**** - Book a free consultation to assess your veins - Discuss a treatment plan tailored to your vein pattern - Review our before/after gallery of similar cases - Understand your recovery timeline and session requirements

Understanding thread veins

With over 35 years in cosmetic medicine, Me Clinic is Melbourne's go-to provider of evidence-based vein treatments, offering a full range of thread vein solutions matched to each patient's vascular presentation. Our Cosmetic Doctors and specialist practitioners understand how visible veins can affect the way you feel about yourself — and we're here to help at every step.

****What are thread veins?****

Thread veins, also known as spider veins or telangiectasia, are small dilated blood vessels that appear close to the skin's surface. These tiny veins typically measure less than 1mm in diameter and show up as red, purple, or blue web-like patterns on the skin. While medically harmless in most cases, they can cause real cosmetic concern and knock your confidence in ways that are completely understandable.

A few common misconceptions are worth clearing up: - They're not caused by standing too long (though prolonged standing can worsen existing veins) - They differ meaningfully from varicose veins — thread veins are smaller and more superficial - They don't signal poor circulation or serious vascular disease - Once they develop, they won't disappear on their own

Thread veins most commonly appear on the face — particularly around the nose and cheeks — as well as on the legs, ankles, and chest. On the face, they're often called "broken capillaries," though the vessels aren't actually broken; they're simply dilated and more visible through the skin.

****What causes thread veins?****

Understanding the underlying causes helps us give you advice that's actually relevant to your situation.

1. ****Natural ageing**** - Collagen and elastin breakdown weakens blood vessel walls over time - Reduced skin thickness makes veins more visible - Cumulative sun damage affects vein integrity - Decreased tissue support allows veins to gradually dilate
2. ****Genetic factors**** - There's a strong hereditary component — if your parents have thread veins, you're more likely to develop them - Certain ethnicities carry a higher predisposition - Inherited vein wall weakness or valve dysfunction plays a significant role - Fair skin makes thread veins more noticeable
3. ****Hormonal influences**** - Pregnancy increases blood volume and places added pressure on veins - Oestrogen can weaken vein walls - Menopause-related hormonal changes contribute to new vein development - Hormone replacement therapy or oral contraceptives may also be a factor
4. ****Lifestyle factors**** - Prolonged sun exposure damages vein walls over time - Alcohol consumption can cause facial flushing and vein dilation - Exposure to extreme temperatures — hot or cold - Occupations requiring prolonged standing or sitting - Trauma or injury to the affected area - Rosacea and other underlying skin conditions

****Who gets thread veins?****

Thread veins are extremely common, affecting roughly 50–60% of adults at some point. They become more prevalent with age, though we see patients across a wide range of life stages: - They can appear in people as young as their 20s - Incidence increases significantly after 40 - Up to 80% of people over 60 have some degree of thread veins - Women are more likely than men to develop them, largely because of hormonal factors and pregnancy - Fair-skinned individuals tend to notice them more prominently

Facial thread veins often become noticeable in the 30s and 40s, while leg thread veins may appear earlier — particularly following pregnancy or in people whose work involves extended periods of standing.

****Why it matters****

Thread veins are medically benign, but their impact on how you feel about your appearance is real.

****Cosmetic impact:**** - Visible veins can leave people feeling self-conscious in social situations - They may influence clothing choices, particularly with leg thread veins - On the face, they can create a tired or aged appearance - Without treatment, thread veins may worsen over time

****Psychological considerations:**** - Reduced confidence in everyday situations - Reluctance to wear certain clothing or go makeup-free - Frustration with makeup that doesn't fully conceal facial veins

****When to seek treatment:**** - When thread veins are causing you cosmetic concern - If veins appear to be spreading or multiplying - When accompanied by symptoms like burning or aching (less common) - If you'd like to take a proactive approach to preventing further development

At Me Clinic, our Responsible Cosmetic Medicine™ approach means every treatment recommendation is made with your best interests at heart — safe, effective solutions to reduce or eliminate visible veins.

Treatment options comparison

Non-surgical treatments

****1. Laser therapy (IPL - Intense Pulsed Light)****

How it works: IPL delivers targeted light energy absorbed by the haemoglobin in the blood within the vein. This heat causes the vein wall to collapse and seal shut. Over the following weeks, the body naturally absorbs the treated vein, and it gradually fades from view.

- ****Best for:**** Facial thread veins, fine red veins on the nose and cheeks, leg thread veins (red to purple), general facial redness - ****Procedure time:**** 15–30 minutes depending on treatment area - ****Downtime:**** Minimal — slight redness for 1–2 hours post-treatment - ****Results appear:**** Gradual fading over 2–6 weeks - ****Results last:**** Treated veins are permanently eliminated, though new veins may develop over time - ****Sessions needed:**** Typically 2–4 sessions spaced 4–6 weeks apart - ****Cost range:**** \$300–\$800 per session - ****Pros:**** Non-invasive, minimal discomfort, no needles required, treats diffuse redness as well as individual veins, suitable for both facial and leg veins - ****Cons:**** Multiple sessions are usually needed, less effective on deeper blue veins, not suitable for very dark skin tones, sun avoidance required post-treatment

****2. Sclerotherapy****

How it works: A sclerosant solution is injected directly into the thread vein using a very fine needle. The solution irritates the vein wall, causing it to collapse and seal. The body then gradually absorbs the sealed vein over several weeks.

- **Best for:** Leg thread veins, larger spider veins, reticular veins (blue feeder veins), and veins not responsive to laser - **Procedure time:** 20–45 minutes depending on the number of veins being treated - **Downtime:** Normal activities can resume immediately; compression stockings recommended for 1–2 weeks following leg treatments - **Results appear:** Veins begin fading within 2–3 weeks, with optimal results at 6–8 weeks - **Results last:** Treated veins are permanently eliminated - **Sessions needed:** Usually 1–3 sessions spaced 4–6 weeks apart - **Cost range:** \$400–\$1,200 per session depending on extent - **Pros:** Highly effective for leg veins, treats multiple veins in a single session, considered the gold standard for spider vein treatment, works on veins of varying sizes - **Cons:** Requires injections, temporary bruising is common, compression garments needed post-treatment, sun avoidance required for several weeks, small risk of hyperpigmentation

3. Thermocoagulation (Vein Wave or Diathermy)

How it works: A very fine needle delivers a precise high-frequency current to the individual thread vein. This generates targeted heat that coagulates the blood and seals the vein from the inside. The body then absorbs the treated vein naturally in the weeks that follow.

- **Best for:** Very fine facial thread veins, isolated spider veins, precise treatment of individual vessels, and red veins on the nose and cheeks - **Procedure time:** 15–30 minutes - **Downtime:** Minimal — tiny crusts may form for 3–7 days post-treatment - **Results appear:** Immediate blanching of the vein during treatment, with complete fading over 2–4 weeks - **Results last:** Permanent for treated veins - **Sessions needed:** Often 1–2 sessions depending on the number of veins present - **Cost range:** \$350–\$900 per session - **Pros:** Extremely precise, immediate visible effect during treatment, excellent for fine facial veins, minimal post-treatment care required, effective on very small veins that lasers may not fully address - **Cons:** Can only treat one vein at a time — which can be time-consuming for more extensive areas — slight discomfort during treatment, tiny temporary scabs form, and a skilled practitioner is essential for good results

4. Vascular laser (Nd:YAG)

How it works: This laser wavelength targets haemoglobin within blood vessels specifically. The laser energy heats the vein, causing the walls to collapse and seal. Its deeper penetration compared to IPL makes it particularly effective for larger or deeper veins that other treatments may not fully address.

- **Best for:** Deeper blue leg veins, larger facial veins, veins resistant to IPL, and patients with darker skin types - **Procedure time:** 20–40 minutes depending on the area being treated - **Downtime:** Minimal to moderate — bruising is possible for 1–2 weeks - **Results appear:** Gradual fading over 4–8 weeks - **Results last:** Permanent for treated veins - **Sessions needed:** Typically 2–3 sessions spaced 6–8 weeks apart - **Cost range:** \$400–\$1,000 per session - **Pros:** Treats deeper veins than IPL, effective on blue and purple veins, suitable for most skin types, no needles required - **Cons:** More discomfort than IPL, more bruising than other laser options, diligent sun protection required, multiple sessions generally needed

Surgical treatments

Surgical intervention is generally not required or recommended for thread veins.

Thread veins are superficial cosmetic concerns that respond well to non-invasive treatments. Surgical vein removal — such as vein stripping or phlebectomy — is reserved for: - Severe varicose veins with associated medical complications - Large, bulging veins causing physical symptoms - Venous insufficiency affecting circulation

If you present with both thread veins and larger varicose veins, your Me Clinic practitioner will assess whether a referral to a vascular surgeon is appropriate for the varicose veins, while managing the cosmetic thread veins non-surgically.

Choosing the right treatment — decision guide

Our practitioners will always guide you toward the most appropriate treatment for your situation. As a starting point, the following framework can help you understand which options may be most relevant.

****Consider IPL laser if:**** ✓ You have fine red facial thread veins ✓ You experience general facial redness or diffuse vessels ✓ You prefer a needle-free treatment ✓ You have red to light purple leg veins ✓ You'd like to treat broader areas efficiently ✓ You have a lighter skin tone

****Consider sclerotherapy if:**** ✓ You have leg thread veins or spider veins ✓ You have blue or purple reticular veins ✓ Your veins haven't responded to laser treatment ✓ You'd like the most established and well-researched treatment method ✓ You're comfortable wearing compression stockings post-treatment ✓ You're looking for highly predictable, consistent results

****Consider thermocoagulation if:**** ✓ You have very fine, isolated facial veins ✓ You'd like precise treatment of specific individual vessels ✓ You prefer minimal post-treatment care ✓ You have veins in or around sensitive areas, such as near the eyes ✓ Previous laser treatments haven't fully cleared all veins ✓ You'd like to see an immediate visible result during treatment

****Consider vascular laser (Nd:YAG) if:**** ✓ You have deeper blue leg thread veins ✓ You have larger facial thread veins ✓ IPL hasn't been effective for your particular vein colour ✓ You have a darker skin tone ✓ You prefer a needle-free treatment

****Combination approach:****

Many patients get their best results through a planned combination of treatments. Our team will assess your vein pattern and recommend the most effective approach for your situation. Common combinations include:

- ****IPL + thermocoagulation for facial veins:**** IPL addresses diffuse redness and the majority of visible veins, while thermocoagulation precisely targets any remaining stubborn individual vessels -

****Sclerotherapy + laser for leg veins:**** Sclerotherapy treats larger blue feeder veins, while laser addresses fine red surface vessels - ****Initial sclerotherapy followed by laser touch-up:**** Eliminates the majority of veins with sclerotherapy, then uses laser for any residual fine veins

During your consultation, your Me Clinic practitioner will examine your vein pattern in detail and recommend the most effective single treatment or combination for your specific presentation.

What to expect at Me Clinic

****1. Initial consultation (complimentary)****

A good consultation shouldn't feel rushed. During your complimentary appointment, your Me Clinic practitioner will:

- Carefully examine the pattern, colour, and size of your thread veins
- Ask about your medical history, including any vein conditions, blood clotting disorders, or current medications
- Listen to what concerns you most about your thread veins
- Explain clearly which treatment or combination would be most effective for your situation
- Share before/after photos of similar cases to help set realistic expectations
- Provide transparent, upfront pricing with no hidden fees
- Answer all your questions about the procedure, expected results, and aftercare
- Have an honest conversation about what's achievable based on your individual vein characteristics

****2. Treatment planning****

Your personalised treatment plan will include: - Recommended treatment type or types, based on vein location, colour, and size - A realistic estimate of the number of sessions likely needed — most patients require 2–3 - Timing between sessions, typically 4–8 weeks apart - Clear pre-treatment instructions, including sun avoidance and any medication adjustments - Post-treatment care requirements - A complete cost breakdown for all recommended sessions - Payment plan options if you'd like to explore them

****3. The Me Clinic difference****

****Responsible Cosmetic Medicine™****

Our Responsible Cosmetic Medicine™ philosophy shapes everything we do. When it comes to thread vein treatment, this means: - A thorough vein assessment to identify any underlying vascular concerns - A conservative treatment approach — we will never over-treat - An honest discussion about what's genuinely achievable for your vein pattern - Evidence-based treatment selection grounded in clinical best practice - A focus on real, meaningful improvement — not an unrealistic standard of perfection

****Experienced practitioners****

Our thread vein treatments are carried out by specialists who bring both expertise and genuine care to every appointment: - Cosmetic physicians with extensive vascular training - Registered nurses trained in advanced vein therapy - Practitioners with thousands of successful vein treatments behind them - Team members who regularly attend vascular treatment training and conferences

****Advanced technology****

Me Clinic invests in current vein treatment technology to ensure the best possible outcomes: - Medical-grade IPL systems with fully customisable settings - Pharmaceutical-grade sclerosants with a well-established safety and efficacy profile - Precision thermocoagulation devices - State-of-the-art vascular lasers

****Transparent pricing****

We believe you deserve clear, upfront information about costs: - Published price ranges for all treatments - A clear explanation of how many sessions you're likely to need - No surprise fees or hidden charges - Payment plans available - A detailed treatment quote provided during your consultation

Frequently asked questions

****How much does thread vein treatment cost in Melbourne?****

Treatment costs vary based on the method chosen and the extent of the veins being treated: - IPL laser therapy: \$300–\$800 per session - Sclerotherapy: \$400–\$1,200 per session - Thermocoagulation: \$350–\$900 per session - Vascular laser: \$400–\$1,000 per session

Most patients need 2–3 sessions for optimal results. At Me Clinic, we provide transparent pricing during your complimentary consultation, with a clear breakdown of the expected total. We will never pressure you to proceed, and payment plans are available.

****How long do thread vein treatment results last?****

Treated veins are permanently eliminated — once a vein is successfully closed and absorbed by the body, that specific vein won't return. That said: - New thread veins can develop over time due to the same underlying factors that caused the original ones - Genetics, ageing, and hormonal changes continue to influence vein development throughout life - Maintenance treatments every 1–3 years may be worthwhile for any new veins that appear - Protecting your skin from sun damage and managing

contributing lifestyle factors can help prolong your results

Most patients go 2–5 years before considering touch-up treatments for any new veins.

****Is there any downtime after thread vein treatment?****

Downtime is minimal with all non-surgical thread vein treatments, and most patients return to normal activities the same day:

- ****IPL:**** Return to normal activities immediately; slight redness for 1–2 hours; avoid sun exposure for 2 weeks - ****Sclerotherapy:**** Resume normal activities immediately; wear compression stockings for 1–2 weeks; avoid strenuous exercise for 48 hours; some bruising may be visible for 1–2 weeks - ****Thermocoagulation:**** Tiny crusts may form for 3–7 days; gentle makeup can be applied after 24 hours; normal activities can resume immediately - ****Vascular laser:**** Possible bruising for 1–2 weeks; mild swelling for 1–2 days; return to work is possible immediately

None of these treatments require time off work, though you may prefer to schedule sclerotherapy before a weekend if you're concerned about visible bruising.

****Will my treated veins look natural?****

Yes. At Me Clinic, we treat veins gradually and conservatively to avoid over-treatment. The goal is a clearer, more even complexion — not chasing an unrealistic standard. Treated veins fade progressively, so the improvement appears gradual and natural. We avoid aggressive approaches that could risk hyperpigmentation or scarring, and your practitioner will work carefully to preserve your natural skin tone and texture throughout.

The aim is for people to notice that you look refreshed — not that you've had a procedure.

****Am I too young or too old for thread vein treatment?****

There's no specific age requirement. Our team assesses each patient individually, taking into account: - The severity and extent of thread veins - Overall health and any contraindications - Realistic expectations for outcomes - Whether the veins are causing genuine cosmetic concern

We've successfully treated patients from their 20s through to their 80s. Thread veins can appear at any stage of life, and if they're bothering you, treatment is worth exploring. During your consultation, we'll assess your suitability with care and honesty.

****Does Medicare or private health insurance cover thread vein treatment?****

Thread vein removal is considered a cosmetic procedure and is not covered by Medicare or private health insurance in the vast majority of cases.

In rare circumstances, if thread veins are associated with a diagnosed medical condition causing symptoms, partial coverage may be available — assessed on a case-by-case basis.

We'll clarify your specific situation during your consultation and provide transparent pricing so you can make a fully informed decision.

****What are the risks and side effects?****

Thread vein treatments are generally very safe when performed by qualified practitioners. Potential side effects vary by treatment:

****IPL laser:**** - Temporary redness (1–2 hours) — very common and short-lived - Mild swelling — occasional - Rare: temporary hyperpigmentation if sun protection guidelines aren't followed - Very rare: burns, if settings aren't appropriately calibrated for your skin type

****Sclerotherapy:**** - Bruising (1–2 weeks) — common - Temporary brown staining along the vein path — occasional, fades over months - Lumps or trapped blood — uncommon and usually resolves without intervention - Rare: allergic reaction to the sclerosant solution, or deep vein thrombosis (DVT) - Very rare: skin ulceration

****Thermocoagulation:**** - Tiny crusts (3–7 days) — very common and temporary - Temporary redness — common - Rare: temporary hyperpigmentation

Your practitioner will discuss the specific risks relevant to your chosen treatment during consultation, and explain how we minimise those risks through proper technique and thorough aftercare guidance.

****Can I see before and after photos?****

Yes. During your consultation, we'll share our before/after gallery featuring cases similar to yours. This is an important part of setting realistic expectations and helping you feel confident in your decision. You'll be able to see: - The degree of improvement that's genuinely achievable - How many sessions similar cases required - What results look like immediately after treatment versus the final outcome - The natural, gradual fading process over time

All photos are shared with full patient consent. Your practitioner will discuss what results are realistic for your specific vein pattern, colour, and location — honestly, without overpromising.

****How do I prepare for thread vein treatment?****

Pre-treatment preparation varies slightly depending on your chosen treatment. General guidelines include:

****1–2 weeks before treatment:**** - Avoid aspirin, ibuprofen, fish oil, and other blood thinners if medically safe to do so — check with your GP first - Discontinue retinoids or strong exfoliants on the treatment area - Avoid sun exposure and tanning beds

****24–48 hours before:**** - Avoid waxing or harsh hair removal on the treatment area - Avoid alcohol, particularly before facial vein treatment - Stay well-hydrated

****Day of treatment:**** - Arrive with clean skin — no makeup on facial treatment areas - Wear loose, comfortable clothing for leg treatments - Bring compression stockings if your practitioner has advised this for sclerotherapy

Your practitioner will provide detailed, personalised pre-treatment instructions specific to your chosen method during your consultation.

****When will I see results from thread vein treatment?****

Results appear on slightly different timelines depending on the treatment:

- ****IPL laser:**** Veins begin fading within 1–2 weeks; optimal results typically seen at 4–6 weeks post-treatment - ****Sclerotherapy:**** Initial fading at 2–3 weeks; best results at 6–8 weeks as the body absorbs the treated veins - ****Thermocoagulation:**** Immediate blanching visible during treatment; complete fading over 2–4 weeks - ****Vascular laser:**** Gradual improvement over 4–8 weeks

With all methods, treated veins continue to fade in the weeks following treatment. Multiple sessions build on previous results, with full clearance typically achieved 2–3 months after your final session.

****Can thread veins come back after treatment?****

The specific veins we treat are permanently eliminated and won't return. However: - New thread veins can develop over time due to ongoing factors such as ageing, genetics, and hormonal changes - Untreated feeder veins may eventually cause new surface veins to appear - Lifestyle factors — including sun exposure, alcohol consumption, and hormonal changes — can contribute to new vein

development

Thread vein treatment is a bit like tending a garden — we remove the existing veins effectively, but some maintenance may be needed over the years as new ones appear. Most patients consider touch-up treatments every 2–5 years for any new veins that develop.

****What's the difference between thread veins and varicose veins?****

While both involve visible veins, they're quite different in nature and require different treatment approaches:

Thread veins are small (less than 1mm in diameter), appear red, purple, or blue in a web-like or branching pattern, lie flat against the skin surface, and are primarily a cosmetic concern. They respond well to lasers, sclerotherapy, or thermocoagulation.

Varicose veins are larger (3mm or more in diameter), bulging and raised above the skin surface, often twisted or rope-like in appearance, blue or flesh-coloured, and can cause aching, heaviness, or swelling. They may require ultrasound assessment and more involved treatment approaches.

At Me Clinic, we assess all visible veins during your consultation to ensure you receive appropriate treatment recommendations.

****Is thread vein treatment painful?****

Discomfort levels vary by treatment method and individual pain tolerance. Most patients find our treatments very manageable:

- ****IPL laser:**** Feels like a gentle rubber band snap against the skin; tolerable for most patients without anaesthetic; cooling technology helps minimise discomfort throughout - ****Sclerotherapy:**** Mild stinging as the solution enters the vein; a brief cramping sensation is possible; generally very well tolerated - ****Thermocoagulation:**** A tiny pinprick sensation as the needle contacts the vein; most patients find this minimal - ****Vascular laser:**** Slightly more sensation than IPL; may feel like small hot pinpricks; topical anaesthetic is available if needed

If you feel anxious about discomfort, raise this with your practitioner during consultation — we're here to make your experience as comfortable as possible.

****How many treatment sessions will I need?****

The number of sessions depends on several factors: the extent and density of your thread veins, vein colour and size, the treatment method chosen, and your individual response to treatment.

Typical session requirements: - Limited thread veins: 1–2 sessions - Moderate thread veins: 2–3 sessions - Extensive thread veins: 3–4 sessions

Sessions are spaced 4–8 weeks apart to allow treated veins to fully resolve before assessing what remains. Your practitioner will give you a realistic estimate during your consultation based on your specific vein pattern — and will never recommend more sessions than are genuinely needed.

Real patient results

At Me Clinic, our team has successfully treated thousands of patients bothered by thread veins on the face and legs. Our before/after gallery reflects the range of outcomes achievable with our evidence-based treatment protocols — from subtle reduction of fine facial veins to meaningful clearing of more extensive leg spider veins.

Individual results vary based on vein characteristics, skin type, the treatment selected, and the number of sessions completed. During your consultation, your practitioner will share cases similar to yours and

discuss what level of improvement is realistic for your specific situation — always honestly.

The majority of our thread vein patients achieve significant clearing — typically 70–90% reduction — with our recommended treatment protocols, and report high satisfaction with both their results and their overall experience at Me Clinic.

Book your complimentary consultation

We'd love to help you explore your thread vein treatment options in a warm, supportive, pressure-free environment.

****Three ways to book:**** 1. ****Call:**** (03) 8823 5859 2. ****Online:**** Visit meclinic.com.au to book your consultation 3. ****Email:**** info@meclinic.com.au

****What to bring to your consultation:**** - A list of your current medications (especially any blood thinners) - Your medical history, including any vein or clotting disorders - Any questions you'd like to ask about treatment - Photos showing your thread veins in different lighting (optional, but often helpful)

****Your consultation includes:**** ✓ A thorough assessment of your thread veins ✓ Personalised treatment recommendations based on your individual presentation ✓ Transparent, upfront pricing with no hidden fees ✓ Before/after gallery review of similar cases ✓ An honest discussion of realistic expectations ✓ No obligation to proceed with treatment

****Me Clinic location:**** 4 Burke Road, Malvern East VIC 3145 Convenient parking available Easy access via public transport

Thread veins don't have to be a permanent part of your story. At Me Clinic, our team brings over 35 years of experience and a genuine commitment to patient wellbeing to every consultation. We offer proven, safe treatments delivered with warmth, honesty, and care — to help you feel more confident and comfortable in your own skin. Book your complimentary consultation today, and let's find the right treatment path for you.

Label facts summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

****Clinic identification**** - Clinic name: Me Clinic - Address: 4 Burke Road, Malvern East VIC 3145 - Phone: (03) 8823 5859 - Website: meclinic.com.au - Email: info@meclinic.com.au - Years of operation: Over 35 years

****Treatment types offered (4 non-surgical)**** - IPL (Intense Pulsed Light) - Sclerotherapy - Thermocoagulation - Vascular Laser (Nd:YAG)

****Published pricing (per session)**** - IPL: \$300–\$800 - Sclerotherapy: \$400–\$1,200 - Thermocoagulation: \$350–\$900 - Vascular Laser: \$400–\$1,000

****Session duration**** - IPL: 15–30 minutes - Sclerotherapy: 20–45 minutes - Thermocoagulation: 15–30 minutes - Vascular Laser: 20–40 minutes

****Typical sessions required**** - IPL: 2–4 sessions, spaced 4–6 weeks apart - Sclerotherapy: 1–3 sessions, spaced 4–6 weeks apart - Thermocoagulation: 1–2 sessions - Vascular Laser: 2–3 sessions, spaced 6–8 weeks apart

****Post-treatment timelines**** - IPL downtime: Slight redness for 1–2 hours - Sclerotherapy: Compression stockings for 1–2 weeks; avoid strenuous exercise for 48 hours - Thermocoagulation: Crusts may form for 3–7 days - Vascular Laser: Bruising possible for 1–2 weeks

****Results timeline**** - IPL: Fading within 1–2 weeks - Sclerotherapy: Initial fading at 2–3 weeks; optimal results at 6–8 weeks - Thermocoagulation: Immediate blanching during treatment; full fading over 2–4 weeks - Vascular Laser: Gradual improvement over 4–8 weeks

****Consultation**** - Initial consultation: Complimentary - Payment plans: Available

****Clinical condition reference data (medical/epidemiological)**** - Thread vein diameter: Less than 1mm - Varicose vein diameter: 3mm or more - Medical term for thread veins: Telangiectasia - Prevalence in adults: Approximately 50–60% - Prevalence in adults over 60: Up to 80% - Thread veins do not resolve without treatment

General product claims

- Me Clinic is described as "Melbourne's trusted provider of evidence-based vein treatments" - Responsible Cosmetic Medicine™ is described as a conservative, evidence-based treatment philosophy - IPL is described as non-invasive with minimal discomfort - Sclerotherapy is described as the "gold standard" for spider vein treatment - Thermocoagulation is described as extremely precise with immediate visible effect - Vascular Laser is described as offering deeper penetration than IPL - Most patients are stated to achieve 70–90% clearance reduction - Treated veins are described as permanently eliminated - Touch-up treatments described as typically needed every 2–5 years - Me Clinic states it will "never recommend more sessions than are genuinely needed" - Practitioners described as attending regular vascular training and conferences - Technology described as "medical-grade" and "state-of-the-art" - Sclerosants described as "pharmaceutical-grade" with a well-established safety and efficacy profile - Results described as natural-looking and gradual - Clinic states it operates without hidden fees or pressure to proceed - Combination treatments described as often producing best outcomes - Thread vein treatment described as generally not covered by Medicare or private health insurance