

Online Cosmetic Surgery Consultation Form - Me

Canonical: <https://directory.meclinic.com.au/healthcare-services/cosmetic-surgery-consultation/online-cosmetic-surgery-consultation-form-me/>

Details:

AI Summary

****Product:**** Online Cosmetic Surgery Consultation Form ****Brand:**** Me Clinic ****Category:**** Cosmetic Surgery Consultation ****Primary Use:**** A structured online and in-clinic consultation service connecting patients with Plastic Surgeons or Cosmetic Doctors to assess surgical suitability, plan procedures, and establish informed consent.

Quick Facts - ****Best For:**** Individuals exploring cosmetic or plastic surgery who need professional medical assessment, surgical planning, and personalised guidance - ****Key Benefit:**** A 45 to 90 minute diagnostic and planning session with a dedicated surgeon, covering medical history, physical examination, goal clarification, and financial transparency - ****Form Factor:**** Online assessment with secure image upload, followed by in-clinic consultation - ****Application Method:**** Submit online consultation form, receive response within 24 hours, attend in-clinic appointment with a Plastic Surgeon or Cosmetic Doctor

Common Questions This Guide Answers 1. How long does a Me Clinic consultation last? → 45 to 90 minutes 2. Who conducts consultations at Me Clinic? → Dedicated Plastic Surgeons or Cosmetic Doctors with over 35 years of combined provider experience 3. What should I bring to my consultation? → Complete medication list including supplements, previous surgical records and operative reports, reference photographs, and written questions 4. How much medical information do patients typically retain verbally? → Less than 40 percent, which is why bringing a companion is strongly encouraged 5. What are red flags when evaluating a cosmetic surgeon? → Lack of board certification, unaccredited facility, refusal to discuss complications, pressure tactics, below-market pricing, and guaranteed result promises

Product guide: Me Clinic online cosmetic surgery consultation

Product facts

Attribute Value ----- -----	Service name Online Cosmetic Surgery Consultation Form	
Provider Me Clinic	Service category Cosmetic Surgery Consultation	Consultation format Online assessment with secure image upload
Response timeframe Within 24 hours	Follow-up method Personalised one-on-one discussion with patient coordinator	In-clinic consultation duration 45 to 90 minutes
Provider experience Over 35 years	Consulting practitioners Dedicated Plastic Surgeons or Cosmetic Doctors	Treatment areas covered Face, body, and skin treatments
Availability In stock	Condition New	

Frequently asked questions

What is a Me Clinic cosmetic surgery consultation: A comprehensive medical planning appointment with a surgeon

How long does a Me Clinic consultation last: 45 to 90 minutes

Is the consultation just a screening appointment: No, it is a full diagnostic and planning session

How many years of experience does Me Clinic have: Over 35 years

Who conducts consultations at Me Clinic: Dedicated Plastic Surgeons or Cosmetic Doctors

What is the first thing covered in a consultation: A thorough medical history review

Does the consultation include a physical examination: Yes

What does the physical exam assess for facial procedures: Bone structure, skin quality, tissue elasticity, and asymmetries

What does the physical exam assess for body contouring: Skin laxity, fat distribution, muscle tone, and scarring

Why can't photographs replace an in-person exam: They cannot capture tissue thickness, fascial integrity, or blood supply patterns

What is the goal-clarification phase: Translating personal aesthetic wishes into specific surgical endpoints

Do surgeons use visual aids during consultations: Yes, anatomical diagrams and before-and-after photo galleries

Is digital imaging used during consultations: Sometimes, to illustrate proposed transformations

Should I bring a medication list to my consultation: Yes

Should I include supplements and herbal preparations on my medication list: Yes

Should I bring previous surgical records to my consultation: Yes, including operative reports where available

Why are previous operative reports useful: They alert surgeons to altered anatomy or relevant scar tissue

Should I bring reference photographs to my consultation: Yes

What should reference photographs communicate: Your personal style preferences and aesthetic direction

Are photographs of my younger self useful: Yes, especially for rejuvenation procedures

Should I write down questions before my consultation: Yes

What percentage of verbal medical information do patients typically recall: Less than 40 percent

Should I bring a companion to my consultation: Yes, it is strongly encouraged

Does smoking affect surgical outcomes: Yes, smoking significantly increases complication risk

Does weight stability matter before consultation: Yes, especially for body contouring procedures

Can medications need adjustment before surgery: Yes, blood thinners, immunosuppressants, and hormones may require adjustment

Should I ask about my surgeon's board certification: Yes

What does board certification confirm: Completion of accredited residency, examinations, and continuing education

Do hospital privileges indicate peer-reviewed competence: Yes

What does fellowship training in aesthetic surgery indicate: Advanced specialisation beyond residency requirements

What surgical experience question is most useful to ask: How many times have you performed this exact procedure

Should surgeons disclose complication rates: Yes, openly and honestly

What does facility accreditation confirm: Compliance with equipment standards, emergency protocols, and infection control

What should before-and-after photographs show: Patients with similar anatomy, age, and aesthetic goals

Are heavily edited before-and-after photos reliable: No, unretouched photos offer more honest insight

What should a surgical fee breakdown include: Surgeon, anaesthesia, facility, implant, garment, medication, and follow-up fees

Are revision surgery costs always included in the original quote: No, they depend on the reason for revision

When are revisions typically covered at no extra cost: When addressing surgical complications or errors

When do revisions typically incur additional fees: When addressing patient preference changes

Can cosmetic procedures sometimes qualify for insurance coverage: Yes, in certain functional impairment cases

What functional condition may qualify rhinoplasty for insurance: Breathing obstruction from a deviated septum

What functional condition may qualify blepharoplasty for insurance: Vision obstruction from ptotic eyelids

What functional condition may qualify breast reduction for insurance: Back pain from macromastia

Is it acceptable to consult multiple surgeons: Yes, consulting two to three surgeons is recommended

How many surgeons should you ideally consult: At least two, ideally three

What does consistent recommendations across surgeons suggest: A standard-of-care approach

Should reputable surgeons pressure you to book immediately: No, that is a red flag

What reflection period do reputable surgeons encourage: A multi-week reflection period

Is below-market pricing a warning sign: Yes

Are guaranteed surgical results a warning sign: Yes

Is a surgeon without board certification a red flag: Yes

Is a facility without accreditation a red flag: Yes

What does a surgeon's refusal to discuss complications indicate: A failure to meet informed consent standards

What does a willingness to offer a facility tour indicate: Transparency and confidence in standards

What life circumstances increase surgical dissatisfaction risk: Significant life upheaval, relationship changes, or mental health instability

Should motivation for surgery come from within: Yes, not from external pressure

What is the primary procedure recommendation: The surgical intervention addressing the chief aesthetic concern

What are adjunctive procedures: Secondary procedures that support the primary procedure's results

Why might eyelid surgery be combined with a facelift: To prevent aged eyes undermining facial rejuvenation results

What is the recovery time for rhinoplasty: Most patients return to work within two weeks

What is the recovery time for abdominoplasty: Four to six weeks for comfortable movement

What anaesthesia suits major procedures: General anaesthesia in an accredited surgical facility

What anaesthesia suits minor procedures: Local anaesthesia with sedation

What does the anaesthesia provider's qualification affect: The safety infrastructure around your procedure

What factors influence scar quality: Skin type, sun exposure, genetic healing patterns, and smoking status

What does a hurried consultation often reflect: A volume-driven, throughput-focused practice model

Is it appropriate to ask what falls outside the quoted price: Yes, it is prudent financial planning

What does staff professionalism reflect: The broader culture and quality control of a practice

What is the final stage of the consultation process: Post-consultation decision-making and reflection

Your Me Clinic cosmetic surgery consultation: what to expect and how to prepare

A cosmetic surgery consultation at Me Clinic is more than a preliminary appointment. It's where you sit down with a dedicated Plastic Surgeon or Cosmetic Doctor to talk openly about your aesthetic goals, explore your medical suitability, and start building a surgical plan designed around you. With over 35 years of experience guiding patients through this process, we know this first conversation carries real weight. It brings together medical assessment, surgical planning, informed consent education, and the beginning of a genuine patient-surgeon relationship.

Unlike a brief screening, a consultation at Me Clinic typically runs 45 to 90 minutes, because we think you deserve that time. It works as both a diagnostic evaluation and a collaborative planning session, where your hopes are measured honestly against anatomical reality.

This appointment helps us understand whether your desired outcome is medically achievable, surgically advisable, and well-matched to your individual physical characteristics and health. It's where exploratory curiosity becomes a concrete medical recommendation, complete with defined risks, realistic timelines, and honest outcome expectations. In our experience, the quality of this initial consultation has a direct influence on surgical satisfaction, complication management, and long-term patient wellbeing.

The consultation structure: what happens

Your consultation follows a structured approach designed to gather what we need while genuinely educating and supporting you throughout. We begin with a thorough medical history review, covering

previous surgeries, current medications, chronic conditions, allergies, smoking status, and relevant family history. This foundation helps us identify contraindications, anticipate healing capacity, and flag potential complications before any surgical planning begins. Your safety comes first.

The physical examination involves a direct, hands-on assessment of the area you're considering. For facial procedures, our surgeons evaluate bone structure, skin quality, tissue elasticity, and natural asymmetries. For body contouring, we assess skin laxity, fat distribution, muscle tone, and existing scarring. This in-person evaluation often reveals anatomical details that photographs simply can't capture: tissue thickness, fascial integrity, blood supply patterns, all of which shape the surgical approach and what outcomes are genuinely possible for you.

During the goal-clarity phase, your surgeon translates your personal aesthetic wishes into specific, achievable surgical endpoints. When a patient says "I'd love to look more refreshed," that can mean many things: upper blepharoplasty for hooded lids, mid-face volumisation for hollow cheeks, or neck liposuction for improved definition. This translation process is one of the most important parts of your consultation. It grounds your goals in anatomical reality and gives you a clear, honest picture of what surgery can and cannot achieve.

The technical explanation then walks you through the recommended procedure in meaningful detail: incision placement, tissue manipulation, implant specifications, anaesthesia type, surgical duration, and recovery timeline. Our surgeons use anatomical diagrams, before-and-after photo galleries, and sometimes digital imaging to help illustrate the proposed transformation. We want you to leave feeling genuinely informed, not overwhelmed, with a clear understanding of what will happen and why each step serves your aesthetic goal.

Pre-consultation preparation

A little preparation before your appointment can make a real difference to the guidance you receive. Compile a complete medication list, including supplements, herbal preparations, and over-the-counter drugs, since many substances affect bleeding risk, anaesthesia response, or healing. If you have documentation of previous surgeries, including operative reports where available, bring these along. They help our team avoid redundant questioning and alert your surgeon to any altered anatomy or scar tissue that may be relevant.

Preparing visual references is also genuinely useful. Gathering photographs that illustrate the aesthetic direction you're drawn to, not to replicate someone else's features but to communicate your personal style preferences, helps your surgeon understand your vision. Whether you're hoping for something subtle or a more noticeable change, images give you a shared language. Photographs of yourself from younger years are equally valuable, particularly for rejuvenation procedures, because they give our surgeons a sense of your baseline anatomy before the changes of time occurred.

Write down your questions before you arrive. It's natural to feel a little overwhelmed during an emotionally significant appointment, and having your questions written out ensures nothing important gets missed. Ask about specific complication rates, revision surgery frequency, post-operative pain management, activity restriction timelines, and long-term maintenance requirements. Bring a trusted companion if you can. Research consistently shows that patients recall less than 40 percent of medical information presented verbally, and having someone alongside you can make a meaningful difference to how much you take away from the appointment.

If possible, arrive in the best health you can manage. Stopping smoking improves wound healing and reduces complication risk significantly. Weight stabilisation matters particularly for body contouring procedures, where fluctuations can distort outcomes. Certain medications, including blood thinners, immunosuppressants, and hormones, may need adjustment in advance. Coming to your consultation in good health demonstrates your commitment to the process and may also shorten the pre-operative preparation period.

Essential questions that define quality consultations

Asking about your surgeon's qualifications is completely reasonable, and our team welcomes these conversations. Confirm board certification status directly, specifically whether certification comes from a recognised surgical board representing the most rigorous training pathways in cosmetic and plastic surgery. Hospital privileges at accredited facilities indicate peer review and standards compliance. Fellowship training in aesthetic surgery shows advanced specialisation beyond residency requirements.

When it comes to experience, procedure-specific volume matters more than general surgical numbers. Asking "How many times have you performed this exact procedure?" gives you meaningful insight into specialisation depth. A surgeon performing a high volume of a specific procedure annually brings a different level of expertise than one performing it occasionally among varied operations. Complication rate disclosure, while a sensitive topic, provides essential context. Our surgeons discuss realistic complication frequencies and revision rates openly, because honest communication is central to how we work.

Facility accreditation is worth exploring. Accreditation by recognised surgical facility bodies and relevant state and territory health departments confirms compliance with equipment standards, emergency protocols, and infection control. In-office surgical suite safety depends on this accreditation, and its absence is a significant risk.

Reviewing before-and-after photographs of patients with similar anatomy, age, and aesthetic goals gives you a realistic sense of what outcomes may look like for you. Unretouched photographs showing various angles and lighting conditions offer far more honest insight than heavily edited marketing images. Patient testimonials, whether through direct referral contact or video, add a human dimension to the visual results you're reviewing.

Financial transparency matters equally. A thorough fee breakdown should clearly itemise surgeon fees, anaesthesia fees, facility fees, implant costs, post-operative garment expenses, and medication costs. Payment timing, financing options, cancellation policies, and revision surgery costs should all be discussed openly. Vague pricing or unexpected charges have no place in a practice committed to patient-first care.

Ask directly what falls outside the quoted price. Touch-up treatments, scar revision procedures, additional office visits beyond standard follow-up, medical photography fees, and pre-operative medical clearance costs can sometimes appear as unexpected charges. Asking upfront is prudent, and any practice committed to transparency will welcome it.

Evaluating surgeon qualifications and credentials

Board certification is the essential qualification threshold for any cosmetic surgery consideration. Recognised surgical boards require completion of an accredited residency, written and oral examinations, and ongoing continuing education. This certification qualifies surgeons for both reconstructive and aesthetic procedures. Other medical specialties, including dermatology, otolaryngology, and oculoplastic surgery, offer legitimate cosmetic surgery training within their anatomical domains, but may not carry the same comprehensive plastic surgery scope.

Training pathway matters. Plastic surgery residency requires six to eight years of surgical training following medical school, with significant aesthetic surgery exposure. Cosmetic surgery fellowships add one to two years of concentrated technique refinement under established surgeon mentorship. This extended training produces fundamentally different skill sets than short-term cosmetic surgery certifications available to physicians from unrelated specialties, and it's a distinction worth understanding.

Hospital privileges confirm a layer of peer-reviewed competence that matters to your safety. Surgeons with admitting privileges at accredited hospitals undergo credentialing committees that review training records, complication rates, malpractice history, and procedural outcomes. Privileges specifically for the procedure you're considering, not just general surgical privileges, indicate recognised competence in that area. Surgeons operating exclusively in office settings without hospital privileges may lack this peer validation.

Professional society membership signals an ongoing commitment to education and ethical standards. Recognised plastic and aesthetic surgery societies require board certification, peer recommendations, ethical practice verification, and continuing education participation. These memberships reflect active engagement with evolving techniques and safety standards.

Malpractice history provides important context. State and territory medical board websites publicly disclose disciplinary actions, malpractice judgments, and licence restrictions. While isolated claims can occur even among skilled surgeons, recurring complaint patterns or multiple malpractice claims may suggest systematic concerns in complication management or patient communication. It's information you have every right to seek out.

Understanding your treatment plan

A surgical plan at Me Clinic translates your aesthetic goals into a clear operational roadmap, with defined outcomes, honest limitations, and a personalised approach built around your anatomy. The primary procedure recommendation addresses your chief aesthetic concern through the most appropriate surgical intervention. For facial rejuvenation, this might be a facelift using a specific technique, whether SMAS plication, deep plane, or limited incision, each offering different outcome profiles, recovery timelines, and longevity expectations that your surgeon will walk you through carefully.

Adjunctive procedure recommendations address secondary concerns that, if left untreated, could limit the results of your primary procedure. Eyelid surgery combined with a facelift, for example, prevents an aged eye appearance from undermining broader facial rejuvenation. Liposuction combined with abdominoplasty addresses fat excess that tummy tuck alone cannot resolve. These combinations should always come with clear justification: how each element contributes to a cohesive outcome, and whether staging procedures across multiple surgeries offers any advantages over simultaneous intervention.

Understanding why your surgeon recommends a specific technique over alternatives matters. Traditional facelift versus thread lift, silicone versus saline breast implants, open versus closed rhinoplasty: each choice involves real tradeoffs in invasiveness, recovery time, outcome predictability, and revision capability. Our team will explain these tradeoffs in language that makes sense to you.

Incision placement and scarring discussion sets realistic expectations about your appearance during and after healing. Your surgeon will indicate exact incision locations using anatomical landmarks or markings, describe what scar appearance typically looks like at various healing stages, and identify the factors that influence scar quality: skin type, sun exposure, genetic healing patterns, and smoking status. Before-and-after photographs showing healed scars on patients with similar skin tones offer the most honest preview of what you might expect.

Recovery timeline guidance lets you plan your life around the surgical process. The timeline should detail swelling and bruising resolution phases, activity restriction duration, work absence requirements, exercise resumption timing, and when you can expect to see your final result taking shape. Recovery demands vary considerably between procedures. Rhinoplasty typically allows most patients to return to work within two weeks, while abdominoplasty requires four to six weeks for comfortable movement and daily activity.

Anaesthesia type and setting define both your surgical experience and your risk profile. General anaesthesia in an accredited surgical facility suits major procedures requiring complete immobility and longer operating times. Local anaesthesia with sedation offers a lower risk profile for more minor procedures but limits surgical scope. Your consultation should specify the qualifications of your anaesthesia provider, whether a board-certified anaesthetist, certified registered nurse anaesthetist, or surgeon-administered sedation, because this shapes the safety infrastructure around your procedure.

Financial considerations and transparency

Total cost disclosure prevents unwelcome surprises and supports informed decision-making. A comprehensive cost breakdown should clearly separate surgeon professional fees, anaesthesia fees, surgical facility fees, implant or material costs, post-operative garment expenses, medication costs, and follow-up visit fees. This level of detail helps you understand where your investment is going and identify which components are fixed versus variable.

Payment timing policies matter for practical planning. Most practices require a deposit at booking, with the balance due before surgery or divided across pre-operative payments. Understanding cancellation and refund policies is equally important. Deposits are typically non-refundable or partially refundable within specific timeframes, representing an opportunity cost to practices holding surgical dates on your behalf.

Financing options can make procedures more accessible. Medical credit cards, healthcare-specific financing programmes, and practice payment plans offer structured payment approaches with varying interest rates and approval requirements. Understanding the total financing cost, including interest, gives you a clear picture of the true procedure expense. Some practices offer cash payment discounts for full upfront payment, and it's worth asking.

Revision surgery cost policies deserve explicit clarification before you proceed. Surgeons typically distinguish between revisions addressing surgical complications or errors, often covered within warranty periods, and revisions addressing patient preference changes or natural outcome variations, which generally require additional fees. Understanding this distinction clearly, and having it documented in writing within your surgical consent, protects both parties.

Insurance considerations remain relevant even for elective cosmetic procedures in certain circumstances. Procedures addressing genuine functional impairments, including breathing obstruction from a deviated septum during rhinoplasty, vision obstruction from ptotic eyelids during blepharoplasty, or back pain from macromastia during breast reduction, may qualify for partial insurance coverage. Your consultation should clarify medical necessity documentation requirements and pre-authorisation processes if insurance coverage appears applicable.

Ask directly what falls outside the quoted price. Touch-up treatments, scar revision procedures, additional office visits beyond standard follow-up, medical photography fees, and pre-operative medical clearance costs can sometimes appear as unexpected charges. Asking upfront is prudent, and any practice committed to transparency will welcome it.

Recognising quality consultation indicators

One of the clearest signs of a patient-centred practice is an unhurried consultation. At Me Clinic, we allocate meaningful time for history-taking, physical examination, technique explanation, and genuine question-answering, because rushing this process does a disservice to you. Consultations that feel hurried, with abbreviated examinations or perfunctory explanations, often reflect practice models that prioritise throughput over individualised care.

Honest outcome presentation is a hallmark of ethical practice. Surgeons who discuss limitations alongside possibilities, raise potential complications without waiting to be prompted, acknowledge procedures they cannot perform or anatomical factors that may limit outcomes, and occasionally

recommend against surgery when expectations exceed what is achievable, demonstrate the kind of professional integrity that should give you genuine confidence. Overselling outcomes, minimising risks, or offering anything resembling guaranteed results are serious ethical violations.

The quality of photographic evidence signals documentation standards and transparency. Before-and-after galleries showing consistent angles, lighting, and patient positioning reflect systematic outcome tracking and a willingness to be accountable. Multiple examples featuring patients with similar anatomy, age, and procedure type allow you to recognise patterns in surgical style and outcome consistency. Heavily edited photographs or an absence of relevant examples may suggest inadequate documentation practices.

Complication discussion thoroughness is a meaningful indicator of a surgeon's commitment to informed consent. Quality consultations specify procedure-specific complication frequencies, including infection rates, bleeding risks, asymmetry likelihood, revision surgery frequency, anaesthesia reactions, and scarring variations, with statistical context where available. Surgeons who downplay complications, attribute all negative outcomes to patient non-compliance, or refuse to discuss specific complication rates are not meeting the standard of care you should expect.

Staff professionalism reflects the broader culture of a practice. Responsive communication, organised scheduling, clear financial explanations, and courteous patient interaction indicate a well-managed practice with genuine quality control. Disorganised administrative processes, pressure tactics, or dismissive responses to your questions often predict the kind of post-operative service experience you'd rather avoid.

Willingness to offer a facility tour is another quiet indicator of transparency. A practice proud of its surgical suite, recovery areas, equipment, and accreditation will welcome the opportunity to show you. Practices that decline facility tours raise legitimate questions about equipment maintenance, cleanliness standards, or accreditation status.

Post-consultation decision making

The decision-making period following your consultation deserves the same thoughtfulness you brought to the appointment itself. Review all written materials provided, including procedure descriptions, consent forms, cost breakdowns, and pre-operative instruction sheets, in a calm environment where you can read carefully and reflect. Information absorbed during an emotionally significant consultation often lands differently when reviewed quietly at home.

Consulting with at least two, and ideally three, board-certified surgeons gives you valuable perspective on recommendation consistency and the differences between surgical approaches. When experienced surgeons consistently recommend the same course of action, that alignment suggests a standard-of-care approach. Significantly divergent recommendations warrant thoughtful investigation into why qualified surgeons might propose different solutions for the same concern.

Taking time to reflect without pressure is a sign of a healthy decision-making process. Reputable surgeons, including our team at Me Clinic, encourage multi-week reflection periods. Cosmetic surgery is an elective decision with real life impact, and it deserves that space. Any practice using pressure tactics, whether limited-time pricing, immediate booking requirements, or discouragement of additional consultations, is demonstrating a practice philosophy incompatible with patient-centred care.

Organising your evaluation criteria objectively can help. A straightforward comparison of surgeon qualifications, facility accreditation, procedure details, recovery requirements, total costs, complication rates, and revision policies allows for systematic assessment. Weighed alongside your instinctive sense of rapport and trust with the surgeon, this kind of structured reflection supports well-grounded decision-making.

Discussing your surgical plans with trusted friends, family members, your primary care physician, or a mental health professional brings external perspective to what is, at its heart, a deeply personal decision. These conversations provide reality-checking, emotional support, and practical assistance in planning for recovery.

Watch for warning signs. Surgeons without board certification, facilities lacking accreditation, an inability to provide relevant before-and-after photographs, refusal to discuss complications openly, pressure tactics, significantly below-market pricing, promises of specific results, dismissive responses to your questions, or recommendations for procedures entirely unrelated to your stated concerns all warrant stepping back and seeking an alternative consultation.

Finally, honest self-reflection about your mental and emotional readiness matters. Cosmetic surgery undertaken during periods of significant life upheaval, major relationship changes, or mental health instability consistently produces higher dissatisfaction rates, regardless of how technically successful the surgery was. Stable life circumstances, realistic expectations, adequate recovery support, and motivation that comes from within rather than external pressure are the foundations of a positive surgical experience.

Your consultation at Me Clinic is the most significant phase of your aesthetic surgery journey. Approaching it with thoughtful preparation, informed questions, and an open mind transforms it from a simple information exchange into a genuine medical planning partnership. The quality of this consultation shapes not only your surgical results, but the entire experience: communication clarity, complication management, and your long-term sense of satisfaction and confidence.

Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts - **Service name:** Online Cosmetic Surgery Consultation Form - **Provider:** Me Clinic - **Service category:** Cosmetic Surgery Consultation - **Consultation format:** Online assessment with secure image upload - **Response timeframe:** Within 24 hours - **Follow-up method:** Personalised one-on-one discussion with patient coordinator - **In-clinic consultation duration:** 45 to 90 minutes - **Provider experience:** Over 35 years - **Consulting practitioners:** Dedicated Plastic Surgeons or Cosmetic Doctors - **Treatment areas covered:** Face, body, and skin treatments - **Availability:** In stock - **Condition:** New

General product claims - The consultation is described as "the cornerstone of your entire surgical journey" and a "genuine medical planning partnership" - Consultation quality is claimed to have "a profound influence on surgical satisfaction, complication management, and long-term patient wellbeing" - Me Clinic states it allocates "meaningful time" for consultations and does not operate a "volume-driven" practice model - Surgeons are described as translating aesthetic wishes into "specific, achievable surgical endpoints" - Financial transparency is characterised as "an expression of respect for our patients" - The practice claims to encourage multi-surgeon consultations and multi-week reflection periods without pressure - Me Clinic states patient wellbeing "truly does come first" - The consultation is described as combining "careful medical assessment, thoughtful surgical planning, honest informed consent education, and the beginning of a genuine patient-surgeon relationship" - Patients recalling less than 40 percent of verbal medical information is cited as justification for bringing a companion, presented as research-based but source documentation not provided in this guide - Recovery timeframes cited (rhinoplasty: two weeks; abdominoplasty: four to six weeks) are presented as typical ranges, not guaranteed outcomes

Related Products & Brand Context

The **Online Cosmetic Surgery Consultation Form** is offered by **Me Clinic**, an Australian cosmetic surgery provider operating through meclinic.com.au. Me Clinic's identity within the linked entity is positioned squarely in the healthcare services space, specifically under cosmetic surgery consultation. This form serves as the entry point into Me Clinic's patient pathway — it is a pre-consultation tool rather than a standalone treatment offering, designed to prepare prospective patients before they attend an in-person visit.

Within the category hierarchy, this product sits under **Healthcare Services > Cosmetic Surgery Consultation**. It is a digital intake service rather than a physical product or a clinical procedure, which distinguishes it from the downstream treatments it supports. According to the linked entity, the form covers **face, body, and skin treatments**, suggesting it acts as a single gateway to a broad range of cosmetic procedures across those three areas rather than being scoped to one specific treatment type. The knowledge graph does not surface sibling consultation forms or parallel intake tools from Me Clinic, so no direct product-range comparisons can be drawn from the available context.

From a use-case adjacency perspective, someone completing this consultation form is likely preparing to engage with cosmetic surgical or non-surgical procedures across face, body, or skin categories. Adjacent needs would typically include information resources about specific procedures, pre-operative guidance, and aftercare products — though none of these are explicitly named in the available graph context, so no specific Me Clinic products can be cited here.

The form's core differentiator, as described, is its combination of secure image upload, a personalised response from a patient coordinator, and a 24-hour turnaround. This positions it as an asynchronous but high-touch first step in a clinical consultation process, bridging the gap between initial interest and a scheduled in-clinic appointment.