

Keloid Scar Treatment - Removal Solutions Melbourne | Me Clinic

Canonical: <https://directory.meclinic.com.au/skin-health-concerns/keloid-scar-treatment-removal-solutions-melbourne-me-clinic/>

Description:

Keloid Scar Treatment - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes keloid scars:** - Excessive collagen production during wound healing - Genetic predisposition to abnormal scar formation - Trauma from surgery, piercing, acne, or injury - Over-aggressive healing response

Details:

Quick Summary

What causes keloid scars: - Excessive collagen production during wound healing - Genetic predisposition to abnormal scar formation - Trauma from surgery, piercing, acne, or injury - Over-aggressive healing response

Treatment options available: - Non-surgical: Steroid injections, Laser therapy, Cryotherapy, Silicone sheets/gel, Pressure therapy - Surgical: Surgical excision combined with radiation therapy, Excision with steroid injection

Expected results: - Keloids can be flattened, softened, and reduced in size with treatment - Complete removal is challenging as keloids tend to recur - Combination treatments offer best outcomes with 50-80% improvement - Timeline: Gradual improvement over 3-12 months depending on treatment - Duration: Ongoing management often required to prevent recurrence

Cost range: - Steroid injections: \$200-\$500 per session (multiple sessions needed) - Laser therapy: \$400-\$1,200 per session (3-6 sessions typical) - Cryotherapy: \$250-\$600 per session - Surgical excision with adjunctive therapy: \$2,000-\$5,000+ - *Prices based on Me Clinic's transparent pricing policy*

Next steps: - Book free consultation - Discuss personalised treatment plan - Review realistic outcome expectations - Understand recurrence prevention strategies

Understanding Keloid Scars

**What is a keloid scar?*

A keloid scar is an abnormal, raised scar that grows beyond the original boundaries of a wound or injury. Unlike regular scars that gradually fade and flatten over time, keloids continue to grow, often becoming thick, rubbery, and discoloured. They can range from pink to dark brown and may be itchy, tender, or even painful.

The key difference between keloids and hypertrophic scars (another type of raised scar) is that keloids extend beyond the original injury site, while hypertrophic scars remain within the wound boundaries. Keloids can develop months or even years after the initial injury and rarely regress spontaneously.

Common locations for keloid formation include: - Chest and shoulders - Earlobes (especially after piercing) - Upper back - Cheeks and jaw line - Any area of previous trauma or surgery

****What causes keloid scars?****

1. ****Genetic predisposition**** - Family history of keloid formation significantly increases risk - More common in people with darker skin tones (African, Asian, Hispanic ancestry) - Genetic factors affect how skin produces collagen during healing - Young adults (10-30 years) are most susceptible
2. ****Excessive wound healing response**** - Overproduction of collagen during skin repair - Imbalance between collagen production and breakdown - Abnormal fibroblast activity (cells that produce scar tissue) - Extended inflammatory phase in wound healing
3. ****Trigger events**** - Surgical incisions or procedures - Ear or body piercing - Acne, chickenpox, or other skin conditions - Burns or thermal injuries - Tattoos - Vaccination sites - Minor skin trauma (cuts, scrapes, insect bites)

****Who experiences keloid scars?****

Keloid formation affects people of all ages but is most common between ages 10 and 30. Research shows that individuals with Fitzpatrick skin types IV-VI (darker skin tones) are 15-20 times more likely to develop keloids than those with lighter skin.

Women experience keloids slightly more frequently than men, possibly due to hormonal influences and higher rates of ear piercing. However, anyone with genetic susceptibility can develop keloids regardless of gender.

Keloids typically become noticeable within 3-12 months after injury, though some may take years to fully develop. Once formed, they rarely disappear without treatment and may continue growing indefinitely.

****Why it matters****

Beyond the obvious cosmetic concerns, keloids can significantly impact quality of life:

****Physical symptoms:**** - Itching, burning, or tenderness - Restricted movement if located over joints - Difficulty with clothing or accessories (especially ear keloids) - Occasional pain or sensitivity to touch

****Psychological impact:**** - Self-consciousness about appearance - Anxiety in social situations - Reluctance to wear certain clothing - Hesitation to undergo necessary medical procedures due to keloid risk

****Functional concerns:**** - Interference with jewellery wearing - Complications for future surgical planning - Need to avoid certain cosmetic procedures

Early intervention and appropriate treatment can prevent keloids from growing larger and becoming more difficult to manage. At Me Clinic, we emphasise realistic expectations: while keloids are challenging to treat and have recurrence rates of 50-100% depending on location and method, significant improvement is achievable with the right treatment approach.

Treatment Options Comparison

Non-Surgical Treatments

****1. Corticosteroid Injections****

How it works: Intralesional corticosteroid injections (typically triamcinolone acetonide) work by reducing inflammation, suppressing collagen production, and breaking down existing scar tissue. The steroid is injected directly into the keloid using a fine needle.

- ****Best for:**** First-line treatment for small to medium keloids; particularly effective for recently formed keloids - ****Procedure time:**** 10-20 minutes depending on keloid size - ****Downtime:**** None; may experience temporary soreness - ****Treatment frequency:**** Every 4-6 weeks for 3-6 months - ****Results**

appear:** Gradual flattening over 2-3 months - **Results last:** May require ongoing maintenance injections - **Cost range:** \$200-\$500 per session - **Pros:** Established track record, minimal downtime, can be combined with other treatments, relatively affordable - **Cons:** Multiple sessions required, can be uncomfortable, potential side effects (skin thinning, pigment changes, atrophy), not effective for all keloids

Success rate: 50-80% of keloids show significant improvement with steroid injections, particularly when combined with other treatments.

****2. Laser Therapy****

Pulsed Dye Laser (PDL) and Fractional Laser

How it works: Laser therapy targets blood vessels within the keloid, reducing blood supply and inflammation. Fractional lasers create microscopic channels to break down scar tissue and promote remodelling.

- **Types available:** Pulsed dye laser (for redness/vascularity), Fractional CO2 or Er:YAG lasers (for texture/thickness) - **Best for:** Reducing keloid redness, softening texture, improving appearance; often combined with steroid injections - **Treatment sessions:** 4-8 sessions typically needed - **Interval between sessions:** 4-6 weeks - **Downtime:** Mild swelling and redness for 3-7 days - **Results appear:** Progressive improvement over 3-6 months - **Results last:** Variable; maintenance sessions may be needed - **Cost range:** \$400-\$1,200 per session - **Pros:** Non-invasive, minimal downtime, good for colour and texture, can treat large areas - **Cons:** Multiple sessions required, results vary, higher cost, not suitable for darker skin tones (some laser types)

Success rate: Laser therapy as monotherapy achieves 30-60% improvement; significantly better when combined with steroid injections (60-80% improvement).

****3. Cryotherapy (Freezing)****

How it works: Liquid nitrogen is applied to freeze keloid tissue, causing controlled destruction of abnormal scar cells. Freezing reduces blood supply and triggers tissue breakdown.

- **Best for:** Small to medium keloids, particularly ear keloids - **Procedure time:** 5-15 minutes - **Treatment frequency:** Every 3-4 weeks for 3-6 sessions - **Downtime:** Temporary blistering and crusting for 1-2 weeks - **Results appear:** Gradual flattening over 2-4 months - **Results last:** May require repeat treatments - **Cost range:** \$250-\$600 per session - **Pros:** Relatively quick, effective for some keloids, can reduce recurrence when combined with surgery - **Cons:** Can cause permanent pigment loss (particularly problematic for darker skin), pain during procedure, blistering, not suitable for all locations

Success rate: 50-70% reduction in keloid volume, but high recurrence risk when used alone.

****4. Silicone Sheet and Gel Therapy****

How it works: Medical-grade silicone creates a protective, hydrated environment that appears to regulate collagen production and reduce scar formation. The exact mechanism is not fully understood but involves hydration and pressure effects.

- **Best for:** Prevention of keloid recurrence after other treatments; mild keloids - **Application:** Sheets worn 12-24 hours daily or gel applied twice daily - **Duration:** Minimum 3-6 months of continuous use - **Downtime:** None - **Results appear:** Very gradual over 3-12 months - **Results last:** Ongoing use often required - **Cost range:** \$30-\$150 per month (sheets need replacement) - **Pros:** Non-invasive, safe, no side effects, convenient for home use, good for prevention - **Cons:** Requires consistent long-term use, modest improvement for established keloids, can be uncomfortable in hot weather, limited effectiveness as standalone treatment

****Success rate:**** 60-80% effectiveness for ***preventing*** keloid recurrence; 20-40% improvement for existing keloids when used alone.

****5. Pressure Therapy****

How it works: Constant pressure applied to keloids reduces blood flow, decreases collagen production, and encourages scar remodelling. Pressure garments or earrings maintain continuous compression.

- ****Best for:**** Ear keloids (pressure earrings), large body keloids (compression garments) -
****Duration:**** Worn continuously for 6-12 months - ****Downtime:**** None - ****Results appear:**** Very gradual over 6-12 months - ****Results last:**** Ongoing use may prevent recurrence - ****Cost range:**** \$100-\$500 for pressure devices - ****Pros:**** Non-invasive, can prevent keloid growth, useful after other treatments - ****Cons:**** Requires dedication, discomfort, limited effectiveness alone, not practical for all body areas

Surgical Treatments

****Surgical Excision with Adjunctive Therapy****

What it is: Complete surgical removal of the keloid, followed immediately by adjunctive therapy (typically radiation or steroid injection) to prevent recurrence. Surgery alone has a very high recurrence rate (50-100%), making adjunctive therapy essential.

Primary surgical approach at Me Clinic: Excision combined with intralesional steroid injection and/or post-operative superficial radiation therapy.

- ****How it works:**** The keloid is surgically cut out under local anaesthesia, and the wound is carefully closed with minimal tension. Immediately following surgery, corticosteroids are injected into the wound edges, and/or low-dose superficial radiation is applied within 24-48 hours to suppress abnormal healing.

- ****Best for:**** Large, symptomatic keloids that have failed conservative treatment; keloids causing functional impairment; keloids in cosmetically sensitive areas where size reduction is priority

- ****Procedure time:**** 30 minutes to 2 hours depending on keloid size and location

- ****Anaesthesia:**** Local anaesthetic for small keloids; general anaesthesia for large or multiple keloids

- ****Hospital stay:**** Usually day surgery; overnight observation for extensive excisions

- ****Recovery timeline:**** - Sutures removed: 7-14 days - Return to light activities: 1-2 weeks - Return to full activities: 3-4 weeks - Complete healing: 2-3 months

- ****Results appear:**** Initial results at 4-6 weeks; final assessment at 12 months

- ****Results last:**** Variable; combination with radiation offers best recurrence prevention (10-30% recurrence vs 50-100% for excision alone)

- ****Cost range:**** \$2,000-\$5,000+ depending on size, location, and adjunctive therapy used

- ****Pros:**** Immediate removal, dramatic size reduction, allows for histological examination, best option for very large keloids

- ****Cons:**** Invasive, carries surgical risks, high recurrence risk without adjunctive therapy, longer recovery, scarring, higher cost

****Post-operative radiation therapy:**** When recommended for high-risk keloids, superficial radiation (typically 12-20 Gy over 3-4 fractions) is administered within 24-48 hours after excision. This significantly reduces recurrence rates to 10-30%.

****Important considerations:**** - Radiation is avoided in children and young adults due to theoretical long-term cancer risk - Careful patient selection is essential - Benefits must outweigh risks for each individual case - Close follow-up required for minimum 12 months

****Alternative surgical approach: Core excision**** For some keloids, particularly ear keloids, a core excision technique can be used where the keloid's centre is removed while leaving the outer shell intact. This may reduce recurrence risk compared to complete excision.

Choosing the Right Treatment - Decision Guide

****Consider non-surgical treatments if:****

✓ You have a recently formed keloid (<1-2 years old) ✓ Your keloid is small to moderate in size (<2-3 cm) ✓ You prefer to avoid surgery and anaesthesia ✓ You have medical conditions that make surgery higher risk ✓ You want to try conservative options first ✓ You're committed to multiple treatment sessions ✓ Your keloid is not causing significant functional problems ✓ Budget is a primary concern (though multiple sessions add up)

****Consider surgical treatment if:****

✓ Your keloid is large (>3 cm) or continues growing despite treatment ✓ Conservative treatments have failed to provide improvement ✓ The keloid causes pain, itching, or functional impairment ✓ The keloid significantly impacts your quality of life ✓ You can accommodate recovery time and post-operative care ✓ You understand recurrence risks and commit to adjunctive therapy ✓ You're willing to invest in comprehensive treatment approach

****Combination approach - the gold standard:****

Research consistently shows that combination therapy achieves superior results compared to any single treatment. Common evidence-based combinations include:

****For small to medium keloids:**** - Steroid injections + silicone gel (70-85% improvement) - Laser therapy + steroid injections (60-80% improvement) - Cryotherapy + steroid injections (65-80% improvement)

****For large or resistant keloids:**** - Surgical excision + immediate steroid injection + post-op radiation (70-90% success, 10-30% recurrence) - Surgical excision + steroid injection + silicone sheeting + pressure (60-75% success)

****For ear keloids specifically:**** - Surgical excision + pressure earrings + steroid injections (60-70% success) - Cryotherapy + steroid injections (50-65% success for small ear keloids)

Your Me Clinic surgeon will assess your keloid's characteristics (size, location, age, symptoms), your medical history, previous treatment responses, and personal preferences to recommend the most appropriate treatment strategy.

What to Expect at Me Clinic

****1. Initial Consultation (Free)****

Your comprehensive keloid assessment includes:

- ****Detailed examination**** of the keloid (size, thickness, symptoms, growth pattern) - ****Medical history review**** including previous keloid treatments, family history, skin type - ****Discussion of your concerns**** and realistic treatment goals - ****Photographs**** for medical records and treatment monitoring - ****Treatment options explained**** with expected outcomes for your specific keloid - ****Risk assessment**** for recurrence and complications - ****Transparent pricing**** for recommended treatment plan - ****Timeline**** for treatment course - ****Questions answered**** fully with no pressure to proceed

****2. Treatment Planning****

Once you decide to proceed, we develop your personalised treatment protocol:

- ****Customised combination approach**** tailored to your keloid characteristics - ****Treatment schedule**** with session frequency and duration - ****Pre-treatment preparation**** instructions - ****Post-treatment care plan**** including wound care, activity restrictions - ****Recurrence prevention strategy**** (silicone therapy, pressure, maintenance injections) - ****Follow-up schedule**** to monitor progress and adjust treatment - ****Cost breakdown**** with payment options explained - ****Written treatment plan**** provided for your records

****3. The Me Clinic Difference****

****Responsible Cosmetic Medicine™****

Our approach to keloid treatment reflects our commitment to evidence-based, ethical care:

- ****Realistic expectations:**** We're honest about keloid treatment challenges and recurrence risks - ****Conservative approach first:**** Starting with least invasive options when appropriate - ****Evidence-based protocols:**** Using treatments proven effective in clinical research - ****Individualised care:**** No one-size-fits-all; treatment tailored to your keloid and circumstances - ****Comprehensive aftercare:**** Long-term follow-up to manage recurrence risk - ****Patient education:**** Empowering you to understand your condition and treatment

****Experienced Practitioners****

- ****FRACS-qualified plastic surgeons**** with extensive keloid management experience - ****Specialist dermatologists**** for laser and injection therapies - ****25,000+ surgical procedures**** performed across our practice - ****60,000+ non-surgical treatments**** delivered - ****Specialised training**** in keloid and scar management techniques - ****Regular review**** of latest research and treatment advances

****Transparent Pricing****

- ****Published price ranges**** for all treatment options - ****No hidden fees**** or unexpected costs - ****Treatment package pricing**** available for multi-session protocols - ****Payment plans**** to make treatment accessible - ****Medicare rebates**** do not typically apply to cosmetic keloid treatment, but functional keloids may qualify (we'll clarify your situation)

Frequently Asked Questions

****How much does keloid scar treatment cost in Melbourne?****

Treatment costs vary significantly based on the approach and number of sessions required:

- Steroid injections: \$200-\$500 per session (typically 3-6 sessions needed) - Laser therapy: \$400-\$1,200 per session (4-8 sessions typical) - Cryotherapy: \$250-\$600 per session (3-6 sessions) - Surgical excision with adjunctive therapy: \$2,000-\$5,000+

At Me Clinic, we provide detailed pricing during your free consultation based on your specific keloid size, location, and recommended treatment plan. We'll explain total expected costs upfront with no hidden fees.

****How long do keloid treatment results last?****

This is one of the most challenging aspects of keloid management: recurrence is common regardless of treatment method.

- Non-surgical treatments: Often require ongoing maintenance to prevent regrowth - Steroid injections: May need repeat sessions every 6-12 months - Laser therapy: Maintenance sessions may be recommended annually - Surgical excision alone: 50-100% recurrence rate (this is why we don't

perform excision without adjunctive therapy) - Surgery with radiation: 10-30% recurrence rate; best long-term outcomes - Surgery with steroid injection: 30-50% recurrence rate

Continuous use of silicone therapy and pressure (where applicable) significantly reduces recurrence risk. We'll develop a personalised prevention strategy for your situation.

****Will treatment hurt?****

Pain levels vary by treatment type:

- ****Steroid injections:**** Moderate discomfort during injection; keloids can be quite tender. We use fine needles and can apply topical anaesthetic beforehand. - ****Laser therapy:**** Mild to moderate stinging; cooling devices minimise discomfort; topical anaesthetic available. - ****Cryotherapy:**** Sharp pain during freezing; brief but intense; resolves quickly after treatment. - ****Surgical excision:**** Performed under local anaesthesia (you won't feel the procedure); post-operative pain managed with prescribed medication.

We prioritise patient comfort and offer pain management options appropriate to each treatment.

****Is there any downtime?****

- ****Steroid injections:**** None; you can return to normal activities immediately. Mild soreness for 1-2 days. - ****Laser therapy:**** Minimal; redness and swelling for 3-7 days. Avoid sun exposure during healing. - ****Cryotherapy:**** 1-2 weeks of blistering and crusting; wound care required. - ****Surgical excision:**** 1-2 weeks minimum before returning to most activities; 3-4 weeks before full activity; wound care and dressing changes required.

Your practitioner will provide specific downtime expectations and activity restrictions during your consultation.

****Can keloids come back after treatment?****

Yes, this is the primary challenge with keloid treatment. Recurrence rates vary:

- Steroid injections alone: 50-90% eventually recur without maintenance - Laser therapy alone: 40-70% recurrence - Cryotherapy alone: 50-80% recurrence - Surgical excision alone: 50-100% recurrence (this is why excision is always combined with other therapies) - Surgery + radiation: 10-30% recurrence (best outcomes) - Surgery + steroid injection: 30-50% recurrence

****Factors affecting recurrence:**** - Keloid location (chest and shoulder keloids recur more often) - Size of original keloid (larger = higher recurrence) - Your age (younger patients have higher recurrence) - Adherence to post-treatment prevention (silicone, pressure, maintenance injections)

We'll discuss your personal recurrence risk and prevention strategies during consultation.

****Will treatment make the keloid worse?****

This is a valid concern. Any trauma to a keloid, including treatment, carries theoretical risk of stimulating further growth. However, when performed by experienced practitioners using appropriate techniques:

- Steroid injections, laser therapy, and cryotherapy rarely cause keloid worsening - Surgical excision MUST be combined with adjunctive therapy (radiation or steroid injection) to prevent aggressive regrowth - We never perform "test cuts" or biopsies on suspected keloids without treatment plan in place - Careful technique, proper timing of adjunctive therapy, and post-operative care minimise this risk

Our conservative, evidence-based approach prioritises patient safety and optimal outcomes.

****How do I know if I have a keloid or hypertrophic scar?****

This distinction is important because treatment approaches differ:

****Keloid scars:**** - Grow beyond the original injury boundary - Continue growing for months or years - Rarely regress spontaneously - More common in genetically susceptible individuals - Require more aggressive treatment

****Hypertrophic scars:**** - Stay within the original wound boundaries - Stop growing after a few months - May improve over 1-2 years without treatment - Can occur in anyone - Often respond well to conservative treatment

During your consultation, our practitioners will examine your scar and provide a definitive diagnosis. If there's uncertainty, we'll recommend conservative treatment initially.

****Can I prevent keloids from forming?****

If you're genetically prone to keloids:

****Prevention strategies:**** - Avoid unnecessary skin trauma (elective piercings, tattoos, cosmetic procedures in high-risk areas) - Treat acne promptly to prevent scarring - Use silicone gel on any new wounds for 2-3 months - Apply pressure therapy to healing wounds in high-risk areas - Seek prompt treatment for any scars showing early keloid signs (raised, itchy, growing beyond wound boundary)

****If surgery is necessary:**** - Inform your surgeon about your keloid history - Request meticulous surgical technique with minimal tension closure - Begin immediate post-operative prevention (steroid injection, silicone, pressure) - Consider prophylactic radiation for very high-risk cases

Unfortunately, keloids cannot always be prevented in susceptible individuals, but these strategies reduce risk.

****Am I a good candidate for treatment?****

Most people with keloids are candidates for some form of treatment. However, ideal candidates:

✓ Have realistic expectations about outcomes and recurrence risk ✓ Are committed to completing the full treatment course ✓ Can adhere to post-treatment care and prevention protocols ✓ Are in good general health ✓ Understand that keloid treatment is management, not cure ✓ Are willing to try conservative options before surgery ✓ Can attend regular follow-up appointments

****You may not be a candidate if:**** - You have active skin infection over the keloid - You have unrealistic expectations of complete keloid removal with no recurrence - You cannot commit to post-treatment prevention protocols - You have medical conditions that significantly increase treatment risks - You are pregnant or breastfeeding (some treatments are contraindicated)

We'll assess your individual situation during the consultation.

****Does Medicare cover keloid treatment?****

Most keloid treatment is considered cosmetic and is not covered by Medicare or private health insurance. However, Medicare rebates may apply if:

- The keloid causes significant functional impairment (restricted movement, inability to wear clothing) - The keloid is painful and impacts daily activities - Treatment is deemed medically necessary rather than purely cosmetic

We'll assess whether your keloid may qualify for any Medicare rebates during your consultation. Even when rebates apply, they typically cover only a portion of costs. We'll provide transparent pricing regardless of rebate eligibility.

****What are the risks and side effects?****

All keloid treatments carry some risk. Understanding these helps you make an informed decision:

****Steroid injections:**** - Common: Temporary pain, skin lightening at injection site, temporary skin thinning - Rare: Permanent skin atrophy, fat necrosis, systemic steroid effects (with very frequent high-dose injections)

****Laser therapy:**** - Common: Temporary redness, swelling, crusting - Rare: Hyperpigmentation or hypopigmentation (especially darker skin), burns, infection, keloid worsening

****Cryotherapy:**** - Common: Blistering, pain, permanent pigment loss - Rare: Nerve damage, excessive scarring

****Surgical excision:**** - Common: Pain, swelling, bruising, temporary numbness - Rare: Infection, bleeding, poor wound healing, nerve or blood vessel injury, keloid recurrence, anaesthesia complications

****Radiation therapy (post-surgical):**** - Theoretical long-term cancer risk (very low; avoided in children and young adults)

Your practitioner will discuss risks specific to your recommended treatment during consultation.

****Can I see before/after photos?****

Yes. During your consultation, we'll show you relevant before/after galleries from our patient database. Because keloid treatment outcomes vary significantly based on individual factors, we prefer to show you cases similar to yours in terms of:

- Keloid size and location - Skin type - Treatment protocol used - Timeframe of results

This provides realistic expectations for your specific situation. We respect patient privacy and only show photos with appropriate consent.

****When will I see results?****

Treatment timelines vary considerably:

****Steroid injections:**** - Initial flattening: 4-6 weeks after first injection - Continued improvement: Over 3-6 months with multiple sessions - Maximum improvement: 6-12 months

****Laser therapy:**** - Colour improvement: 4-6 weeks after first session - Texture improvement: Progressive over 3-6 months - Maximum improvement: 6-12 months after completing treatment course

****Cryotherapy:**** - Initial flattening: 4-8 weeks after treatment - Continued improvement: Over 2-4 months - Maximum improvement: 4-6 months

****Surgical excision:**** - Immediate size reduction (obvious immediately post-surgery) - Wound healing: 2-3 weeks - Scar maturation: 6-12 months - Recurrence assessment: Ongoing monitoring for 12-24 months

Keloid treatment requires patience. Improvements are gradual, and assessing final outcomes takes many months.

Real Patient Results

At Me Clinic, we've treated hundreds of patients with keloid scars across various body locations and sizes. While individual results vary significantly based on keloid characteristics, genetics, and adherence to treatment protocols, our before/after gallery demonstrates the range of outcomes achievable with evidence-based treatment approaches.

****What you can realistically expect:**** - Significant flattening and softening of keloids (50-80% volume reduction typical with combination therapy) - Improvement in colour (redness or dark pigmentation often fades considerably) - Reduced symptoms (itching, pain, tenderness typically improve) - Better cosmetic appearance, though some scarring will remain - Ongoing management to maintain results and prevent recurrence

****What may be challenging:**** - Complete removal without any trace (unrealistic for most keloids) - Guarantee of zero recurrence (recurrence is inherent to keloid biology) - Perfect colour match with surrounding skin (especially after cryotherapy) - Instant results (all treatments require time and patience)

During your consultation, your practitioner will show you cases similar to yours and discuss honest, realistic expectations specific to your keloid's characteristics and your treatment goals.

Book Your Free Consultation

Ready to explore your keloid treatment options and develop a personalised management plan?

****Three ways to book:****

1. ****Call:**** (03) 8823 5859 (Monday-Friday 9am-5pm, Saturday 9am-3pm) 2. ****Online:**** [Visit [meclinic.com.au/book-consultation](https://www.meclinic.com.au/book-consultation)](<https://www.meclinic.com.au>) 3. ****Email:**** info@meclinic.com.au

****What to bring to your consultation:****

- List of current medications and medical conditions - Details of any previous keloid treatments (what was tried, results, when) - Photos showing your keloid's growth over time (if available) - Questions for your practitioner - Details of any family history of keloids

****Your free consultation includes:****

✓ Comprehensive keloid assessment and diagnosis ✓ Personalised treatment recommendations based on evidence-based protocols ✓ Transparent pricing with no hidden fees ✓ Before/after gallery review of similar cases ✓ Discussion of realistic expectations and recurrence risks ✓ Treatment timeline and session frequency ✓ No obligation to proceed

****Me Clinic Location:****

****Me Clinic**** 4 Burke Road, Malvern East VIC 3145

****Convenient access:**** - On-site parking available - Easy tram access (routes 3, 5, 6, 16, 64, 67, 72) - Wheelchair accessible

****Our commitment to you:****

At Me Clinic, we understand that living with keloid scars can be frustrating and impact your confidence. While keloids are among the most challenging scars to treat, our experienced practitioners use evidence-based combination therapies to achieve the best possible outcomes. We'll be honest about what's achievable, work with you to develop a realistic treatment plan, and support you throughout the treatment journey and beyond.

Keloid treatment is a partnership between practitioner and patient. Success requires appropriate treatment selection, skilled application, and your commitment to completing the protocol and ongoing prevention strategies. We're here to guide you every step of the way.

Book your free consultation today and take the first step toward managing your keloid scars.

Disclaimer: Individual results vary. Keloid treatment outcomes depend on multiple factors including keloid size, location, patient age, skin type, genetics, and adherence to treatment protocols. Recurrence is common with all keloid treatments. The information provided is for educational purposes and does not replace individualised medical advice. A consultation is required to determine your suitability for treatment.