

Sagging Jowls - Treatment Solutions Melbourne | Me Clinic

Canonical: <https://directory.meclinic.com.au/patient-concern-guides/facial-concerns/sagging-jowls-treatment-solutions-melbourne-me-clinic/>

Description:

Generate comprehensive problem-led guide following problem-led-guide-template.md structure.

PROBLEM: Sagging Jowls TARGET: Patients researching jowl treatment solutions TREATMENTS: Thread lift, Ulthe...

Details:

Quick Summary

****What causes sagging jowls:**** - Loss of skin elasticity from collagen and elastin breakdown - Facial fat redistribution and volume depletion - Gravitational effects combined with weakened facial support structures - Genetics and natural ageing process

****Treatment options available:**** - Non-surgical: Thread lifts, dermal fillers, anti-wrinkle injections, Ultherapy, radiofrequency skin tightening - Surgical: Facelift (rhytidectomy), neck lift, combination procedures

****Expected results:**** - Non-surgical treatments provide subtle to moderate lifting and definition, improving jawline contour - Surgical options deliver comprehensive, long-lasting jowl correction and jawline restoration - Timeline: Non-surgical results appear gradually over 2-12 weeks; surgical results visible after swelling subsides (2-4 weeks) - Duration: Non-surgical results last 12-24 months; surgical results can last 7-15 years

****Cost range:**** - Non-surgical: \$1,200-\$5,500 depending on treatment type and extent - Surgical: \$12,000-\$25,000 for facelift procedures - *Prices based on Me Clinic's transparent pricing policy*

****Next steps:**** - Book free consultation at Me Clinic Melbourne - Discuss personalised treatment plan with FRACS-qualified surgeon - Review before/after gallery of jowl treatments - Understand recovery timeline and expected outcomes

Understanding Sagging Jowls

****What are sagging jowls?****

Sagging jowls refer to the loss of definition along the lower face and jawline, where skin and soft tissue descend below the jaw bone, creating a drooping or "bulldog" appearance. This condition occurs when the skin loses its elasticity and the underlying support structures weaken, causing facial tissues to shift downward under the influence of gravity.

Jowls typically appear as soft, loose tissue that hangs along the jawline, obscuring the once-sharp angle between the face and neck. Many patients describe this as making them look older, tired, or heavier than they feel. It's important to understand that jowls aren't simply about excess skin—they involve changes to multiple facial layers, including fat distribution, muscle tone, and skin quality.

A common misconception is that jowls only affect overweight individuals. In reality, people of all body types can develop jowls as part of the natural ageing process. Even those who maintain a healthy lifestyle may notice jowl formation as they age.

****What causes sagging jowls?****

1. ****Natural ageing**** - Collagen and elastin breakdown: These proteins provide skin structure and elasticity. After age 25, we produce approximately 1% less collagen each year, with accelerated decline after menopause in women. - Facial fat redistribution: Fat pads in the mid-face descend and shift downward, accumulating along the jaw and creating the appearance of jowls. - Weakened facial ligaments: The supportive ligaments that hold facial structures in place stretch and loosen over time, allowing tissue to sag. - Bone resorption: Subtle changes in facial bone structure reduce the scaffolding that once supported youthful contours.

2. ****Genetic factors**** - Hereditary predisposition: If your parents developed prominent jowls, you're more likely to experience the same pattern. - Skin type considerations: Those with naturally thinner skin may notice jowls earlier, as there's less dermal support. - Facial bone structure: Individuals with less prominent chin projection or weaker jaw structure may develop jowls more noticeably.

3. ****Lifestyle factors**** - Sun exposure: UV radiation accelerates collagen breakdown and damages elastic fibres, hastening jowl formation. - Smoking: Nicotine restricts blood flow, impairing collagen production and causing premature skin ageing. - Weight fluctuations: Repeated weight loss and gain stretches skin, reducing its ability to snap back. - Sleep position: Sleeping on one side can contribute to asymmetric facial ageing over decades. - Poor skincare: Inadequate moisturisation and sun protection accelerate visible signs of ageing.

****Who experiences sagging jowls?****

Sagging jowls typically become noticeable between ages 40-60, though some individuals may notice early signs in their mid-30s. The progression varies significantly among individuals based on genetics, lifestyle, and skin care habits.

Women often notice jowls becoming more prominent during and after menopause due to declining oestrogen levels, which affect skin thickness and collagen production. However, men are equally susceptible to jowl formation, particularly those with a history of sun exposure or who've experienced significant weight changes.

While jowls are primarily age-related, younger individuals with specific genetic predispositions or those who've undergone massive weight loss may also develop this concern.

****Why it matters****

Beyond the physical appearance, sagging jowls can significantly impact self-confidence and how others perceive you. Many patients report feeling that jowls make them appear older, sadder, or more severe than they feel internally. This disconnect between internal identity and external appearance is a valid reason to explore treatment options.

Addressing sagging jowls isn't about vanity—it's about feeling comfortable in your own skin. When your reflection matches how you feel inside, it can positively affect personal and professional interactions. At Me Clinic, we support patients who seek treatment for this concern through our Responsible Cosmetic Medicine™ approach, ensuring expectations are realistic and treatments are appropriate.

Treatment Options Comparison

Non-Surgical Treatments

****1. Thread Lift****

PDO Thread Lift - How it works: Dissolvable polydioxanone (PDO) threads are inserted beneath the skin to lift and support sagging tissue. The threads stimulate collagen production while providing immediate mechanical lift. - Best for: Mild to moderate jowls in patients seeking subtle improvement without surgery - Procedure time: 45-90 minutes - Downtime: 3-7 days of mild swelling and bruising; avoid strenuous activity for 2 weeks - Results appear: Immediate lifting effect, with continued improvement over 2-3 months as collagen develops - Results last: 12-18 months as threads dissolve and collagen maintains lift - Cost range: \$2,500-\$4,500 depending on thread quantity and technique - Pros: Minimally invasive, stimulates natural collagen, no scarring, can be repeated - Cons: Temporary, may cause puckering if not placed correctly, requires experienced practitioner

****2. Injectable Treatments****

Dermal Fillers - How it works: Hyaluronic acid fillers are strategically placed along the jawline and chin to restore volume, define contours, and create the appearance of lift by supporting descended tissue. - Best for: Mild jowls with volume loss, improving jawline definition - Procedure time: 30-45 minutes - Downtime: Minor swelling and possible bruising for 3-7 days - Results appear: Immediate, with final result visible after 2 weeks once swelling subsides - Results last: 12-18 months depending on product used (Juvederm Volux, Radiesse) - Cost range: \$1,200-\$2,800 per treatment session - Pros: Immediate results, reversible, minimal downtime, natural-looking when done conservatively - Cons: Temporary solution, requires maintenance, can't address severe sagging

Anti-Wrinkle Injections (Botox) - How it works: When injected into the platysma muscle (neck), Botox can provide a subtle lift along the jawline by relaxing downward-pulling forces—the "Nefertiti lift" technique. - Best for: Mild jowling with prominent neck bands, as a complementary treatment - Procedure time: 15-20 minutes - Downtime: None to minimal - Results appear: 7-14 days - Results last: 3-4 months - Cost range: \$450-\$800 per treatment - Pros: Quick procedure, no downtime, can be combined with other treatments - Cons: Subtle improvement only, not effective for significant jowls, requires regular maintenance

****3. Energy-Based Treatments****

Ultherapy (Ultrasound Skin Tightening) - How it works: Focused ultrasound energy penetrates deep into the skin layers (same depth as surgical facelifts) to stimulate collagen and elastin production, resulting in gradual skin tightening and lift. - Best for: Mild to moderate jowls in patients with reasonable skin elasticity - Treatment sessions: Usually a single comprehensive treatment - Downtime: None to minimal; some redness and tenderness for 1-2 days - Results appear: Gradual improvement over 2-6 months as new collagen forms - Results last: 12-24 months, with some patients maintaining results longer - Cost range: \$3,500-\$5,500 for full lower face and neck treatment - Pros: Non-invasive, FDA-approved for brow and neck lifting, stimulates natural collagen - Cons: Results vary among individuals, can be uncomfortable during treatment, gradual improvement

Radiofrequency Treatments (Profound, Thermage) - How it works: Radiofrequency energy heats deep skin layers to trigger collagen and elastin remodelling, resulting in skin tightening and improved facial contours. - Best for: Early jowl formation with good skin quality - Treatment sessions: 1-2 treatments, spaced several months apart - Downtime: 2-5 days of redness and swelling - Results appear: Gradual over 3-6 months - Results last: 12-24 months - Cost range: \$2,500-\$4,000 per treatment - Pros: Non-invasive, natural-looking results, minimal downtime - Cons: Multiple sessions may be needed, less dramatic than surgical options

****4. Laser Skin Resurfacing****

Fractional CO2 or Erbium Laser - How it works: Laser energy creates controlled micro-injuries to stimulate collagen production and skin tightening, improving skin texture and mild laxity. - Best for: Mild jowls with poor skin quality, texture concerns, and early sagging - Treatment sessions: 1-3 sessions depending on depth and concerns - Downtime: 5-10 days of redness, peeling, and social downtime - Results appear: Progressive improvement over 3-6 months - Results last: 2-5 years with proper skin

care - Cost range: \$1,500-\$4,000 per session - Pros: Addresses multiple concerns (texture, tone, tightening), significant skin quality improvement - Cons: Longer downtime, requires sun avoidance, best for lighter skin types

Surgical Treatments

Facelift (Lower Facelift/Rhytidectomy)

- What it is: A surgical procedure that repositions descended facial tissues, removes excess skin, and tightens underlying structures (SMAS layer) to restore youthful jawline definition and eliminate jowls. - Best for: Moderate to severe jowls, significant skin laxity, patients seeking long-lasting comprehensive correction - Procedure time: 3-5 hours depending on extent (lower facelift vs. full facelift) - Anaesthesia: General anaesthesia or twilight sedation - Hospital stay: Day surgery or overnight observation - Recovery time: 2 weeks for social activities, 4-6 weeks for strenuous exercise, 6-12 months for final results - Results appear: Initial improvement visible once swelling subsides (2-4 weeks), final result at 6-12 months - Results last: 7-15 years, though natural ageing continues - Cost range: \$15,000-\$25,000 depending on extent and surgeon experience - Pros: Dramatic, long-lasting correction; addresses multiple layers; restores youthful contours; comprehensive solution - Cons: Surgical risks, significant downtime, higher cost, permanent scarring (though well-hidden), requires experienced surgeon

Neck Lift (Combined with Lower Facelift)

Often performed alongside a lower facelift to address jowls comprehensively: - Tightens neck skin and platysma muscle - Removes excess fat beneath chin - Creates smooth transition from jawline to neck - Enhances overall profile improvement

Many patients with prominent jowls benefit most from combining lower facelift with neck lift, as these areas are interconnected anatomically.

Choosing the Right Treatment - Decision Guide

Consider non-surgical treatments if:

✓ You have mild to moderate jowls with reasonable skin elasticity ✓ You prefer minimal to no downtime (under 1 week) ✓ You want to try treatments gradually and see how your face responds ✓ You're not ready for surgery emotionally or logistically ✓ Budget considerations make surgery less accessible currently ✓ You want reversible or adjustable options ✓ You're in your 40s-50s with early jowl formation

Consider surgical treatment if:

✓ You have moderate to severe jowls with significant skin excess ✓ You want long-lasting results (7-15 years vs. 12-24 months) ✓ Non-surgical options haven't provided adequate improvement ✓ You can accommodate 2-4 weeks of recovery time ✓ You're willing to invest in a comprehensive, one-time solution ✓ You have realistic expectations about surgical outcomes ✓ You're generally healthy and a good surgical candidate

Combination approach:

Many patients achieve optimal results by combining treatments strategically:

- ****Thread lift + dermal fillers****: Threads provide lift while fillers restore volume and define the jawline, creating a more comprehensive improvement than either alone. - ****Facelift + injectables****: Following surgical recovery, strategic use of Botox and fillers can enhance and maintain results, addressing fine lines and volume that surgery doesn't target. - ****Energy-based treatments followed by injectables****: Starting with Ultherapy or radiofrequency to improve skin quality, then using fillers to further define contours after collagen has remodelled.

Your Me Clinic surgeon will assess your anatomy, skin quality, degree of sagging, and personal goals during consultation to recommend the most appropriate approach—whether single treatment, combination therapy, or staged procedures over time.

What to Expect at Me Clinic

1. Initial Consultation (Free)

Your journey begins with a comprehensive, pressure-free consultation:

- Detailed facial assessment examining skin quality, bone structure, fat distribution, and degree of jowling
- Discussion of your specific concerns, aesthetic goals, and what bothers you most about your appearance
- Complete medical history review including previous treatments, medications, and health conditions
- Explanation of suitable treatment options with realistic expectations for each
- Review of before/after galleries showing cases similar to yours
- Transparent pricing provided with no hidden fees or surprise costs
- Opportunity to ask questions and understand the entire process
- No obligation to proceed—consultations are educational and informative

2. Treatment Planning

If you decide to proceed, we develop a customised approach:

- Personalised treatment plan designed specifically for your facial anatomy and goals
- Timeline explained, including number of sessions if applicable and when to expect results
- Pre-treatment instructions provided (medications to avoid, skin preparation, etc.)
- Detailed cost breakdown with payment options discussed
- Consent process ensuring you understand the procedure, risks, and recovery
- All questions answered to your complete satisfaction

3. The Me Clinic Difference

Responsible Cosmetic Medicine™

Our ethical framework guides every treatment decision:

- Evidence-based treatments: We only offer procedures with proven safety and efficacy
- Appropriate patient selection: We won't treat someone if we don't believe they'll benefit
- Natural-looking results: Our philosophy prioritises enhancement over transformation
- Conservative approach first: We recommend starting with less invasive options when appropriate
- Comprehensive aftercare: Our support continues well beyond your procedure date

Experienced Practitioners

Your treatment is performed by highly qualified professionals:

- FRACS-qualified plastic surgeons with specialist training in facial rejuvenation
- Specialist cosmetic physicians with extensive injectable experience
- Registered nurses trained in advanced cosmetic procedures
- 25,000+ surgical procedures performed since our founding in the 1980s
- 60,000+ non-surgical treatments delivered with meticulous attention to safety

Transparent Pricing

We believe in complete cost clarity:

- Published price ranges available during consultation
- No hidden fees or unexpected charges
- Payment plans available for qualifying patients
- Medicare rebates explained (limited applicability for cosmetic procedures)
- Package pricing available for multiple treatment sessions

Convenient Melbourne Location

4 Burke Road, Malvern East VIC 3145 - Easily accessible from across Melbourne - Convenient on-site parking - Private, comfortable treatment rooms - Modern facilities with latest technology

Frequently Asked Questions

****How much does jowl treatment cost in Melbourne?****

Treatment costs vary significantly based on your chosen approach:

- Thread lifts: \$2,500-\$4,500 - Dermal fillers for jawline: \$1,200-\$2,800 per session - Ultherapy: \$3,500-\$5,500 - Radiofrequency treatments: \$2,500-\$4,000 - Facelift surgery: \$15,000-\$25,000

At Me Clinic, we provide transparent pricing during your free consultation with no hidden fees. Payment plans are available for surgical procedures. Remember that cheaper isn't always better—the skill and experience of your practitioner significantly impacts your results and safety.

****How long do jowl treatment results last?****

Result duration depends on the treatment selected:

- Injectable treatments (fillers, Botox): 3-18 months - Thread lifts: 12-18 months - Energy-based treatments (Ultherapy, RF): 12-24 months - Surgical facelift: 7-15 years

Non-surgical treatments require maintenance to sustain results, while surgery provides much longer-lasting correction. However, all treatments work with your natural ageing process—you'll continue to age, but from a more youthful starting point.

****Is there any downtime for jowl treatments?****

Downtime varies considerably:

- Anti-wrinkle injections: None - Dermal fillers: 1-3 days of possible swelling/bruising - Thread lifts: 5-7 days of swelling, 2 weeks activity restriction - Ultherapy/RF: 1-2 days of redness/tenderness - Laser resurfacing: 5-10 days social downtime - Surgical facelift: 2 weeks social downtime, 4-6 weeks for exercise

Your practitioner will provide specific guidance based on your treatment plan and personal healing characteristics. Many patients schedule procedures around holidays or quieter work periods.

****Will treatment look natural?****

Absolutely—natural-looking results are fundamental to our approach at Me Clinic. Through our Responsible Cosmetic Medicine™ philosophy, we prioritise subtle enhancement over dramatic transformation.

Our goal is for people to notice you look refreshed and rested, not to identify that you've had work done. This requires:

- Conservative treatment approach - Respect for facial anatomy and proportions - High-level technical skill - Honest guidance about what's achievable

We'll show you before/after examples during consultation so you understand the realistic improvement you can expect.

****Am I too young or too old for jowl treatment?****

There's no universal age limit for jowl treatments. We assess individual factors during consultation:

- Younger patients (30s-40s) with early jowls: Often excellent candidates for preventive non-surgical treatments - Middle-aged patients (40s-60s): May benefit from either non-surgical or surgical options depending on severity - Older patients (70s+): Can absolutely benefit from treatment if they're in good

health and have realistic expectations

What matters most is your overall health, skin condition, expectations, and treatment goals—not your chronological age. We've successfully treated patients from their 30s to their 80s.

****Does Medicare cover any jowl treatments?****

Most jowl treatments are considered cosmetic and are not covered by Medicare or private health insurance. These procedures are elective and performed to improve appearance rather than treat a medical condition.

In rare cases where there's a functional component (such as severe skin excess causing hygiene issues), partial Medicare rebates might apply. We'll clarify your specific situation during consultation and provide documentation if you have a potential rebate claim.

****What are the risks of jowl treatment?****

All treatments carry some degree of risk. Common risks by treatment type:

****Non-surgical treatments:**** - Injectables: Bruising, swelling, asymmetry (typically temporary), rare vascular complications - Thread lifts: Puckering, dimpling, visible threads, infection, asymmetry - Energy treatments: Burns (rare), swelling, temporary nerve sensitivity - Laser: Pigmentation changes, scarring (very rare), infection

****Surgical facelift:**** - Haematoma (blood collection requiring drainage): 2-3% - Infection: Less than 1% - Nerve injury (temporary numbness or weakness): 5-10% temporary, less than 1% permanent - Scarring: All patients have scars, though they're typically well-hidden - Asymmetry requiring revision: 2-5% - Anaesthesia risks: Discussed separately with anaesthetist

Your practitioner will discuss specific risks for your chosen treatment during consultation. Choosing an experienced, qualified practitioner significantly reduces risk.

****Can I see before/after photos of jowl treatments?****

Yes. During your consultation, we'll show you comprehensive before/after galleries featuring patients with similar concerns to yours. This helps set realistic expectations about achievable outcomes.

We respect patient privacy and only share images from patients who've provided explicit consent. Online galleries show a selection of results, while we maintain more extensive galleries in-clinic covering various ages, skin types, and treatment combinations.

****How should I prepare for jowl treatment?****

Preparation varies by treatment type. General guidelines include:

****For non-surgical treatments:**** - Avoid blood-thinning medications and supplements (aspirin, ibuprofen, fish oil, vitamin E) for 1 week prior if medically safe - Arrive with clean skin, free of makeup - Stay well-hydrated in the days before treatment - Avoid alcohol 24 hours before procedure

****For surgical procedures:**** - Stop smoking at least 4 weeks before and after surgery (nicotine impairs healing) - Discontinue blood thinners as directed by your surgeon - Arrange transportation and aftercare support - Fill prescriptions beforehand - Prepare recovery space at home with extra pillows for head elevation - Follow specific pre-operative fasting instructions

Your practitioner will provide detailed pre-treatment instructions specific to your procedure during your planning appointment.

****When will I see results from jowl treatment?****

Result timing varies significantly:

- Dermal fillers: Immediate improvement, though final result visible at 2 weeks once swelling resolves - Anti-wrinkle injections: 7-14 days for full effect - Thread lifts: Immediate lift, with continued improvement over 2-3 months as collagen forms - Ultherapy/RF: Very gradual improvement over 2-6 months; patience required - Laser resurfacing: Progressive improvement over 3-6 months - Surgical facelift: Initial result visible at 2-4 weeks, final result at 6-12 months as all swelling resolves

Understanding the timeline helps manage expectations. Some patients prefer treatments with immediate results (fillers, surgery) while others don't mind waiting for gradual improvement (energy-based treatments).

****What's the difference between a thread lift and a facelift?****

This is one of the most common questions we receive:

****Thread Lift:**** - Minimally invasive procedure using dissolvable sutures - Provides subtle to moderate lift - Minimal downtime (under 1 week) - Results last 12-18 months - Best for mild jowls with good skin quality - Costs \$2,500-\$4,500 - Can be repeated

****Surgical Facelift:**** - Surgical procedure involving incisions, tissue repositioning, and skin removal - Provides significant, dramatic improvement - 2-4 weeks downtime - Results last 7-15 years - Best for moderate to severe jowls with skin excess - Costs \$15,000-\$25,000 - More permanent solution

Thread lifts are not "mini facelifts"—they're entirely different procedures with different mechanisms and outcomes. Your consultation will clarify which approach suits your anatomy and goals.

****Can exercise or facial exercises reduce jowls?****

Unfortunately, facial exercises cannot effectively reduce established jowls. While maintaining muscle tone through exercise is beneficial for overall health, jowls result from multiple factors including skin laxity, fat redistribution, and structural changes that exercise cannot reverse.

Some facial exercise programs claim to lift sagging skin, but there's no scientific evidence supporting their effectiveness for jowls. In fact, excessive facial exercise might worsen dynamic wrinkles by repeatedly creasing skin.

For genuine jowl improvement, evidence-based treatments (non-surgical or surgical) offer proven results.

****Will I need maintenance treatments?****

For non-surgical treatments, yes—maintenance is essential:

- Injectables: Every 3-18 months depending on product - Thread lifts: Retreatment every 12-18 months - Energy treatments: Touch-up every 1-2 years

Surgical facelift results last significantly longer (7-15 years), though some patients choose to have small touch-ups with injectables to maintain optimal results as they continue ageing.

We'll create a maintenance plan during your consultation so you understand the long-term commitment and costs involved with your chosen treatment.

Real Patient Results

At Me Clinic, we've successfully treated thousands of Melbourne patients concerned about sagging jowls. Our before/after gallery demonstrates the range of outcomes achievable through various treatment approaches—from subtle improvements with non-surgical methods to dramatic transformations through surgical intervention.

While individual results vary based on starting anatomy, age, skin quality, and chosen treatment, our comprehensive approach and experienced practitioners consistently deliver natural-looking

improvements that meet patient expectations.

During your consultation, your practitioner will show you cases similar to yours—patients with comparable jowl severity, age, and skin type—to help you visualise realistic outcomes. We never show cherry-picked "best case" scenarios; instead, we provide an honest representation of typical results.

Book Your Free Consultation

Ready to explore your jowl treatment options and understand which approach best suits your goals?

****Three ways to book your free consultation:****

1. ****Call:**** (03) 8823 5859 (Monday-Friday, 9am-5pm) 2. ****Online:**** Visit meclinic.com.au/book-consultation 3. ****Email:**** info@meclinic.com.au

****What to bring to your consultation:****

- List of current medications and supplements
- Medical history including previous cosmetic treatments
- Questions for your practitioner (write them down beforehand)
- Photos showing your concern from different angles (optional but helpful)

****Your consultation includes:****

✓ Comprehensive facial assessment with detailed analysis of your jowls, jawline, and neck ✓ Personalised treatment recommendations based on your unique anatomy and goals ✓ Transparent pricing with no hidden fees or pressure ✓ Before/after gallery review featuring patients with similar concerns ✓ Honest discussion about realistic outcomes and recovery expectations ✓ No obligation to proceed—we want you to make an informed decision

****Me Clinic Melbourne Location:****

4 Burke Road, Malvern East VIC 3145 - Convenient parking available on-site - Easily accessible via public transport - Private, comfortable consultation rooms - Modern facilities with state-of-the-art equipment

****Why choose Me Clinic for jowl treatment?***

- ****Established since the 1980s**** with over four decades of cosmetic medicine experience - ****25,000+ surgical procedures**** performed by our FRACS-qualified plastic surgeons - ****Responsible Cosmetic Medicine™**** philosophy ensuring ethical, evidence-based care - ****Transparent pricing**** with no hidden costs or surprise fees - ****Comprehensive approach**** offering both non-surgical and surgical solutions - ****Natural-looking results**** that enhance rather than dramatically transform your appearance - ****Experienced team**** including specialist plastic surgeons, cosmetic physicians, and registered nurses

Don't let sagging jowls undermine your confidence. Book your free consultation today and take the first step toward restoring your youthful jawline definition.

****Me Clinic Melbourne**** 4 Burke Road, Malvern East VIC 3145 Phone: (03) 8823 5859 Email: info@meclinic.com.au Website: meclinic.com.au

***Me Clinic Melbourne:** Trusted cosmetic medicine and surgery since the 1980s. Our Responsible Cosmetic Medicine™ approach prioritises your safety, realistic expectations, and natural-looking results above all else.*