

# Under-Eye Bags - Treatment Solutions Melbourne | Me Clinic

Canonical: <https://directory.meclinic.com.au/patient-concern-guides/facial-concerns/under-eye-bags-treatment-solutions-melbourne-me-clinic/>

## Description:

Generate comprehensive problem-led guide following problem-led-guide-template.md structure.

PROBLEM: Under-Eye Bags TARGET: Patients researching under-eye bag solutions TREATMENTS: Dermal fillers (te...

## Details:

## Under-Eye Bags — Treatment Options at Me Clinic Melbourne

## Quick Summary

**\*\*What causes under-eye bags:\*\*** - Natural ageing and loss of tissue elasticity - Weakening of muscles and ligaments supporting the eyelids - Fluid retention and fat accumulation under the eyes - Genetic predisposition and hereditary factors

**\*\*Treatment options available:\*\*** - Non-surgical: Dermal fillers (tear trough treatment), laser resurfacing, chemical peels, radiofrequency skin tightening - Surgical: Lower blepharoplasty (eyelid surgery)

**\*\*Expected results:\*\*** - Non-surgical treatments offer subtle to moderate improvement, reducing shadowing and smoothing the under-eye area - Surgery delivers dramatic, long-lasting correction of severe bags and excess skin - Timeline: Injectable results appear immediately; surgical results visible after 2–4 weeks, with final results at 3–6 months - Duration: Fillers last 9–18 months; laser treatments 1–2 years; surgery 10–15+ years

**\*\*Cost range:\*\*** - Non-surgical: \$600–\$2,500 per treatment - Surgical: \$6,000–\$12,000 - \*Prices based on Me Clinic's transparent pricing policy\*

**\*\*Next steps:\*\*** - Book a complimentary consultation at Me Clinic - Discuss your personalised treatment plan with a FRACS-qualified surgeon - Review our before/after gallery of real patient results - Understand your recovery timeline and set realistic expectations

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## Understanding Under-Eye Bags

Me Clinic has been Melbourne's go-to for under-eye bag treatment for over 40 years. Our approach combines genuine cosmetic medicine expertise with an evidence-based philosophy — because looking refreshed should always start with honest guidance.

**\*\*What are under-eye bags?\*\***

Under-eye bags are puffy, swollen areas beneath the eyes that create a tired or aged appearance. They form when the tissues and muscles supporting the eyelids weaken, allowing fat that normally cushions the eye to migrate forward into the lower eyelid. This creates a bulging appearance, often accompanied by dark shadows or hollowing in the tear trough — the groove between the lower eyelid and cheek.

Many people confuse under-eye bags with dark circles, but they're distinct concerns. Bags are three-dimensional protrusions of tissue and fat, while dark circles are primarily pigmentation or shadowing issues. The two often occur together, with bags casting shadows that intensify the appearance of darkness beneath the eyes. Understanding this distinction is the first step toward finding the right solution.

**\*\*What causes under-eye bags?\*\***

**\*\*Natural ageing\*\***

Ageing is the primary cause. As the years pass, several changes unfold: - Collagen and elastin break down, making the skin under the eyes thinner and less elastic, so underlying structures become more visible - The orbital septum — the membrane holding fat in place behind the eye — gradually weakens, allowing fat to push forward - Facial fat pads shift downward, creating hollows in some areas and subtle bulges in others - The delicate under-eye skin loses its ability to spring back, allowing fluid and fat to form visible bags

**\*\*Genetic factors\*\***

Under-eye bags often run in families. If your parents or siblings have prominent bags, you're more likely to develop them — sometimes earlier than you'd expect. Genetics influence bone structure (some people have naturally less orbital rim support), skin characteristics like thickness and elasticity, and how orbital fat is distributed.

**\*\*Lifestyle factors\*\***

Several habits can worsen or accelerate bags: - High salt intake, alcohol, and allergies cause temporary swelling beneath the eyes - Sleeping flat allows fluid to pool; chronic sleep deprivation increases puffiness - UV damage accelerates collagen breakdown and skin thinning - Smoking reduces blood flow and oxygen to delicate eye tissue - Side or stomach sleeping can contribute to overnight fluid accumulation

**\*\*Who gets under-eye bags?\*\***

Bags typically become noticeable in the 30s and 40s, though some people develop them in their 20s due to genetics. They affect both men and women. The condition progresses gradually — mild bags in your 30s may become moderate by your 40s and more pronounced by your 50s and 60s. Early non-surgical treatment can slow this progression, while surgery is available to address more advanced cases.

**\*\*Why it matters\*\***

Beyond appearance, under-eye bags affect quality of life in ways our patients describe every day: - Bags create a perpetually tired or aged look, even when you feel completely rested - Many patients feel self-conscious, avoid photos, or notice a real drop in confidence - In appearance-conscious fields, looking alert carries genuine professional value - Severe bags are difficult to conceal — makeup often settles into creases and draws more attention to them

Addressing under-eye bags isn't vanity. It's about looking as energetic and healthy as you actually feel. Many patients tell us it's been quietly transformative for their confidence and sense of wellbeing.

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## ## Treatment Options

### ### Non-Surgical Treatments

**\*\*1. Dermal Fillers (Tear Trough Treatment)\*\***

Dermal fillers are the most popular non-surgical option for under-eye bags, particularly when bags come with tear trough hollowing. For many patients, this treatment offers meaningful improvement with minimal disruption to daily life.

Hyaluronic acid fillers are injected along the tear trough to restore lost volume, smooth the transition between the lower eyelid and cheek, and reduce the shadowing that makes bags look more pronounced. The filler doesn't remove the bag itself — it creates a smoother contour that softens its appearance.

Best for mild to moderate bags with tear trough hollowing; patients in their 30s to 40s experiencing volume loss; those who want to explore options before considering surgery.

Procedure time: 20–30 minutes. Minor swelling and possible bruising for 3–7 days. Results appear immediately, with final results visible after about 2 weeks once swelling settles. Results last 9–18 months depending on the product and individual metabolism. Cost: \$600–\$1,200 per treatment.

What works well: immediate visible improvement, minimal downtime, fully reversible, natural-looking results when done by experienced practitioners, and adjustable over time as your face changes.

What to keep in mind: results are temporary and need periodic maintenance, bruising or swelling is possible, and this approach may not adequately address severe bags with significant excess skin.

One important note: tear trough filler demands real skill. The under-eye area has delicate anatomy — visible blood vessels, thin skin, and little margin for error. At Me Clinic, this treatment is performed only by experienced practitioners using cannula technique, which minimises bruising and produces smooth, natural-looking results.

## **\*\*2. Energy-Based Treatments\*\***

### **\*\*Laser Resurfacing\*\***

Fractional CO2 or erbium lasers create controlled micro-injuries in the under-eye skin, triggering collagen production and encouraging skin tightening. This improves texture, reduces fine lines, and can modestly tighten loose skin over time.

Best for crepey skin texture, fine lines, and mild laxity — particularly in combination with other treatments. Typically 1–3 sessions spaced 4–6 weeks apart. Downtime: 5–7 days of redness and flaking, with careful sun avoidance during healing. Results build gradually over 2–3 months as collagen rebuilds, and last 1–2 years with consistent sun protection. Cost: \$800–\$2,500 per session.

Works well for improving skin quality and stimulating the body's own collagen. Worth knowing: multiple sessions are often needed, there's a risk of pigmentation changes in darker skin types, and laser has limited effect on true fat-pad protrusion.

### **\*\*Radiofrequency Skin Tightening\*\***

Non-ablative radiofrequency devices heat the deep dermis to stimulate collagen production and encourage skin tightening — without any surface injury. The device heats tissue to 60–70°C, triggering immediate collagen contraction alongside longer-term remodelling.

Best for mild to moderate skin laxity; patients who prefer no downtime; those not yet ready for surgery but wanting to take a proactive step. Usually a single treatment. Downtime: none to minimal (slight swelling for 1–2 days). Results build gradually over 2–6 months and last 1–2 years. Cost: \$1,500–\$3,500.

The improvement is gradual and natural-looking, and it suits all skin types. It's not effective for severe bags or significant excess skin, and results are subtle rather than dramatic.

## **\*\*3. Chemical Peels\*\***

Chemical peels use carefully selected acids to exfoliate damaged outer skin layers, improving texture, tone, and mild laxity in the under-eye area.

Depth options: - Light peels (glycolic, lactic acid): improve texture and brightness with no downtime - Medium peels (TCA): address moderate sun damage and fine lines, with 3–5 days of downtime - Deep peels (phenol): rarely used around the eyes given the sensitivity of the area

Best as a complementary treatment rather than a standalone solution for bags. Cost: \$200–\$800 per session.

Peels improve overall skin quality and radiance, combine well with other treatments, and offer multiple depth options to suit different schedules. They have limited effect on fat-pad protrusion and typically need multiple sessions.

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### ### Surgical Treatment

#### \*\*Lower Blepharoplasty (Lower Eyelid Surgery)\*\*

Lower blepharoplasty is the gold standard for correcting moderate to severe under-eye bags, offering results that are both dramatic and genuinely long-lasting. For patients who've lived with this concern for years, it can be a meaningful change.

The procedure removes or repositions protruding fat, tightens supporting muscles, and removes excess skin from the lower eyelids. The goal is always a smooth, youthful under-eye contour that looks completely natural.

Two surgical approaches: - \*\*Transconjunctival:\*\* Incision placed inside the lower eyelid (no visible scar); removes or repositions fat; best when there's minimal excess skin - \*\*Subciliary:\*\* Incision placed just below the lashes; allows fat removal and repositioning alongside excess skin removal; best for patients with significant skin laxity

Best for moderate to severe fat-pad protrusion, excess loose or crepey skin, patients seeking long-lasting correction, and those who've tried non-surgical options without achieving the results they hoped for. Generally suited to patients aged 40 and above, though some younger patients with genetic bags may be appropriate candidates.

Procedure time: 1–2 hours (often combined with upper blepharoplasty). Anaesthesia: twilight sedation or general anaesthesia. Day surgery — you go home the same day.

\*\*Recovery timeline:\*\* - Days 1–3: Swelling, bruising, and mild discomfort, managed with ice and medication - Week 1: Sutures removed (if external incision used); most bruising begins to fade - Week 2: Presentable in public with concealer; most patients can return to desk work - Weeks 3–4: Most swelling has resolved; light exercise can be gradually resumed - 3–6 months: Final results emerge as remaining swelling resolves and tissues settle

Initial improvement is visible after about 2 weeks; final results at 3–6 months. Results last 10–15+ years. Cost: \$6,000–\$12,000, depending on complexity and whether upper lids are also treated.

What works well: dramatic, long-lasting correction that addresses fat, muscle, and skin together; natural-looking results when performed by a qualified surgeon; can be combined with other facial procedures; may attract a partial Medicare rebate if functional issues are present (rare, assessed during consultation).

Surgical risks to understand: infection, bleeding, scarring, dry eyes (usually temporary), ectropion (lower lid pulling down — rare with an experienced surgeon), asymmetry, under- or over-correction, and visible scarring (rare with proper technique).

At Me Clinic, lower blepharoplasty is performed exclusively by FRACS-qualified plastic surgeons with extensive eyelid surgery experience. That level of specialised training is what keeps complication rates low and produces the natural-looking results our patients trust us for.

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## ## Choosing the Right Treatment

Navigating your options can feel overwhelming. Our role is to help you feel informed and confident in whatever path you choose.

**\*\*Non-surgical treatments suit you if:\*\*** - You have mild to moderate under-eye bags - Your main concern is tear trough hollowing rather than excess skin - You prefer minimal to no downtime - You'd like to explore treatments gradually - You're not yet ready for surgery - You're in your 30s or early 40s with good overall skin quality - You're comfortable with periodic maintenance - You value having reversible options

**\*\*Surgery suits you if:\*\*** - You have severe fat-pad protrusion - You have significant excess or crepey skin - You're seeking long-lasting correction - Non-surgical options haven't delivered the results you were hoping for - You can accommodate 1–2 weeks of recovery - You're ready to invest in a comprehensive, enduring solution - You're typically aged 40 and above (though some younger patients with genetic bags may be suitable) - You're also considering other facial procedures such as upper blepharoplasty or a facelift

**\*\*A combination approach\*\***

Many patients achieve their best results by combining treatments. A few examples:

Lower blepharoplasty removes fat and excess skin, then a small amount of filler 6–12 months post-surgery refines the transition to the cheek — together, these achieve the most dramatic, lasting improvement possible.

Tear trough filler addresses volume loss and hollowing, while fractional laser improves skin texture and softens fine lines. A good option for younger patients who want to delay surgery while still making real progress.

For comprehensive facial rejuvenation, lower blepharoplasty corrects under-eye bags, upper blepharoplasty addresses hooded upper lids, and a facelift or neck lift refreshes the mid and lower face — creating a harmonious, naturally rejuvenated result.

Your Me Clinic surgeon will assess your anatomy, skin quality, age, expectations, and lifestyle during your consultation, then recommend the approach that's genuinely right for you.

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## ## What to Expect at Me Clinic

### ### 1. Initial Consultation (Complimentary)

Your journey begins with a comprehensive, no-obligation consultation. We want you to leave feeling informed, heard, and supported — whatever you decide.

Your surgeon will carefully examine your under-eye anatomy, assessing fat protrusion, skin laxity, tear trough depth, and overall facial proportions. They'll also check for functional considerations — such as dry eyes — that could influence recommendations.

You'll have the chance to share what bothers you most, what you hope to achieve, and any previous treatments you've tried. Your surgeon will review your health history, medications, allergies, previous surgeries, and any eye conditions, then walk you through which treatments suit your situation with

honest, realistic expectations for each.

You'll view before/after cases similar to yours, receive clear written pricing with no hidden fees, and have time for all your questions. Worth asking: how many of these procedures has your surgeon performed, what are realistic expectations for your specific case, what does recovery look like, and what are the risks particular to your situation.

### ### 2. Treatment Planning

If you decide to move forward, we'll build a personalised treatment plan together. You'll receive detailed written instructions covering medications to avoid, fasting requirements if surgery is involved, and how to prepare your home and schedule for recovery. For surgical procedures, you'll have a second consultation closer to your surgery date to review risks, sign consents, and address any remaining questions.

### ### 3. The Me Clinic Difference

#### **\*\*Responsible Cosmetic Medicine™\*\***

At Me Clinic, we pioneered the Responsible Cosmetic Medicine™ approach — and it remains central to everything we do.

We offer only treatments with well-established safety and efficacy. We don't chase trends or offer unproven technologies. Not every patient is a suitable candidate for every treatment, and we'll always tell you honestly if something isn't right for you — even when that means recommending a more conservative path. Our goal is for you to look refreshed and well-rested, not obviously treated. We respect your natural anatomy and take pride in results that enhance rather than alter.

When appropriate, we'll always suggest exploring less invasive options before committing to surgery. But we'll also be straight with you if surgery is genuinely the most effective path for your concerns.

Your relationship with Me Clinic doesn't end when you leave. We provide thorough aftercare guidance, follow-up appointments, and remain available if you have concerns during recovery.

#### **\*\*Experienced practitioners\*\***

Our surgical team holds FRACS (Fellowship of the Royal Australasian College of Surgeons) in Plastic and Reconstructive Surgery — the highest surgical qualification in Australia. Lower blepharoplasty is performed exclusively by FRACS surgeons with specialised eyelid surgery experience. Our non-surgical practitioners are doctors with dedicated training in cosmetic injectables and laser treatments, supported by experienced registered nurses.

A few numbers that reflect our track record: established in the 1980s, 25,000+ surgical procedures performed, 60,000+ non-surgical treatments delivered, and founding member of the Cosmetic Physicians College of Australasia (CPCA).

#### **\*\*Transparent pricing\*\***

You'll never encounter hidden fees at Me Clinic. Our website provides general price ranges for common treatments before you even book. You'll receive a detailed written quote with all costs itemised — surgeon's fee, anaesthetist fee, hospital fee, post-operative garments, and any medications. The quote you receive is the price you pay, barring unforeseen complications requiring additional surgical time. Payment plans are available, and we'll explain any potential Medicare rebates and lodge the claim on your behalf if applicable.

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### ## Frequently Asked Questions

**\*\*How much does under-eye bag treatment cost in Melbourne?\*\***

Non-surgical options: tear trough dermal filler \$600–\$1,200 per treatment; laser resurfacing \$800–\$2,500 per session (1–3 sessions typically needed); radiofrequency skin tightening \$1,500–\$3,500; chemical peels \$200–\$800 per session.

Surgical option: lower blepharoplasty \$6,000–\$12,000, depending on technique and whether upper lids are also treated.

At Me Clinic, we provide transparent written pricing during your complimentary consultation — no hidden fees, no surprises. Payment plans are available.

**\*\*How long do results last?\*\***

Dermal fillers (tear trough): 9–18 months. Laser resurfacing: 1–2 years. Radiofrequency tightening: 1–2 years. Chemical peels: varies; cumulative improvement builds with a series of treatments. Lower blepharoplasty: 10–15+ years.

Natural ageing continues after any treatment, but surgical correction provides the most enduring improvement. Many patients find the longevity of surgical results makes it the most worthwhile investment over time.

**\*\*Is there any downtime?\*\***

Minimal or no downtime: dermal fillers (3–7 days of possible bruising and swelling, usually coverable with makeup); radiofrequency (none to 1–2 days of minor swelling); light chemical peels (none).

Moderate downtime: laser resurfacing (5–7 days of redness and flaking); medium chemical peels (3–7 days of visible peeling).

Planned recovery: lower blepharoplasty (1–2 weeks before feeling comfortable in public; 3–4 weeks before resuming vigorous exercise).

Your practitioner will give you specific downtime expectations based on your chosen treatment and individual healing.

**\*\*Will it look natural?\*\***

Natural-looking results are central to everything we do. For fillers, we use conservative volumes and cannula technique to create smooth, gradual transitions — the goal is for you to look genuinely rested, not filled. For surgery, our FRACS surgeons are trained to respect your natural anatomy, removing just enough fat and skin to correct bags without creating a hollow or overdone appearance. We take care to preserve the gentle curve of your lower eyelid — the "ogee curve" — that defines youthful, healthy eyes.

Watch out for: overfilled tear troughs creating puffiness under the eyes; surgical over-resection resulting in a hollow appearance; lower lid pulling down (ectropion) from excessive skin removal; visible lumps or asymmetry. Choosing an experienced practitioner is the single most important factor in achieving natural results.

**\*\*Am I too young or too old for treatment?\*\***

There's no universal age limit. Suitability depends on individual factors, not a number.

Younger patients (20s–30s) often have genetic bags and are usually good candidates for dermal fillers. Surgery may be appropriate if bags are severe and causing genuine psychological distress, with non-surgical options explored first.

Middle-aged patients (40s–50s) are the most common group seeking both non-surgical and surgical treatment. They often have a combination of fat protrusion and skin laxity, and are excellent surgical

candidates with predictable outcomes.

Older patients (60s and beyond) can be good surgical candidates when in good overall health. Medical screening is more thorough, healing may take a little longer, and these cases are often combined with other facial rejuvenation procedures for a harmonious result.

**\*\*Does Medicare cover any treatments?\*\***

Most under-eye bag treatments are cosmetic and not covered by Medicare or private health insurance. However, lower blepharoplasty may qualify for a partial Medicare rebate if excess skin is documented to obstruct vision. Upper blepharoplasty (if combined) more commonly qualifies. Any rebate covers a portion of the surgeon's fee only — not the anaesthetist or hospital fees. Private health insurance coverage varies widely; check directly with your insurer. Even with rebates and private health coverage, expect significant out-of-pocket costs. Non-surgical treatments are never covered by Medicare.

**\*\*What are the risks?\*\***

All treatments carry some risk, and being well-informed is part of making the best decision for yourself.

Dermal fillers: bruising, swelling, and tenderness are common and temporary (3–7 days). Lumps or asymmetry are uncommon and usually correctable. Vascular occlusion is rare but requires immediate treatment. Vision changes are extremely rare with proper technique.

Laser and energy treatments: redness, swelling, and crusting are common. Pigmentation changes are uncommon. Scarring and infection are rare.

Lower blepharoplasty: bruising, swelling, and dry eyes are common and typically temporary. Asymmetry, under-correction, and prolonged swelling are uncommon. Ectropion, infection, and bleeding are rare. Vision changes are extremely rare.

To minimise your risks: choose experienced practitioners (FRACS-qualified surgeons for surgery), disclose your full medical history, follow all pre- and post-treatment instructions, attend every follow-up, and contact us promptly if anything concerns you during recovery.

**\*\*Can I see before/after photos?\*\***

Yes. During your consultation, we'll share our before/after gallery with cases similar to yours. These photos show the range of results achievable, what meaningful improvement looks like for your specific concern, and how different treatments compare in practice.

A few things worth knowing: every patient is unique and your results will reflect your individual anatomy and healing. We show unretouched photos taken in consistent lighting. Patient consent is always obtained before any photos are used. Gallery viewing takes place in the consultation room to protect patient privacy.

Many patients find that viewing similar cases is one of the most useful parts of the consultation — it brings realistic expectations to life in a concrete way.

**\*\*How do I prepare for treatment?\*\***

For injectable treatments (fillers): avoid blood-thinning medications and supplements for 7 days before if medically safe (aspirin, ibuprofen, fish oil, vitamin E, ginkgo); avoid alcohol for 24 hours before; arrive with a clean face and no makeup; arrange transport if you feel anxious about the procedure.

For laser and energy treatments: avoid sun exposure for 2 weeks before; discontinue retinoids and exfoliating products 3–7 days before; arrive with a clean face; don't schedule immediately before important events.

For surgery (blepharoplasty): obtain medical clearance if you have existing health conditions; stop smoking at least 4 weeks before — smoking significantly delays healing; avoid blood-thinning medications for 2 weeks before; arrange 48 hours of support at home; arrange transport (you won't be able to drive after anaesthesia); fill all prescriptions before your surgery date; prepare your recovery space (ice packs, extra pillows to elevate your head); fast from midnight the night before — no food or drink.

Your practitioner will provide detailed written instructions specific to your treatment during your planning appointment.

**\*\*When will I see results?\*\***

Dermal fillers: immediate volume improvement right away, though initial swelling can make results look slightly more than intended for 3–7 days. Final results visible approximately 2 weeks after swelling resolves, continuing to integrate naturally over the first month.

Laser resurfacing: skin appears red and mildly irritated immediately; peeling and flaking in week 1; fresh skin begins to emerge in weeks 2–4; gradual improvement over months 2–6 as collagen rebuilds; final results at 3–6 months.

Radiofrequency tightening: minor tightening effect immediately from the heat; gradual improvement over 2–6 months; peak results at 3–6 months.

Lower blepharoplasty: significant swelling and bruising in days 1–7 — it's normal to look worse before you look better; presentable with makeup by week 2; most swelling resolved by week 4; 80–90% of your final result visible by month 3; final result emerges at months 6–12 as the last swelling resolves and scars mature.

Don't schedule any treatment immediately before important events. Allow adequate healing time, particularly for surgery.

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### ## Real Patient Results

Over more than 40 years of practice, we've helped thousands of patients address under-eye bags and feel more confident in how they look. Our before/after gallery reflects the genuine range of outcomes achievable — and the care that goes into every result.

Our FRACS plastic surgeons have performed thousands of blepharoplasty procedures, developing refined techniques that minimise complications and consistently produce natural-looking outcomes. Every treatment plan is customised based on your anatomy, age, skin quality, and personal goals — not a template. We believe in doing what's right, not what's most, which means preserving your natural appearance while achieving meaningful, lasting improvement.

During your consultation, your practitioner will share cases similar to yours and have an honest conversation about what's realistically achievable for your specific situation. Realistic expectations, set from the beginning, are the foundation of a genuinely positive experience.

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### ## Book Your Complimentary Consultation

Me Clinic offers complimentary consultations — a no-pressure opportunity to have your concerns assessed and your questions answered by our experienced team.

**\*\*Three ways to get in touch:\*\***

1. **Call:** (03) 8823 5859 — Monday–Friday, 9:00 AM–5:00 PM. Speak directly with our patient coordinators.
2. **Online:** Visit [meclinic.com.au](http://meclinic.com.au) — book instantly through our online calendar.
3. **Email:** [info@meclinic.com.au](mailto:info@meclinic.com.au) — send your enquiry and availability, and we'll respond within one business day.

**What to bring:** - A list of your current medications and supplements - Your medical history, particularly any eye conditions or previous facial surgery - Questions for your practitioner (writing them down beforehand helps) - Photos showing your concern from different angles (optional, but often useful) - Please arrive without makeup — we need to assess your natural skin

**Your consultation includes:** - A comprehensive facial assessment by an experienced practitioner - An honest discussion of all suitable treatment options - Transparent pricing with a detailed written quote - Before/after gallery review of cases similar to yours - Realistic recommendations with no obligation to proceed

**Me Clinic location:**

4 Burke Road, Malvern East VIC 3145

On-site parking available (enter via Burke Road). Public transport: Tram 6 stops nearby. Ground-level access, wheelchair accessible. Private consultation rooms.

There's no pressure to book treatment immediately. Many patients take time to reflect, discuss with family, or save toward their preferred treatment. When you're ready, reach out and we'll take it from there.

**Why choose Me Clinic?**

Established in the 1980s, Me Clinic has been Melbourne's trusted name in cosmetic medicine for over 40 years. Our reputation has been built on the things that matter: FRACS-qualified plastic surgeons with dedicated expertise; 25,000+ surgical procedures performed; 60,000+ non-surgical treatments delivered; Responsible Cosmetic Medicine™ as our founding philosophy; transparent pricing with no hidden fees; comprehensive aftercare and genuine ongoing support; and natural-looking, conservative results that respect your individuality.

Your journey to refreshed, youthful eyes begins with a conversation. Book your complimentary consultation today.

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\*The information on this page is provided for educational purposes and does not replace personalised medical advice. Individual results vary. All treatments carry risks that will be discussed in detail during your consultation.\*

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## ## Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

## ### Verified Label Facts

No structured product specification data was provided. No Product Facts table exists in the source content. The following are verifiable, operationally documented facts extracted from the content (clinic and treatment specifications):

**\*\*Clinic identity and contact\*\*** - Clinic name: Me Clinic - Address: 4 Burke Road, Malvern East VIC 3145  
- Phone: (03) 8823 5859 - Email: info@meclinic.com.au - Year established: 1980s (40+ years operating) - Surgical procedures performed: 25,000+ - Non-surgical treatments performed: 60,000+

**\*\*Practitioner qualifications\*\*** - Surgical team qualification: FRACS (Fellowship of the Royal Australasian College of Surgeons) in Plastic and Reconstructive Surgery - Founding member: Cosmetic Physicians College of Australasia (CPCA)

**\*\*Treatment specifications — Dermal fillers (tear trough)\*\*** - Substance used: Hyaluronic acid filler - Procedure duration: 20–30 minutes - Downtime: 3–7 days possible bruising and swelling - Duration of results: 9–18 months - Cost range (Me Clinic): \$600–\$1,200 per treatment - Initial results: Immediate; final results approximately 2 weeks post-treatment - Reversibility: Yes, dissolvable

**\*\*Treatment specifications — Laser resurfacing\*\*** - Sessions typically required: 1–3 - Downtime: 5–7 days redness and flaking - Results timeline: Gradually over 2–3 months - Duration of results: 1–2 years - Cost range (Me Clinic): \$800–\$2,500 per session

**\*\*Treatment specifications — Radiofrequency skin tightening\*\*** - Downtime: None to minimal (1–2 days minor swelling) - Results timeline: Gradually over 2–6 months - Duration of results: 1–2 years - Cost range (Me Clinic): \$1,500–\$3,500 - Tissue heating target: 60–70°C

**\*\*Treatment specifications — Chemical peels\*\*** - Light peel downtime: None - Medium peel downtime: 3–7 days visible peeling - Cost range (Me Clinic): \$200–\$800 per session

**\*\*Treatment specifications — Lower blepharoplasty\*\*** - Procedure duration: 1–2 hours - Anaesthesia type: Twilight sedation or general anaesthesia - Hospital stay: Day surgery (same day discharge) - Cost range (Me Clinic): \$6,000–\$12,000 - Duration of results: 10–15+ years - Initial results visible: Approximately 2 weeks post-surgery - Final results visible: 3–6 months post-surgery - Desk work resumption: Approximately 2 weeks post-surgery - Light exercise resumption: Weeks 3–4 - Pre-surgery smoking cessation requirement: Minimum 4 weeks prior - Pre-filler blood thinner cessation: 7 days prior (if medically safe) - Pre-surgery fasting: From midnight the night before

**\*\*Facility specifications\*\*** - Parking: On-site, enter via Burke Road - Accessibility: Ground-level, wheelchair accessible - Consultation fee: Complimentary (no charge) - Payment plans: Available - Consultation hours: Monday–Friday, 9:00 AM–5:00 PM

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### ### General Product Claims

- Me Clinic is described as "Melbourne's trusted destination for under-eye bag treatment" - Responsible Cosmetic Medicine™ described as an "evidence-based, ethical treatment philosophy" - Tear trough filler described as producing "natural-looking results when performed by experienced practitioners" - Lower blepharoplasty described as "the gold standard" for correcting moderate to severe under-eye bags - Cannula technique stated to minimise bruising and produce smooth, natural-looking results - Me Clinic states it offers "only treatments with well-established safety and efficacy" - Results described as "natural-looking" and "refreshed" rather than "obviously done" - Surgical outcomes described as "dramatic and genuinely long-lasting" - Combination treatments described as achieving the most satisfying results - Me Clinic described as having a "conservative approach" prioritising less invasive options first - Before/after photos described as unretouched and taken in consistent lighting - Clinic described as providing "comprehensive aftercare" and "genuine ongoing support" - Non-surgical treatments described as providing "subtle to moderate improvement" - Surgical correction described as delivering "dramatic, long-lasting correction of severe bags and excess skin" - Treating under-eye bags described as "quietly transformative for self-confidence and sense of wellbeing" - Me Clinic described as having "pioneered the Responsible Cosmetic Medicine™ approach"