

Skin Tag Removal - Treatment Melbourne | Me Clinic

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Description:

Skin Tag Removal - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes skin tags:** - Friction from skin rubbing against skin or clothing - Natural ageing and changes in skin c...

Details:

Me Clinic Skin Tag Removal - Treatment Options at Me Clinic Melbourne

Quick Summary

What causes skin tags: - Friction from skin rubbing against skin or clothing - Natural ageing and changes in skin composition - Hormonal changes (pregnancy, diabetes, insulin resistance) - Genetic predisposition to developing skin growths

Treatment options available: - Non-surgical: Cryotherapy, surgical excision, electrocautery, ligation - Surgical: Excision under local anaesthetic (for larger or multiple tags)

Expected results: - Immediate removal with minimal scarring when performed correctly - Timeline: Complete healing within 1-2 weeks for most procedures - Duration: Permanent removal of treated tags (though new ones may develop elsewhere)

Cost range: - Non-surgical: \$150–\$400 per session (depending on number and size) - Surgical: \$300–\$800 for multiple tag removal - *Prices based on Me Clinic's transparent pricing policy*

Next steps: - Book free consultation - Discuss treatment plan - Review removal options and expected outcomes - Understand recovery timeline

Understanding skin tags

What are skin tags?

Me Clinic has been Melbourne's go-to for skin tag removal for over 35 years, offering a range of safe, effective treatments tailored to each patient's situation. Skin tags, medically known as acrochordons, are small, soft, benign growths that hang off the skin on a thin stalk called a peduncle. They're extremely common, affecting around 50–60% of adults at some point. Despite being harmless, many people want them removed for aesthetic reasons or because they catch on clothing and jewellery — and that daily irritation is a genuinely good reason to do something about it.

These growths typically appear as flesh-coloured or slightly darker bumps ranging from 1 mm to 5 cm, though most are quite small (2–5 mm). They tend to show up where skin rubs against skin or clothing: the neck, armpits, under the breasts, groin folds, and eyelids.

One misconception we hear regularly is that skin tags are contagious or connected to poor hygiene. Neither is true. They're simply excess skin growths with no link to cleanliness or transmissible conditions. They're also sometimes confused with warts, moles, or other skin growths, but they have

distinct characteristics: soft, hanging on a stalk, moving freely when touched. That's exactly why a proper assessment by a qualified practitioner matters — so you can be confident in your diagnosis before anything is removed.

****What causes skin tags?****

1. ****Natural ageing and skin changes**** - Skin loses elasticity and collagen over time - Repeated friction creates microtrauma - Hormone levels shift with age, increasing susceptibility - Gradual weight gain creates more skin-on-skin contact areas
2. ****Genetic factors**** - Strong hereditary component — if your parents had skin tags, you're more likely to develop them - Certain genetic conditions increase skin tag formation - Some people's skin composition makes them more prone to growths - Ethnic background may play a role
3. ****Lifestyle and health factors**** - Friction from tight clothing, jewellery, or skin folds - Pregnancy (hormonal changes increase skin tag development) - Type 2 diabetes and insulin resistance - Obesity and metabolic syndrome - Human papillomavirus (HPV) infection (though the connection is debated) - Anabolic steroid use

****Who gets skin tags?****

Skin tags can develop at any age, but they become more common after 40. They affect men and women equally, though women may notice more during pregnancy due to hormonal changes. People who are overweight, have diabetes, or have family members with skin tags are at higher risk.

Young children rarely develop them, but it does happen. Most people will have at least a few by middle age, with numbers often increasing over time. Some people develop only one or two throughout their lives; others may have dozens. Whatever your situation, the team at Me Clinic can walk you through your options clearly.

****Why people choose removal****

Skin tags are medically benign and don't need to be removed from a health standpoint. But there are plenty of valid reasons people choose treatment:

- Aesthetic concerns, particularly on visible areas like the neck, face, or décolletage - Physical irritation from tags catching on clothing, jewellery, or shaving razors - Discomfort from larger tags in friction areas - Self-consciousness or anxiety about appearance - Bleeding or infection risk if repeatedly irritated - Diagnostic certainty — removal allows pathological examination to confirm the growth is benign

At Me Clinic, we never pressure patients to remove skin tags. The decision is yours, made at your own pace. But if they're causing you physical or emotional discomfort, safe and effective removal options are available, backed by over 35 years of clinical experience.

Treatment options comparison

Non-surgical treatments

****1. Surgical excision (minor procedure)****

How it works

Using surgical scissors or a scalpel, the skin tag is cut off at its base under local anaesthetic. This is the most common and reliable method, delivering immediate results with minimal scarring when done by experienced hands.

- **Best for:** All sizes of skin tags, particularly larger ones (>5 mm) or those on stalks - **Procedure time:** 5–15 minutes depending on number of tags - **Downtime:** Minimal — small bandage for 24 hours, avoid swimming for 48 hours - **Results appear:** Immediate - **Results last:** Permanent for removed tags - **Healing time:** 7–14 days - **Cost range:** \$150–\$500 (depends on number and complexity) - **Anaesthesia:** Local anaesthetic injection or topical numbing cream - **Pros:** Quick, effective, can remove multiple tags in one session, suitable for all sizes, allows pathology if needed - **Cons:** Minor bleeding, small wound requiring care, tiny scar possible (usually fades), requires injection for larger tags

Post-procedure care: - Keep area clean and dry for 24 hours - Apply antibiotic ointment as directed - Avoid tight clothing rubbing the area - A small scab will form and fall off naturally within 1–2 weeks - Scarring is minimal when proper technique is used

2. Cryotherapy (freezing)

How it works

Liquid nitrogen is applied directly to the skin tag, freezing it to –196°C. This destroys the tissue, causing the tag to fall off within 7–14 days. The extreme cold forms ice crystals inside the cells, rupturing them and cutting off blood supply to the growth.

- **Best for:** Small to medium skin tags (<5 mm), multiple tags in similar areas - **Procedure time:** 1–2 minutes per tag - **Downtime:** None to minimal - **Results appear:** Tag darkens immediately, falls off within 1–2 weeks - **Results last:** Permanent for treated tags - **Sessions needed:** Usually one, occasionally two for stubborn tags - **Cost range:** \$150–\$400 per session - **Anaesthesia:** None typically needed (brief stinging sensation) - **Pros:** No cutting, no needles, minimal discomfort, suitable for multiple small tags, no wound care required - **Cons:** Not suitable for large tags, may require repeat treatment, temporary colour changes possible, takes longer to see the final result

Post-procedure experience: - Mild stinging during application (5–10 seconds) - Tag turns dark brown/black within 24 hours - A small blister may develop (normal healing response) - Tag shrivels and falls off naturally - Brief hypopigmentation (lighter skin) may occur but usually resolves

3. Electrocautery (burning)

How it works

A fine electrical probe applies heat to the skin tag, burning through the tissue and sealing blood vessels at the same time. This prevents bleeding and allows precise removal at the base of the growth.

- **Best for:** Medium-sized skin tags (3–10 mm), particularly those in sensitive areas - **Procedure time:** 5–10 minutes for several tags - **Downtime:** 24–48 hours minimal care - **Results appear:** Immediate - **Results last:** Permanent - **Healing time:** 5–10 days - **Cost range:** \$200–\$450 per session - **Anaesthesia:** Local anaesthetic for larger tags or sensitive areas - **Pros:** Minimal bleeding, precise control, good for vascular tags, quick healing - **Cons:** Slight burning smell during the procedure, small scab formation, requires training and expertise, not widely available

What to expect: - Brief odour of cauterisation (normal) - Charred appearance initially - Small brown/black scab forms - Scab falls off to reveal healed skin underneath - Good cosmetic outcome when performed by an experienced practitioner

4. Ligation (tying off)

How it works

A surgical suture or specialised thread is tied around the base of the skin tag, cutting off its blood supply. Without nutrients, the tag dies and falls off within a few days to a week.

- **Best for:** Pedunculated (stalked) skin tags with a narrow base - **Procedure time:** 2–3 minutes per tag - **Downtime:** None - **Results appear:** Tag falls off within 3–10 days - **Results last:** Permanent - **Cost range:** \$150–\$300 - **Anaesthesia:** Usually none needed - **Pros:** No cutting or burning, painless, simple technique, no wound - **Cons:** Only works for tags on stalks, slower results, tag remains visible while dying off, small infection risk

Post-ligation process: - Tag changes colour (purple, then black) - Gradually shrivels over days - Eventually drops off - May leave a tiny skin dimple initially (smooths out over time) - Clean the area daily to prevent infection

Surgical treatment for multiple or complex skin tags

Comprehensive excision under local anaesthetic

For patients with numerous skin tags (10+) or particularly large growths, a more comprehensive surgical approach may be the better option. This is still a minor procedure done in-clinic, allowing for the systematic removal of multiple tags in a single session with careful attention to both comfort and cosmetic outcomes.

What it involves

The treatment area is thoroughly anaesthetised with local anaesthetic injections. The practitioner then removes each skin tag using surgical excision techniques, with careful attention to cosmetic outcomes at every step. Each removal site is treated to minimise bleeding and support optimal healing.

- **Best for:** Multiple skin tags, large tags (>1 cm), tags in cosmetically sensitive areas - **Procedure time:** 30–60 minutes depending on number and complexity - **Anaesthesia:** Local anaesthetic with or without mild sedation - **Recovery time:** 1–2 weeks for complete healing - **Results appear:** Immediate removal, final cosmetic result at 6–8 weeks - **Results last:** Permanent for removed tags - **Cost range:** \$500–\$1,200 depending on complexity and number - **Pros:** Comprehensive treatment, multiple tags addressed at once, excellent cosmetic outcomes, pathology available for all samples - **Cons:** Longer appointment, multiple injection sites, more extensive aftercare, higher cost

Recovery expectations: - Multiple small wounds requiring daily care - Mild discomfort managed with over-the-counter pain relief - Avoid strenuous exercise for 3–5 days - All sites should be healed within 2 weeks - Scarring is minimal with proper technique and aftercare

Choosing the right treatment

Our team will guide you toward the approach that best suits your situation. As a general reference:

Consider cryotherapy if: - You have multiple small skin tags - You'd prefer no cutting or needles - Tags are in low-visibility areas - You don't mind waiting 1–2 weeks for tags to fall off - You have a lower pain threshold - Budget is a consideration

Consider surgical excision if: - You want immediate removal - You have larger skin tags (>5 mm) - Tags are in visible areas where cosmetic outcome matters - You want definitive single-treatment removal - You need pathological examination of the tissue - Tags are causing physical discomfort or irritation

****Consider electrocautery if:**** - You have vascular or bleeding-prone skin tags - You want minimal bleeding during removal - Tags are in sensitive areas - You need precise cosmetic outcomes

****Consider ligation if:**** - You have pedunculated (stalked) tags - You want to avoid cutting or burning - You're comfortable with a gradual removal process

****Combination approach:****

Many patients have skin tags of varying sizes and locations — that's entirely normal. Practitioners at Me Clinic often combine techniques within the same session to get the best result for each individual tag. For example: - Cryotherapy for numerous tiny neck tags - Surgical excision for larger underarm tags - Electrocautery for a vascular facial tag

Your Me Clinic practitioner will assess all of your skin tags during the consultation and recommend the most appropriate technique for each one.

What to expect at Me Clinic

****1. Initial consultation (free)****

Your skin tag removal journey starts with a thorough, unhurried consultation. Your practitioner will:

- Examine all skin tags you'd like addressed - Confirm they are skin tags and not warts, moles, or other growths requiring different management
- Listen to your concerns and understand your goals
- Review your medical history, including any bleeding disorders or medications
- Explain the most suitable removal techniques for your specific tags
- Give honest, realistic expectations about scarring and outcomes
- Provide transparent pricing with no hidden fees
- Answer every question you have

The consultation is also a good opportunity to discuss any other skin growths that concern you. While skin tags are benign, having a qualified medical professional examine any skin changes is worthwhile — and we're here to provide that assessment with both expertise and genuine care.

****2. Treatment planning****

Based on your consultation, we'll put together a personalised removal plan that takes into account:

- Number and size of skin tags
- Locations on your body
- Your pain tolerance and personal preferences
- Your schedule and downtime availability
- Cosmetic priorities
- Budget

For patients with many skin tags, we may recommend staged treatments across multiple sessions to optimise comfort and outcomes. There's no pressure to remove everything in one visit — we work at your pace.

****3. The Me Clinic difference****

****Responsible Cosmetic Medicine™****

Me Clinic's approach to skin tag removal reflects our Responsible Cosmetic Medicine™ philosophy, which has guided the practice for over 35 years:

- ****Proper diagnosis:**** We never remove skin growths without thorough examination and diagnostic confidence
- ****Appropriate technique:**** The right method for each tag, not a one-size-fits-all approach
- ****Conservative treatment:**** We remove only what you want removed, and only when it's right for you
- ****Minimal scarring:**** Careful technique to ensure the best possible cosmetic outcomes
- ****Comprehensive aftercare:**** Detailed wound care instructions and follow-up support as needed

****Experienced practitioners****

Skin tag removal at Me Clinic is performed by: - FRACS-qualified plastic surgeons - Specialist cosmetic physicians - Advanced practice nurses with dermatology training - Practitioners with extensive experience in minor skin procedures

The team has performed tens of thousands of skin tag removals over more than three decades.

****Transparent pricing****

You'll know exactly what you're paying before any procedure takes place: - Published price ranges on our website - Detailed quote provided during consultation - No hidden fees or surprise charges - Payment plans available for larger procedures - Upfront discussion of any additional costs (pathology, multiple sessions)

****Sterile technique and safety****

All skin tag removals are performed in fully equipped clinical facilities with: - Strict sterilisation protocols - Single-use instruments where applicable - Comprehensive infection control measures - Emergency equipment on hand - Registered nursing staff on-site

Frequently asked questions

****How much does skin tag removal cost in Melbourne?****

Treatment costs at Me Clinic vary based on the number, size, and location of skin tags: - Single small skin tag: \$150–\$250 - Multiple small tags (3–5): \$250–\$400 - Multiple medium to large tags (5–10): \$400–\$700 - Comprehensive removal (10+ tags): \$700–\$1,200

Pricing is fully transparent during your free consultation, with no hidden fees. The quote covers the procedure, local anaesthetic, wound care supplies, and routine follow-up.

****How long do results last?****

Removal is permanent — once a skin tag is removed, it won't grow back in that exact spot. That said, new skin tags can develop elsewhere on your body. Some people are naturally prone to developing them throughout their lives and may benefit from occasional maintenance treatments. We'll discuss this honestly during your consultation so your expectations are realistic.

****Is there any downtime?****

Most procedures have minimal to no downtime: - ****Cryotherapy:**** Return to normal activities immediately - ****Surgical excision:**** Avoid swimming for 48 hours, strenuous exercise for 24–48 hours - ****Electrocautery:**** Minimal restrictions, keep area dry for 24 hours - ****Comprehensive removal:**** Avoid strenuous exercise for 3–5 days, swimming for one week

You can return to work the same day for most procedures. The main consideration is keeping the treatment area clean and avoiding friction from clothing.

****Will the removal scar?****

When performed correctly by experienced practitioners, skin tag removal typically leaves minimal to no visible scarring. Factors that influence scarring include: - Size of the tag (larger tags may leave a small mark) - Removal technique - Your natural healing ability - Location on the body - Post-procedure care

Most patients see any small marks fade significantly within 3–6 months. We'll always give you an honest picture of what to expect for your specific situation.

****Does skin tag removal hurt?****

Pain levels vary by technique: - **Cryotherapy:** Brief stinging/burning sensation (5–10 seconds), no anaesthetic needed - **Surgical excision:** Local anaesthetic injection causes a brief sting, then the area is completely numb - **Electrocautery:** Local anaesthetic ensures comfort; no pain during the procedure itself - **Ligation:** Usually painless, with only mild pressure at most

Most patients find the anticipation was worse than the procedure itself. Any discomfort is brief and well-managed with appropriate anaesthesia.

Can I remove skin tags at home?

We strongly advise against it. Home removal methods — tying off with thread or dental floss, cutting with scissors or razors, over-the-counter freezing kits, or "natural" remedies like tea tree oil or apple cider vinegar — carry real risks: - Excessive bleeding (especially for vascular tags) - Infection - Incomplete removal - Scarring - Misidentification (removing something that isn't a skin tag) - Damage to surrounding healthy skin

Professional removal is safe, affordable, and consistently delivers better cosmetic outcomes. The cost difference doesn't justify the risks.

Am I too young or too old for treatment?

There's no age limit. Over 35+ years, Me Clinic has safely treated patients from teenagers to those well into their 90s. During your consultation, we assess: - Overall health and healing ability - Medications that might affect healing (blood thinners) - Realistic expectations - Whether removal is appropriate for your individual situation

Children can develop skin tags, though it's less common. We take particular care to ensure younger patients feel comfortable throughout the process.

Does Medicare cover skin tag removal?

Skin tag removal is considered a cosmetic procedure and is not covered by Medicare or private health insurance in most cases. Exceptions may include: - Tags causing proven functional problems (interfering with vision, repeated bleeding) - Tags associated with certain medical conditions requiring documentation

We'll discuss coverage openly during your consultation so there are no surprises.

What are the risks?

Skin tag removal is very low risk when performed by qualified practitioners. Potential complications include:

Common (minor): - Temporary redness and swelling (resolves within days) - Minor bleeding (easily controlled) - Small scab formation (normal healing) - Temporary skin colour changes (usually resolves)

Uncommon: - Infection (rare with proper sterile technique and aftercare) - Small scar formation - Incomplete removal requiring re-treatment - Allergic reaction to local anaesthetic (very rare)

Extremely rare: - Excessive bleeding requiring further treatment - Significant scarring - Skin texture changes

Your practitioner will discuss specific risks based on your medical history and chosen removal method during the consultation.

Will they grow back?

Once properly removed, a skin tag won't grow back in the same location. However, you may develop new skin tags elsewhere, and a tag may appear to "grow back" if a tiny portion wasn't completely removed. If you notice a growth returning in the exact same spot, have it re-examined to confirm

complete removal and rule out any other cause.

****Can I remove multiple tags in one session?****

Yes — Me Clinic routinely removes multiple skin tags in a single appointment, which is often more convenient and more cost-effective than separate visits. We can typically address: - 5–10 small tags in a brief appointment - 10–20 tags in a standard session - 20+ tags in an extended appointment

For very large numbers (50+), we may recommend staged treatments across 2–3 sessions for optimal comfort and healing. We'll discuss what makes the most sense for you.

****How do I prepare for treatment?****

Preparation is straightforward: - ****Before the appointment:**** Shower and wear loose, comfortable clothing - ****Medications:**** Continue normal medications unless instructed otherwise; avoid aspirin/ibuprofen for 24 hours before if possible (this does not apply to prescribed blood thinners) - ****Eating:**** No fasting required - ****Driving:**** You can drive yourself to and from the appointment - ****Skin care:**** Clean skin, no lotions or makeup on the treatment area

For larger removal sessions, we'll provide specific pre-treatment instructions during your consultation.

****When will I see results?****

Results timeline varies by technique: - ****Surgical excision:**** Immediate — the tag is gone when you leave - ****Electrocautery:**** Immediate — the tag is removed during the procedure - ****Cryotherapy:**** The tag darkens immediately but falls off naturally in 7–14 days - ****Ligation:**** The tag withers and drops off within 3–10 days

Final cosmetic results — complete healing with minimal scarring — typically appear within 4–8 weeks as any redness or marks fade.

****What aftercare is required?****

Aftercare depends on your removal method. We always provide clear written instructions to take home.

****For excision/electrocautery:**** - Keep area clean and dry for 24 hours - Apply antibiotic ointment twice daily for 3–5 days - Cover with a bandage if needed to prevent friction - Avoid swimming/bathing (showering is fine) for 2–3 days - Don't pick at scabs — let them fall off naturally

****For cryotherapy:**** - No special care needed - Keep area clean - Don't pick at the dying tag — let it fall off in its own time - You may apply moisturiser once the tag has fallen off

****For all methods:**** - Avoid tight clothing rubbing the area - Watch for signs of infection (increasing redness, pus, warmth, or pain) - Contact the clinic if any concerns arise

****Can skin tags become cancerous?****

No. Skin tags are benign and do not turn into cancer. However, what appears to be a skin tag may sometimes be a different type of skin growth — which is why proper examination by a qualified practitioner matters before any removal takes place.

If you have a skin growth that changes colour rapidly, bleeds spontaneously, grows quickly, has irregular borders, or looks noticeably different from your other skin tags, have it examined promptly. Me Clinic practitioners are trained to identify when a growth requires biopsy or specialist dermatology review, and will refer you to the appropriate specialist when needed.

Real patient results

Over more than 35 years, Me Clinic has performed thousands of skin tag removals for Melbourne patients. While individual results vary based on tag size, location, and skin type, patients consistently report:

- High satisfaction with cosmetic outcomes
- Minimal scarring when proper aftercare is followed
- Quick healing times
- Relief from irritation caused by problematic tags
- Renewed confidence, particularly for tags in visible areas

During your consultation, your practitioner will share relevant before-and-after examples and discuss realistic expectations based on your specific skin tags.

Book your free consultation

Ready to explore your skin tag removal options?

****Three ways to book:****

1. ****Call:**** (03) 8823 5859 2. ****Online:**** Visit meclinic.com.au/book-consultation 3. ****Email:**** info@meclinic.com.au

****What to bring to your consultation:****

- List of current medications (particularly blood thinners)
- Medical history information
- Questions you'd like answered
- Details of any allergies (especially to local anaesthetics)

****Your consultation includes:****

- Comprehensive skin tag assessment
- Examination to confirm diagnosis
- Treatment recommendations tailored to your individual tags
- Transparent pricing with no hidden fees
- Discussion of expected outcomes and healing
- Ample time to ask every question you have
- No obligation to proceed with treatment

****Me Clinic location:****

4 Burke Road, Malvern East VIC 3145 Convenient on-site parking available Accessible via public transport Comfortable, private consultation rooms

****Why choose Me Clinic for skin tag removal:****

- Over 35 years of experience in cosmetic medicine
- 25,000+ surgical procedures performed
- 60,000+ non-surgical treatments delivered
- Qualified plastic surgeons and cosmetic physicians
- Responsible Cosmetic Medicine™ approach
- Transparent pricing — no surprises
- Comprehensive aftercare and ongoing support
- Free consultations with no pressure to proceed
- An established, trusted Melbourne practice

Don't let skin tags affect your confidence or comfort. The team at Me Clinic — including dedicated Plastic Surgeons and Cosmetic Doctors — is here to help you achieve smooth, clear skin with minimal discomfort and excellent cosmetic outcomes.

****Book your free consultation today.****

Label facts summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

****Clinic identity and location**** - Business name: Me Clinic - Address: 4 Burke Road, Malvern East VIC 3145 - Phone: (03) 8823 5859 - Website: meclinic.com.au - Email: info@meclinic.com.au - Years operating: Over 35 years - On-site parking: Available - Public transport access: Yes

****Practitioner qualifications**** - Practitioners include FRACS-qualified plastic surgeons and specialist cosmetic physicians

****Procedure volume (stated)**** - Surgical procedures performed: 25,000+ - Non-surgical treatments performed: 60,000+

****Treatment options offered**** - Non-surgical: Cryotherapy, electrocautery, ligation, surgical excision - Surgical: Excision under local anaesthetic

****Procedure specifications**** - Cryotherapy temperature: -196°C - Cryotherapy procedure time: 1–2 minutes per tag - Cryotherapy result timeline: Tag falls off within 7–14 days - Electrocautery procedure time: 5–10 minutes for several tags - Electrocautery healing time: 5–10 days - Ligation procedure time: 2–3 minutes per tag - Ligation result timeline: Tag drops off within 3–10 days - Surgical excision procedure time: 5–15 minutes - Surgical excision healing time: 7–14 days - Comprehensive removal procedure time: 30–60 minutes

****Anaesthesia requirements (by method)**** - Cryotherapy: None typically required - Ligation: Usually none required - Surgical excision: Local anaesthetic required - Electrocautery: Local anaesthetic for larger tags or sensitive areas - Comprehensive excision: Local anaesthetic with or without mild sedation

****Published pricing**** - Single small skin tag: \$150–\$250 - 3–5 small tags: \$250–\$400 - 5–10 medium to large tags: \$400–\$700 - 10+ tags (comprehensive removal): \$700–\$1,200 - Cryotherapy per session: \$150–\$400 - Electrocautery per session: \$200–\$450 - Ligation: \$150–\$300 - Surgical excision: \$150–\$500 - Initial consultation: Free, no obligation

****Medicare and insurance coverage**** - Medicare: Does not cover skin tag removal in most cases - Private health insurance: Does not cover skin tag removal in most cases - Possible Medicare exception: Tags causing proven functional problems

****Capacity per session**** - Brief appointment: 5–10 small tags - Standard session: 10–20 tags - Extended appointment: 20+ tags

****Pre-treatment instructions**** - Fasting: Not required - Aspirin/ibuprofen: Avoid for 24 hours before if possible (excludes prescribed blood thinners) - Driving: Patient may drive themselves to and from appointment - Prescribed blood thinners: Continue unless instructed otherwise

****Post-treatment restrictions (by method)**** - Cryotherapy: No downtime; return to normal activities immediately - Surgical excision: Avoid swimming for 48 hours; avoid strenuous exercise for 24–48 hours - Comprehensive removal: Avoid strenuous exercise for 3–5 days; avoid swimming for one week - Excision/electrocautery aftercare: Apply antibiotic ointment twice daily for 3–5 days

****Result timelines**** - Surgical excision: Immediate removal - Electrocautery: Immediate removal - Cryotherapy: Tag darkens immediately; falls off in 7–14 days - Ligation: Tag drops off within 3–10 days - Final cosmetic result (all methods): Within 4–8 weeks - Scarring fade timeline: 3–6 months

****Skin tag clinical facts**** - Medical term: Acrochordons - Typical size: 2–5 mm - Maximum recorded size: Up to 5 cm - Stalk name: Peduncle - Prevalence: Approximately 50–60% of adults - More common after age 40: Yes - Gender distribution: Affects men and women equally - Contagious: No - Related to hygiene: No - Can become cancerous: No - Medically benign: Yes - Common locations: Neck, armpits, under breasts, groin folds, eyelids

****Consultation inclusions**** - Items to bring: Current medications list, medical history, allergy details, questions

****Pathology**** - Removed tissue can be sent for pathology: Yes - Diagnosis confirmed before removal: Yes

General product claims

- Me Clinic is described as "Melbourne's trusted destination for skin tag removal" - Treatments are described as "safe and effective" and tailored to each patient's needs - Practitioners described as having extensive experience in minor skin procedures - Scarring described as "minimal to none when performed correctly" - Patient satisfaction described as consistently high across cosmetic outcomes, healing times, and irritation relief - Home removal described as carrying real risks; professional removal described as delivering better cosmetic outcomes - Me Clinic's Responsible Cosmetic Medicine™ philosophy described as guiding practice for over 35 years - Payment plans stated as available for larger procedures (no specific terms provided) - Clinic described as offering no hidden fees and transparent pricing - Practitioners described as able to identify when growths require biopsy or specialist referral - Discomfort described as brief and well-managed across all procedures - Tea tree oil and apple cider vinegar described as not recommended for skin tag removal - Over-the-counter freezing kits described as not recommended - Professional removal described as safe and affordable relative to home methods - Combination of techniques within a single session described as available to optimise outcomes