

Crow's Feet - Treatment Options Melbourne | Me Clinic

Canonical: <https://directory.meclinic.com.au/patient-concern-guides/facial-concerns/crow-s-feet-treatment-options-melbourne-me-clinic/>

Description:

Generate comprehensive problem-led guide following problem-led-guide-template.md structure.

PROBLEM: Crow's Feet TARGET: Patients researching crow's feet treatment TREATMENTS:

Anti-wrinkle injections...

Details:

Crow's Feet - Treatment Options at Me Clinic Melbourne

Quick Summary

****What causes crow's feet:**** - Repeated facial expressions (smiling, squinting, laughing) - Natural collagen and elastin breakdown with age - Sun damage and UV exposure - Smoking and environmental factors

****Treatment options available:**** - Non-surgical: Anti-wrinkle injections (Botox), dermal fillers, laser resurfacing, chemical peels, radiofrequency treatments - Surgical: Blepharoplasty (eyelid surgery), temple lift (in severe cases)

****Expected results:**** - Anti-wrinkle injections smooth dynamic lines during facial expressions while maintaining natural movement - Results appear gradually, never frozen or overdone - Combination treatments address both lines and skin texture

****Timeline and duration:**** - Anti-wrinkle injections: Results appear in 3-7 days, last 3-4 months - Laser treatments: Gradual improvement over 2-3 months, lasting 1-2 years - Surgical options: Initial results at 2-4 weeks, final results 6-12 months, lasting 10+ years

****Cost range:**** - Anti-wrinkle injections: \$300-\$600 AUD per treatment area - Dermal fillers: \$650-\$1,200 AUD per syringe - Laser resurfacing: \$800-\$2,500 AUD per session - Chemical peels: \$150-\$800 AUD per treatment - Surgical options: \$5,000-\$12,000 AUD - *Prices based on Me Clinic's transparent pricing policy*

****Next steps:**** - Book your complimentary consultation at Me Clinic - Discuss a personalised treatment plan tailored to your needs - Review our before/after gallery - Understand your recovery timeline and ongoing maintenance

Understanding crow's feet

Me Clinic has been Melbourne's go-to practice for crow's feet treatment for over 35 years, combining deep clinical experience with an ethical, patient-first approach to cosmetic medicine. Understanding what crow's feet are and what causes them is the first step toward choosing the right treatment for your situation — and our team is here to guide you through every stage of that process.

****What are crow's feet?****

Crow's feet are the fine lines and wrinkles that radiate outward from the outer corners of your eyes. Named for their resemblance to a crow's footprint, these expression lines become more visible when you smile, laugh, or squint. While they're a natural part of ageing and facial expression, many people seek treatment when these lines become deeper, more permanent, or visible even at rest.

There's an important distinction between dynamic and static crow's feet. Dynamic crow's feet appear only during facial expressions and disappear when your face is fully relaxed. Static crow's feet are visible even at rest, indicating more advanced skin ageing.

A common misconception is that crow's feet only affect older adults. Dynamic crow's feet can appear as early as your late twenties — particularly in people who are very expressive, spend time outdoors, or have fair skin that's more susceptible to sun damage.

****What causes crow's feet?****

Understanding the underlying causes helps our team recommend the most effective treatment approach for your situation.

****Natural ageing and muscle movement****

The skin around your eyes is among the thinnest and most delicate on your body — approximately 0.5 mm thick compared to 2 mm elsewhere. The orbicularis oculi muscle, which surrounds your eye, contracts thousands of times daily as you smile, laugh, squint, and blink. Over time, these repeated contractions create creases in the overlying skin.

Your skin also produces less collagen (the protein that gives skin its structure) and elastin (which provides elasticity) as you age. Starting around age 25, collagen production decreases by approximately 1% per year. The skin gradually loses its ability to bounce back from repeated folding, and lines become more permanent.

****Sun exposure and UV damage****

UV rays break down collagen and elastin fibres in a process called photoaging. The eye area is particularly vulnerable because the thin skin offers less natural protection, sunscreen is often skipped around the eyes, and squinting in bright sunlight creates additional muscle contractions. People with significant sun exposure throughout their lives tend to develop crow's feet earlier and more severely than those who've consistently protected their skin.

****Genetic factors****

Your genetics influence how quickly and how prominently crow's feet develop. Some people naturally have thinner skin around the eyes, lower baseline collagen production, more animated facial expressions, or fair skin that's more vulnerable to UV damage. If your parents developed prominent crow's feet, you may be more likely to as well — though lifestyle choices and well-chosen treatments can significantly influence how things play out.

****Lifestyle factors****

Several everyday habits contribute to crow's feet. Smoking constricts blood vessels, reducing oxygen and nutrients to the skin while accelerating collagen breakdown. Poor sleep — particularly side or stomach sleeping — creates pressure and folding around the eyes. Dehydration reduces skin plumpness, making lines more visible. Extended screen time increases squinting and eye strain, not wearing sunglasses forces constant squinting, and neglecting to moisturise or protect the delicate skin around the eyes compounds all of the above.

****Who experiences crow's feet?****

Crow's feet affect nearly everyone to some degree as they age, but timing and severity vary considerably. Dynamic crow's feet typically appear in the late twenties to early thirties, becoming static — visible at rest — in the forties and beyond. Both men and women develop them, though women often seek treatment earlier. Most people first notice crow's feet in photographs or in bright, natural lighting rather than a typical bathroom mirror.

People with expressive personalities who smile, laugh, and squint frequently may notice crow's feet earlier than those with less animated facial expressions. Outdoor workers, athletes, and people living in sunny climates often develop them prematurely due to increased UV exposure and habitual squinting.

****Why treat crow's feet?****

The decision to treat crow's feet is entirely personal, and we respect that. Some people view them as character lines — a reflection of a life well-lived. Others prefer to soften their appearance for reasons that are equally valid: a more refreshed look in professional settings, personal preference for a smoother eye area, asymmetry concerns, addressing dynamic lines before they become permanently etched, or as part of a broader approach to facial rejuvenation.

At Me Clinic, our Responsible Cosmetic Medicine™ philosophy means we will never push patients toward treatments they don't need or want. If your crow's feet don't bother you, they don't require treatment. But if they do, our team is here to help you achieve natural-looking results that genuinely align with your goals.

Treatment options comparison

Non-surgical treatments

The majority of patients with crow's feet achieve excellent results with non-surgical treatments. These options offer meaningful improvement with minimal downtime and a more accessible cost than surgery — making them the right starting point for most people.

1. Anti-wrinkle injections (Botox)

Anti-wrinkle injections are the gold-standard treatment for crow's feet and the most widely chosen non-surgical cosmetic procedure worldwide — and for good reason.

****How it works:**** These injections contain a purified protein that temporarily relaxes the orbicularis oculi muscle surrounding your eyes. By reducing the muscle contractions responsible for crow's feet, the overlying skin smooths out. The treatment doesn't eliminate your expressions — it softens the intensity of those contractions, so you can smile and laugh freely while the lines that concern you are meaningfully reduced.

****Best for:**** - Dynamic crow's feet (lines that appear with facial expressions) - Early to moderate static lines - Prevention of deeper wrinkles forming over time - Patients wanting prompt results with no downtime

****The procedure:**** - Treatment time: 10-15 minutes - Technique: Several small injections around the outer eye area using ultra-fine needles - Discomfort level: Minimal — most patients describe minor pinpricks - Anaesthesia: Not usually required; topical numbing cream is available if preferred

****Results:**** - When they appear: 3-7 days for initial smoothing; full effect at 10-14 days - Duration: 3-4 months typically; some patients find results last progressively longer with repeated treatments over time - Maintenance: Treatments every 3-4 months to maintain optimal results

****Cost range:**** \$300-\$600 AUD per treatment session

****Pros:**** - Highly effective for dynamic crow's feet - Quick procedure with an immediate return to normal activities - No downtime - Natural-looking results when performed by experienced practitioners - Effects wear off naturally if you decide not to continue - Can help prevent deeper wrinkles from forming over time

****Cons:**** - Temporary results requiring ongoing maintenance - Doesn't address skin texture, sun damage, or pigmentation - Rare side effects can include temporary drooping, asymmetry, or bruising - Less effective for deep, static wrinkles already etched into the skin

****The Me Clinic approach:**** Our FRACS-qualified plastic surgeons and specialist cosmetic physicians have performed over 60,000 non-surgical treatments across more than 35 years of practice. We use conservative dosing as a matter of principle, preserving natural facial movement while effectively softening crow's feet. You'll still smile and express yourself freely — just without the deep creases that have been bothering you.

2. Dermal fillers

While anti-wrinkle injections are the primary treatment for crow's feet, dermal fillers play an important complementary role in addressing volume loss and deeper static lines around the eye area.

****How it works:**** Dermal fillers contain hyaluronic acid — a substance naturally found in your skin that attracts and holds moisture. When carefully injected into or beneath deeper crow's feet, fillers plump the skin and reduce the appearance of etched-in lines. They can also restore volume to the temple and outer eye area that diminishes with age.

****Best for:**** - Deep static crow's feet visible at rest - Volume loss in the temple and outer eye area - Combining with anti-wrinkle injections for more comprehensive improvement - Under-eye hollowing that makes crow's feet more prominent

****The procedure:**** - Treatment time: 20-30 minutes - Technique: Careful injection using fine needles or cannulas - Discomfort level: Mild; most fillers contain lidocaine (a local anaesthetic) for added comfort

****Results:**** - When they appear: Immediate visible improvement - Final results: Around 2 weeks after any initial swelling subsides - Duration: 6-18 months depending on the product and area treated

****Cost range:**** \$650-\$1,200 AUD per syringe

****Pros:**** - Immediate visible improvement - Addresses both volume loss and skin quality - Natural-looking results when expertly placed - Minimal downtime

****Cons:**** - Temporary results requiring maintenance - Potential for swelling and bruising, typically resolving within a few days - The eye area requires advanced technique — practitioner expertise is critical - Higher cost than anti-wrinkle injections

3. Laser resurfacing

Laser treatments address the skin texture and quality concerns that contribute to crow's feet — particularly static wrinkles and the effects of long-term sun exposure.

****How it works:**** Laser energy creates precisely controlled changes to the skin, triggering your body's natural healing response. This stimulates new collagen production, improves skin texture, and reduces the appearance of fine lines. Different laser types suit different concerns:

- Fractional CO2 lasers: A more intensive option targeting deeper skin layers for significant resurfacing
- Erbium lasers: A gentler choice for fine lines and surface texture
- Non-ablative lasers: Stimulate collagen production without removing the skin's surface

****Best for:**** - Static crow's feet with accompanying skin texture concerns - Sun-damaged skin around the eyes - Combining with anti-wrinkle injections for comprehensive results - Patients willing to

accommodate some downtime in exchange for longer-lasting improvement

****Treatment details:**** - Sessions needed: 1-3 treatments depending on laser type and severity - Treatment time: 30-60 minutes per session - Downtime: 3-14 days depending on the laser's aggressiveness - Recovery: Redness, peeling, and sensitivity during the healing period

****Results:**** - When they appear: Gradual improvement over 2-6 months as collagen remodels - Duration: 1-2 years with proper sun protection and maintenance - Best results: Often achieved across multiple sessions

****Cost range:**** \$800-\$2,500 AUD per session depending on laser type and treatment area

****Pros:**** - Addresses overall skin quality, not just visible lines - Longer-lasting results than injectables alone - Reduces sun damage and pigmentation concerns - Stimulates your skin's own collagen production

****Cons:**** - Requires downtime for proper healing - Multiple sessions often needed for optimal results - Risk of pigmentation changes in patients with darker skin tones - Temporary redness and sensitivity following treatment - Strict sun protection is essential during healing

4. Chemical peels

Chemical peels offer a practical way to improve mild crow's feet while enhancing overall skin texture and tone around the eyes.

****How it works:**** A carefully selected chemical solution is applied to remove the outermost layers of skin, stimulating cell turnover and encouraging new collagen production. Different peel depths address varying levels of concern:

- Light peels: Glycolic or lactic acid for subtle, gradual improvement and maintenance - Medium peels: TCA (trichloroacetic acid) for moderate line reduction - Deep peels: Phenol peels (rarely used around the eyes due to the delicacy of this skin)

****Best for:**** - Mild crow's feet - Overall skin quality improvement - Maintaining results between other treatments - Patients looking for a more accessible entry point to treatment

****Treatment details:**** - Sessions needed: 3-6 for light peels; 1-2 for medium peels - Treatment time: 20-40 minutes - Downtime: None (light peels) to 5-7 days (medium peels)

****Cost range:**** \$150-\$800 AUD per treatment depending on peel depth

****Pros:**** - Relatively accessible cost - Improves overall skin quality - Pairs well with other treatments - Light peels require no downtime

****Cons:**** - Less dramatic results compared to laser or injectables - Multiple sessions typically needed - Temporary redness and sensitivity following treatment - Limited effectiveness for moderate to deep wrinkles

5. Radiofrequency and ultrasound treatments

Energy-based devices tighten skin by heating deeper tissue layers, stimulating collagen production without causing surface damage — a genuinely non-invasive approach to skin rejuvenation.

****How it works:**** Focused ultrasound or radiofrequency energy heats tissue at specific depths, triggering your body's natural healing response and encouraging new collagen production. The skin gradually tightens and lifts over the months following treatment.

****Best for:**** - Mild to moderate skin laxity around the eyes - Patients wanting a non-invasive skin tightening option - Those who prefer gradual, natural-looking improvement - Maintaining and extending results from other treatments

****Treatment details:**** - Sessions needed: Usually 1-2 - Treatment time: 30-90 minutes depending on the device and area treated - Downtime: None to minimal - Discomfort: Mild to moderate during treatment; some form of pain management may be recommended

****Results:**** - When they appear: Gradual improvement over 2-6 months - Duration: 1-2 years - Optimal results: May benefit from occasional maintenance sessions

****Cost range:**** \$1,500-\$4,500 AUD per treatment

****Pros:**** - Non-invasive with no downtime - Natural-looking, gradual improvement - Addresses skin laxity beyond simply reducing lines - Long-lasting results relative to the non-invasive nature of the treatment

****Cons:**** - A significant investment for results that are still temporary - Results take several months to fully appear - Effectiveness varies depending on individual skin characteristics - May require multiple treatments for optimal improvement

Surgical treatments

For patients with more severe crow's feet, significant skin excess, or those seeking long-term correction, surgical options may be the most appropriate path. Our FRACS-qualified plastic surgeons will discuss these options honestly during your consultation.

Blepharoplasty (eyelid surgery)

Blepharoplasty surgically removes excess skin and sometimes fat from the upper and/or lower eyelids. When performed on the upper eyelid with extension to the outer eye area (lateral canthopexy), it can significantly reduce the appearance of severe crow's feet while addressing eyelid hooding — delivering a genuinely refreshed, rested result.

****Best for:**** - Severe, deep crow's feet with significant skin excess - Patients seeking long-lasting improvement - Those with upper eyelid hooding that makes crow's feet more prominent - Patients who are well-informed and ready to accommodate a surgical recovery

****Procedure details:**** - Procedure time: 1-3 hours depending on the extent of treatment - Anaesthesia: Local with sedation or general anaesthesia - Hospital stay: Day surgery - Technique: Incisions carefully placed within natural eyelid creases or just below the lash line - Recovery timeline: - Initial swelling and bruising: 7-14 days - Return to work: 10-14 days typically - Return to exercise: 3-4 weeks - Final results: 6-12 months

****Results:**** - Meaningful, lasting improvement in the appearance of the eye area - Long-lasting results (10-15 years or more) - Addresses both crow's feet and eyelid concerns simultaneously - Scars typically very well-concealed within natural creases

****Cost range:**** \$6,000-\$12,000 AUD depending on extent (upper, lower, or both)

****Pros:**** - Long-lasting, significant improvement - Addresses multiple concerns in a single procedure - Can be combined with other facial procedures - Relatively streamlined recovery compared to many other facial surgeries

****Cons:**** - An invasive procedure with associated surgical risks - A recovery period is required - A greater investment than non-surgical options - Rare complications can include scarring, asymmetry, or vision disturbances - Results are long-lasting — choosing an experienced, qualified surgeon is essential

****The Me Clinic approach:**** Our FRACS-qualified plastic surgeons have performed over 25,000 surgical procedures across more than 35 years of practice. We use advanced techniques to minimise scarring and achieve natural-looking results that refresh without appearing "done." During your consultation, we'll assess honestly whether surgery is the right path for you — or whether non-surgical options would better serve your goals.

Choosing the right treatment

Selecting the most suitable approach depends on the severity of your crow's feet, your budget, your lifestyle, and your personal preferences. Our team will help you work through these considerations without pressure.

****Consider non-surgical treatments if:****

✓ You have mild to moderate crow's feet ✓ You prefer minimal to no downtime ✓ You'd like to explore treatments gradually and assess results along the way ✓ You're not ready for surgical intervention at this stage ✓ You want to preserve natural facial expressions throughout ✓ Budget is an important consideration ✓ You're comfortable with ongoing maintenance treatments ✓ You'd prefer a reversible option

****Consider surgical treatment if:****

✓ You have severe crow's feet with significant skin excess ✓ You're seeking long-lasting or more permanent results ✓ Non-surgical options haven't fully met your goals ✓ You have other eyelid concerns — such as hooding or under-eye bags — to address at the same time ✓ You can comfortably accommodate 2+ weeks of recovery time ✓ You're ready to invest in a more comprehensive solution ✓ You're committed to choosing an experienced, fully qualified surgeon

****The combination approach:****

Many patients achieve their best results by combining treatments. Common pairings our team recommends include:

- Anti-wrinkle injections + dermal fillers: Addresses both muscle movement and the volume loss that deepens lines - Anti-wrinkle injections + laser resurfacing: Smooths active lines while improving skin texture and quality - Blepharoplasty + anti-wrinkle injections: Surgery addresses more significant concerns; ongoing injections maintain results and help prevent new lines from forming - Laser resurfacing + radiofrequency: A comprehensive skin rejuvenation approach targeting multiple skin layers

Your Me Clinic practitioner will recommend the most effective combination for your specific concerns, skin quality, budget, and goals. Our consultative approach ensures you fully understand all available options before making any decisions.

What to expect at Me Clinic

1. Your initial consultation (complimentary)

Your journey with us begins with a comprehensive, no-obligation consultation — a genuine conversation where we take the time to understand your concerns, your goals, and what matters most to you.

During your consultation, you can expect a detailed assessment of your crow's feet and the surrounding eye area, an honest discussion of what's been bothering you and what you'd hope to achieve, a thorough review of your medical history, examination of skin quality and elasticity, a clear

explanation of all treatment options including the pros and cons of each, realistic expectations based on your individual situation, transparent pricing with no hidden fees, a review of our before/after gallery showing comparable cases, and all your questions answered without rush.

Unlike high-pressure sales consultations, our practitioners focus on education, genuine care, and appropriate patient selection. Our Responsible Cosmetic Medicine™ philosophy means we'll tell you honestly if a treatment isn't right for you, or if your expectations aren't realistic given your starting point. We will never encourage unnecessary procedures — your wellbeing comes first.

2. Your personalised treatment plan

If you decide to move forward, we create a customised treatment plan covering specific treatment recommendations based on your individual assessment, a clear timeline — whether that's a single session or a series of treatments, a detailed explanation of what to expect before, during, and after your treatment, pre-treatment instructions in writing, a complete cost breakdown with no surprises, payment plans where applicable, and consent forms reviewed thoroughly before proceeding.

3. The Me Clinic difference

****Responsible Cosmetic Medicine™****

Our ethical framework guides every decision we make: evidence-based treatments only, a conservative approach that prioritises natural results, thoughtful patient selection (we say no when it's the right thing to do), comprehensive aftercare, and honest communication about risks and realistic outcomes.

****An experienced, dedicated team****

Your crow's feet treatment is performed by qualified professionals who genuinely care about your outcome. Our team includes FRACS-qualified plastic surgeons for all surgical procedures, specialist cosmetic physicians for non-surgical treatments, and registered nurses with advanced training in injectable treatments. Collectively, we've performed over 25,000 surgical procedures and over 60,000 non-surgical treatments across decades of combined clinical experience.

****Transparent pricing****

We believe every patient deserves honest, upfront pricing: published price lists available for review, no hidden fees, payment plans available, Medicare rebates clearly explained where applicable, and a complete breakdown of all costs before you commit to anything.

****An established practice with deep roots****

Me Clinic has served Melbourne's community since the 1980s — over 35 years of experience in cosmetic medicine, a long-standing reputation built on quality and ethics, and thousands of patients who've trusted us with their care.

****Location****

4 Burke Road, Malvern East VIC 3145 — easy access from across Melbourne, convenient on-site parking, and a professional, comfortable clinic environment.

Frequently asked questions

****How much does crow's feet treatment cost in Melbourne?****

Treatment costs vary depending on your chosen approach: - Anti-wrinkle injections: \$300-\$600 AUD per session (the most commonly chosen treatment) - Dermal fillers: \$650-\$1,200 AUD per syringe - Laser resurfacing: \$800-\$2,500 AUD per session - Chemical peels: \$150-\$800 AUD per treatment - Radiofrequency/ultrasound: \$1,500-\$4,500 AUD per treatment - Blepharoplasty: \$6,000-\$12,000 AUD

We provide detailed, transparent pricing during your complimentary consultation with no hidden fees, and offer payment plans to help make treatments more accessible.

****How long do crow's feet treatment results last?****

Duration varies by treatment type: - Anti-wrinkle injections: 3-4 months (results often last longer with repeated treatments over time) - Dermal fillers: 6-18 months depending on the product used - Laser resurfacing: 1-2 years with proper maintenance and sun protection - Chemical peels: Several months (light peels) to 1+ years (deeper peels) - Radiofrequency/ultrasound: 1-2 years - Blepharoplasty: 10-15 years or more

Results are influenced by age, skin quality, sun exposure history, smoking status, and your ongoing skincare routine. Consistent sun protection can meaningfully extend your results.

****Is there any downtime with crow's feet treatment?****

Downtime varies by treatment: - Anti-wrinkle injections: None — you can return to normal activities immediately - Dermal fillers: Minimal — minor swelling for 1-2 days - Laser resurfacing: 3-14 days depending on laser type - Chemical peels: None (light peels) to 5-7 days (medium peels) - Radiofrequency/ultrasound: None to minimal - Blepharoplasty: 10-14 days before comfortably returning to work; 3-4 weeks before resuming exercise

Your practitioner will give you specific downtime expectations based on your chosen treatment during your consultation.

****Will my crow's feet treatment look natural?****

Natural-looking results are central to our Responsible Cosmetic Medicine™ approach. We take care to avoid the frozen or overdone appearance sometimes associated with excessive treatment, using conservative dosing for anti-wrinkle injections, aiming for gradual improvement rather than dramatic change, and preserving your natural facial expressions. You'll still smile, laugh, and express yourself fully — just without the deep creases that have been troubling you. During your consultation, we'll share before/after images that show the kind of results our patients typically achieve.

****Am I too young or too old for crow's feet treatment?****

There is no universal age limit. What matters is your current skin condition, the severity of your crow's feet, whether your expectations are realistic, your overall health, and your personal motivation for seeking treatment. Some patients in their late twenties choose preventative anti-wrinkle injections to help prevent deep crow's feet from forming. Others begin exploring treatment in their fifties or beyond. During your consultation, we'll assess whether treatment is genuinely appropriate for your situation — and we'll be honest with you if we feel it isn't.

****Does Medicare cover crow's feet treatment?****

Most cosmetic treatments for crow's feet are not covered by Medicare or private health insurance, as they're considered elective aesthetic procedures. However, if you're combining crow's feet treatment with functional eyelid surgery — where drooping lids are affecting your vision — you may qualify for partial Medicare rebates for the surgical component. We'll clarify your eligibility and provide relevant item numbers during your consultation if this applies to you.

****What are the risks and side effects?****

All treatments carry some degree of risk, and we discuss these openly with every patient.

Anti-wrinkle injections: Temporary bruising at injection sites (common), mild swelling or redness (typically resolves within hours), headache (rare), temporary eyelid drooping (very rare when performed by experienced practitioners), asymmetry (usually correctable).

Dermal fillers: Bruising and swelling (common, typically resolving within a few days), lumps or irregularities (usually temporary), rare but serious complications can include vascular occlusion (a blocked blood vessel).

Laser treatments: Redness and sensitivity (temporary), pigmentation changes (higher risk in patients with darker skin tones), infection (rare), scarring (rare with proper aftercare).

Surgical procedures: General surgical risks (infection, bleeding, scarring), anaesthesia-related risks, asymmetry, vision disturbances (very rare).

Your practitioner will discuss the specific risks relevant to your chosen treatment and medical history, and explain the steps we take to minimise complications. Choosing experienced, qualified practitioners is one of the most important ways to reduce risk.

****Can I see before and after photos?****

Yes. During your consultation, we'll share our before/after gallery featuring patients with concerns similar to yours. These images help set realistic expectations of what's genuinely achievable. We only display photographs of patients who have provided specific, informed consent — patient privacy is something we take seriously.

****How do I prepare for crow's feet treatment?****

Preparation varies depending on your chosen treatment.

For injectables: Avoid blood-thinning medications and supplements (aspirin, ibuprofen, fish oil, vitamin E) for 7 days before treatment if medically safe to do so, avoid alcohol for 24 hours before your appointment, arrive with clean skin (no makeup), and have something to eat beforehand to prevent lightheadedness.

For laser/peels: Avoid sun exposure for 2 weeks prior, discontinue retinoids as directed by your practitioner, avoid waxing or threading the area, and arrange time off work if recovery is expected.

For surgery: Complete all required medical clearance and pre-operative tests, stop smoking at least 4 weeks before your procedure, arrange transport and a support person for the first 24-48 hours, fill any prescriptions before your surgery date, and prepare your recovery space at home in advance.

We'll provide detailed, personalised pre-treatment instructions when you book — so you'll always feel well-prepared.

****When will I see results?****

Results timelines vary by treatment: - Anti-wrinkle injections: 3-7 days for initial smoothing; full effect visible at 10-14 days - Dermal fillers: Immediate improvement; final result apparent after approximately 2 weeks when any swelling has fully subsided - Laser resurfacing: Gradual improvement over 2-6 months as new collagen rebuilds - Chemical peels: Visible improvement within days to weeks depending on peel depth - Radiofrequency/ultrasound: Gradual improvement over 2-6 months - Blepharoplasty: Initial results visible after 2-4 weeks; final results at 6-12 months

Your practitioner will set clear expectations for your specific treatment during your consultation.

****Can I combine crow's feet treatment with other procedures?****

Yes — and combination treatments often deliver the most comprehensive results. Common pairings include anti-wrinkle injections with dermal fillers, crow's feet treatment alongside forehead line treatment, laser resurfacing combined with injectables, blepharoplasty alongside a face or neck lift, and any treatment paired with a quality evidence-based skincare routine. During your consultation, we'll discuss whether combining treatments makes sense for your goals, budget, and timeline. Many

patients start with a single treatment and add others over time as they become more comfortable with the process.

****What happens if I'm not satisfied with my results?****

Our goal is always natural-looking, refreshed results that meet your expectations. If your experience doesn't match what you hoped for, here's what we can do.

For anti-wrinkle injections: Effects are temporary and will wear off naturally within 3-4 months. If results are asymmetrical or feel inadequate, adjustments can be made with additional product, and complimentary touch-up appointments are available within 2 weeks if needed.

For fillers: Most hyaluronic acid fillers can be dissolved with hyaluronidase if necessary, and adjustments are possible at follow-up appointments.

For longer-lasting procedures: Extensive consultation and careful planning are in place to minimise dissatisfaction. Revision procedures may be possible in some circumstances, and realistic expectations are discussed thoroughly before any procedure proceeds.

We encourage open communication throughout your journey. If you have any concerns at any point, contact us promptly so we can address them.

****How do I maintain my crow's feet treatment results?****

A few key habits make a real difference in extending your results.

Sun protection: Broad-spectrum SPF 30+ applied daily, sunglasses to reduce squinting and protect the delicate eye area, and a hat when spending extended time outdoors.

Skincare: Medical-grade retinoids (with practitioner guidance), hydrating eye creams, and antioxidant serums (vitamin C, vitamin E) to support skin health.

Lifestyle: Avoid smoking, stay well hydrated, prioritise quality sleep, maintain balanced nutrition, and manage stress where possible.

Maintenance treatments: Schedule anti-wrinkle injections every 3-4 months, consider occasional laser or peel treatments annually, and attend follow-up appointments as recommended.

Your practitioner will provide a personalised maintenance plan to help you sustain your results over the long term.

Real patient results

At Me Clinic, we've cared for thousands of patients concerned about crow's feet over more than 35 years of practice. Individual results always vary based on starting point, skin quality, chosen treatment, and many other factors — but our before/after gallery reflects the meaningful range of outcomes our treatment protocols can achieve.

During your consultation, your practitioner will share cases that are genuinely comparable to yours in terms of age, skin type, severity, and treatment approach. This helps set realistic expectations and gives you a clear sense of what's possible for your specific situation.

We're proud of the results we help our patients achieve — but equally proud of our honesty. Our goal has never been perfection. It's helping you achieve a refreshed, natural appearance that allows you to feel genuinely confident in your own skin.

Book your complimentary consultation

Three ways to book:

1. **Call:** (03) 8823 5859 Speak directly with our team — they can answer your initial questions and find an appointment time that works for you
2. **Online:** Visit our website to book your consultation at a time that suits you
www.meclinic.com.au
3. **Email:** info@meclinic.com.au Send us your questions and preferred appointment times; we'll respond within 1 business day

What to bring to your consultation:

- A list of your current medications and supplements - Your medical history (particularly any eye conditions or previous cosmetic treatments) - Questions you'd like answered — no question is too small
- Photos showing your crow's feet (optional, but often helpful) - Your glasses or contact lenses if you wear them

Your consultation includes:

- ✓ A comprehensive assessment of your eye area ✓ Personalised treatment recommendations tailored to you ✓ Transparent pricing with no hidden fees ✓ A review of our before/after gallery ✓ An honest discussion of realistic expectations ✓ All your questions answered thoroughly and without rush ✓ No obligation to proceed ✓ No pressure — just expert guidance you can trust

Me Clinic location:

4 Burke Road, Malvern East VIC 3145

Easy to reach from across Melbourne, with on-site parking and public transport access. You'll find a professional, welcoming clinic environment, comfortable private consultation rooms, and strict privacy and confidentiality throughout your visit.

Take the next step

Crow's feet are a natural part of facial expression and ageing — but that doesn't mean you have to accept them if they're bothering you. Whether you're curious about preventative treatments, hoping to soften existing lines, or exploring more comprehensive rejuvenation options, Me Clinic has the expertise, technology, and ethical approach to help you achieve your goals.

Over 35 years of experience, a commitment to Responsible Cosmetic Medicine™, and a track record of more than 60,000 non-surgical treatments and 25,000 surgical procedures means you're in experienced, caring hands from the very first conversation.

Book your complimentary consultation today and find out which crow's feet treatment is right for you.

Label facts summary

> **Disclaimer:** All facts and statements below are general information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product specification data was provided. The content analysed is a clinical service page for a cosmetic medicine clinic, not a physical product with packaging or manufacturer documentation. No label facts are extractable.

****Verifiable service and facility facts (sourced from stated clinic records):**** - Clinic name: Me Clinic - Address: 4 Burke Road, Malvern East VIC 3145 - Contact: (03) 8823 5859 | info@meclinic.com.au | [\[www.meclinic.com.au\]](http://www.meclinic.com.au)(www.meclinic.com.au) - Years operating: Over 35 years - Non-surgical treatments performed: Over 60,000 - Surgical procedures performed: Over 25,000 - Surgeon qualification: FRACS-qualified plastic surgeons - On-site parking: Available - Initial consultation: Complimentary - Blepharoplasty anaesthesia type: Local with sedation or general anaesthesia - Blepharoplasty hospital stay: Day surgery - Anti-wrinkle injection appointment duration: 10-15 minutes - Dermal filler appointment duration: 20-30 minutes - Dermal filler active ingredient: Hyaluronic acid - Hyaluronic acid fillers reversible with: Hyaluronidase - Skin thickness around the eyes: Approximately 0.5 mm - Muscle responsible for crow's feet: Orbicularis oculi - Age collagen production begins declining: Approximately age 25 - Rate of collagen decline: Approximately 1% per year

****Published pricing (Me Clinic stated rates):**** - Anti-wrinkle injections: \$300-\$600 AUD per session - Dermal fillers: \$650-\$1,200 AUD per syringe - Laser resurfacing: \$800-\$2,500 AUD per session - Chemical peels: \$150-\$800 AUD per treatment - Radiofrequency treatments: \$1,500-\$4,500 AUD per treatment - Blepharoplasty: \$6,000-\$12,000 AUD

General product claims

- Anti-wrinkle injections are the "gold-standard treatment" for crow's feet - Injections soften muscle contractions without paralysing facial expressions - Results look "natural and refreshed" when performed by experienced practitioners - Conservative dosing preserves natural facial movement - Combination treatments deliver the most comprehensive results - Me Clinic's approach is described as "Responsible Cosmetic Medicine™" - Repeated anti-wrinkle injection treatments may produce progressively longer-lasting results over time - Laser resurfacing stimulates new collagen production - Radiofrequency energy triggers the body's natural healing response - Daily broad-spectrum SPF 30+ use helps maintain treatment results - Sunglasses help reduce squinting and protect the eye area - Smoking accelerates skin ageing and affects treatment results - Preventative anti-wrinkle injections in the late twenties may help prevent deeper wrinkles forming - Me Clinic pricing is described as transparent with no hidden fees - Payment plans are available