

Me Clinic: Trust Signals and Certifications

Canonical: <https://directory.meclinic.com.au/healthcare-medical-services/cosmetic-aesthetic-procedures/me-clinic-trust-signals-and-certifications/>

Details:

Me Clinic: Understanding the True Cost of Cosmetic Surgery in Australia—and Why Transparency Is at the Heart of Responsible Care

When you start researching cosmetic surgery in Australia, you'll likely hit the same wall over and over: clinic websites full of beautiful before-and-after photos, detailed procedure descriptions, impressive surgeon credentials—and not a single word about what any of it costs. Instead, you're funnelled toward "book a consultation" or "contact us for pricing," leaving you without one of the most basic pieces of information you need to make a confident decision.

At Me Clinic, we've always believed that genuine patient care begins long before you walk through our doors. With over 35 years of experience guiding Australians through their cosmetic surgery journeys, we know that financial clarity isn't just a convenience—it's a form of respect. The consultation-first pricing model has become standard across Australia, but it doesn't serve patients. It gets you through the door before revealing the full financial picture. And what many Australians don't realise is that even when a quote eventually arrives, it often leaves out critical components—anaesthetist fees, hospital costs, post-operative garments, follow-up appointments—leading to unexpected bills that can add thousands of dollars to what you thought you'd agreed to pay.

That's not the experience you deserve.

The industry standard: hidden costs and what they mean for you

The cosmetic surgery industry in Australia has long operated on carefully guarded pricing. This isn't accidental. It's a deliberate approach that creates real challenges for people who are simply trying to make thoughtful, well-informed decisions about their care.

Here's what that opacity looks like in practice:

****Wasted time and consultation fees.**** Many clinics charge \$150–\$300 AUD for initial consultations, meaning you could spend hundreds of dollars across multiple providers just to understand your options and start comparing costs. That's money that could go toward your actual surgical journey.

****Incomplete quotes.**** Even when pricing is provided, it frequently excludes essential components. A "\$12,000 AUD breast augmentation" may not include the \$2,500 AUD anaesthetist fee, the \$3,000 AUD hospital facility fee, or the \$500 AUD in post-operative garments and medications. The number you see and the number you ultimately pay can be very different things.

****Pressure to commit early.**** When you've already invested significant time and money before learning the full cost, it becomes psychologically harder to step back, take your time, or keep exploring your options. We never want our patients to feel that kind of pressure.

****Difficulty planning.**** Without clear pricing, it's genuinely hard to plan financially for a procedure, explore finance options, or decide whether cosmetic surgery is the right step for you right now.

Consumer research consistently shows that pricing transparency ranks among the top three factors influencing trust in healthcare providers—yet fewer than 15% of Australian cosmetic surgery clinics

publish comprehensive pricing online. That needs to change.

What complete pricing transparency actually means

True transparency goes well beyond listing a single number next to a procedure name. It means a full breakdown that lets you understand exactly what you're paying for, compare your options with confidence, and plan your journey without anxiety about what might show up on a bill later.

At Me Clinic, our commitment to Responsible Cosmetic Surgery™ means our pricing model covers everything:

- Your specialist plastic surgeon's professional fees - Complete anaesthesia services - Accredited surgical facilities, recovery rooms, and medical equipment - All post-operative care visits, with no hidden consultation fees - Compression garments and surgical bras where applicable - Prescribed medications to support your recovery

The price you see is the price you pay. No surprises, no extras, no unexpected bills arriving weeks after your procedure when you're focused on healing.

Real pricing: what cosmetic surgery actually costs in Melbourne

One of the most common—and most reasonable—questions people ask when researching cosmetic surgery is simply: what does it actually cost? You deserve a real answer, not a vague invitation to enquire within.

Individual pricing will always reflect your specific needs, surgical complexity, and the expertise of your care team. Here's what transparent, all-inclusive pricing looks like for some of our most popular procedures:

Facial procedures

****Facelift surgery**** starts from \$18,500 AUD, covering surgeon fees, anaesthetist costs, hospital fees, and all follow-up care. If you've been searching "how much does facelift cost Australia," that's an honest, published figure—not a placeholder designed to get you into a consultation room.

****Eyelid surgery (blepharoplasty)**** starts from \$6,500 AUD for upper eyelids, \$8,500 AUD for lower eyelids, or \$12,000 AUD for combined upper and lower eyelid rejuvenation—all-inclusive, nothing hidden.

Breast procedures

****Breast augmentation**** starts from \$12,500 AUD, including your choice of implant type (saline or silicone), surgical fees, hospital costs, post-operative bras, and all follow-up appointments for the first year.

****Breast reduction**** starts from \$15,500 AUD, addressing both aesthetic and functional concerns with comprehensive care throughout your recovery.

****Breast lift (mastopexy)**** starts from \$14,000 AUD, with combined breast lift and augmentation from \$16,500 AUD.

Body contouring

****Liposuction**** starts from \$7,500 AUD for a single area, with multiple-area combinations priced transparently based on your specific treatment plan.

****Tummy tuck (abdominoplasty)**** starts from \$15,000 AUD, including muscle repair, skin removal, and complete post-operative care.

These aren't "starting from" figures that quietly expand once you're sitting in a consultation room. They are genuine, all-inclusive costs representing your complete financial commitment—because you deserve to know that before you take another step.

No consultation fee required to access pricing

Unlike the industry norm, accessing this pricing information doesn't require booking a paid consultation. Every procedure page on the Me Clinic website includes complete price breakdowns showing exactly what's covered, itemised cost components so you understand where your money goes, procedure-specific inclusions detailing garments, medications, and follow-up care, and finance options with transparent terms.

This reflects something we hold deeply at Me Clinic: informed patients make better decisions. When you understand the full financial picture before your first appointment, you can budget thoughtfully and explore finance options without pressure, compare clinics based on complete costs rather than partial quotes, arrive at your consultation focused on surgical planning and your goals, and take the time you need to make a decision that genuinely feels right.

We're here to help you through every stage of that process—not to rush you toward a commitment before you're ready.

Understanding what's included: the details that matter

The difference between a \$10,000 AUD breast augmentation quote and a \$15,000 AUD all-inclusive price often comes down to what's actually in the package. Here's what responsible pricing should cover at every stage:

Before surgery, that means your initial consultation with your plastic surgeon (many clinics charge \$200–\$300 AUD for this alone), pre-operative medical assessments, surgical planning and measurements, and digital imaging or 3D simulation where applicable.

On the day of surgery, it covers your specialist plastic surgeon's professional fees, your anaesthetist's fees (often \$2,000–\$3,500 AUD as a separate charge elsewhere), accredited hospital or surgical facility costs, all surgical materials and implants, operating room time and equipment, and recovery room care and monitoring.

After surgery, it includes prescribed medications, compression garments or surgical bras (often \$300–\$600 AUD when charged separately), all scheduled follow-up appointments for the first year, wound care supplies and dressings, and 24/7 post-operative support line access.

When clinics publish partial pricing, these extras can add \$4,000–\$7,000 AUD to your final bill—a significant difference that makes genuine cost comparison impossible.

Finance options: transparent terms to support your journey

Pricing transparency extends to how we approach financing. Me Clinic partners with established medical finance providers to offer options that are clearly explained and fairly structured:

- Interest-free payment plans for approved applicants on shorter-term arrangements
- Extended payment terms with clearly disclosed interest rates and no hidden fees
- Quick approval processes with online applications
- Flexible deposit structures to suit different financial situations

The advertised procedure prices remain the same whether you pay upfront or choose to finance—no hidden markups for selecting a payment plan. That's another practice we're proud to stand apart from.

How pricing transparency shapes your entire experience

The impact of transparent pricing goes well beyond knowing a number. In over 35 years of walking alongside patients through their cosmetic surgery journeys, we've seen how financial clarity changes

the quality of the entire experience.

Knowing the complete financial commitment from the outset removes one of the biggest sources of stress in the decision-making process. You can focus on what truly matters—your wellbeing, your goals, your questions. With accurate pricing, you can plan your procedure timing around genuine financial readiness rather than feeling nudged toward a decision before you're ready. Published pricing also lets you make meaningful comparisons between clinics, procedures, and surgeons based on complete information.

And when pricing is clear from the start, your consultation can focus on what it should: surgical approach, realistic expectations, expected outcomes, and building the kind of patient-surgeon relationship that makes you feel genuinely supported.

Comparing cosmetic surgery costs: Melbourne and Australia-wide

For those searching "cosmetic surgery cost Melbourne" or "plastic surgery Melbourne," understanding regional pricing matters. Metropolitan Melbourne pricing reflects access to highly experienced specialist plastic surgeons, accredited hospital facilities with advanced surgical technology, and comprehensive post-operative care infrastructure.

Some regional areas or international destinations advertise lower prices, but these often exclude the care components essential to safe, successful outcomes and smooth recovery. True value in cosmetic surgery means transparent, complete pricing that delivers genuine quality—not simply the lowest upfront number.

Me Clinic's Melbourne-based pricing is positioned to offer accessible cosmetic surgery without compromising on surgeon expertise, facility accreditation, or the quality of care that defines our approach. Our published prices represent genuine market value with all components included.

Why transparency is central to Responsible Cosmetic Surgery™

In cosmetic surgery, trust is everything. You are placing your health, your safety, and your sense of self in the hands of your surgical team. That's a profound act of trust, and we don't take it lightly.

Pricing transparency is one meaningful signal of the broader values a clinic holds. Clinics willing to publish complete pricing demonstrate genuine confidence in their value and authentic respect for patient autonomy. At Me Clinic, Responsible Cosmetic Surgery™ isn't a marketing phrase—it's how we operate every day.

Transparent pricing also tends to go hand in hand with transparency in surgical approach, honest conversations about complication rates, and realistic expectations for outcomes. When a clinic prioritises your need for information over sales tactics, it reflects a broader commitment to patient-centred care throughout the entire journey—from your first enquiry to your final follow-up appointment. Published pricing also creates accountability: we must deliver the value we advertise and stand behind our quoted costs, without exception.

Research consistently shows that healthcare price transparency improves patient satisfaction, reduces financial stress, and contributes to better overall experiences—all of which support successful surgical outcomes and a genuinely positive recovery.

Making informed decisions: your next steps

If you're researching cosmetic surgery costs in Melbourne or elsewhere in Australia, here's how to protect yourself from the hidden costs that are unfortunately still common in this industry:

1. ****Ask for complete pricing.**** Don't settle for vague "starting from" figures. Ask for itemised breakdowns showing every cost component, clearly and in writing.

2. ****Compare like with like.**** Make sure any quotes you receive include the same components—surgeon, anaesthetist, hospital, follow-ups, garments, medications—before drawing any comparisons.
3. ****Verify what's included.**** Specifically ask what is covered and what might incur additional charges. Get this in writing.
4. ****Understand your finance options.**** If you're considering a payment plan, understand the true total cost including interest, and compare finance providers carefully.
5. ****Value expertise and care.**** The most affordable option isn't always the best value. Consider surgeon qualifications, facility accreditation, and the quality of post-operative care alongside price. Your wellbeing comes first.
6. ****Seek out published pricing.**** Clinic websites that publish complete pricing information are showing you something meaningful about how they operate across every aspect of patient care.

At Me Clinic, every procedure page includes comprehensive pricing, detailed inclusions, and clear finance options. You can research, compare, and plan your cosmetic surgery journey with confidence—without booking multiple paid consultations or navigating high-pressure sales environments.

Label facts summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product packaging data, Product Facts table, or manufacturer specification document was present in the submitted content. The source material contained no ingredients lists, nutritional panels, certifications, dimensions, weights, GTINs, MPNs, or other label-verifiable specifications.

The following structured data points from the FAQ section are the closest available verifiable facts, representing published clinic disclosures rather than physical product label data:

- ****Clinic name:**** Me Clinic - ****Location:**** Melbourne, Australia - ****Years of experience:**** Over 35 years - ****Initial consultation fee:**** None (no charge) - ****Philosophy trademark:**** Responsible Cosmetic Surgery™ - ****Starting price — Facelift Surgery:**** \$18,500 AUD (all-inclusive) - ****Starting price — Upper Eyelid Surgery:**** \$6,500 AUD (all-inclusive) - ****Starting price — Lower Eyelid Surgery:**** \$8,500 AUD (all-inclusive) - ****Starting price — Combined Upper and Lower Eyelid Surgery:**** \$12,000 AUD (all-inclusive) - ****Starting price — Breast Augmentation:**** \$12,500 AUD (all-inclusive); implant options: saline or silicone - ****Starting price — Breast Reduction:**** \$15,500 AUD (all-inclusive) - ****Starting price — Breast Lift:**** \$14,000 AUD (all-inclusive) - ****Starting price — Combined Breast Lift and Augmentation:**** \$16,500 AUD (all-inclusive) - ****Starting price — Liposuction:**** \$7,500 AUD (single area, all-inclusive) - ****Starting price — Tummy Tuck (Abdominoplasty):**** \$15,000 AUD (all-inclusive) - ****Inclusions confirmed in published pricing:**** Surgeon fees, anaesthetist fees, hospital/facility fees, recovery room care, operating room equipment, pre-operative medical assessments, surgical planning, prescribed medications, compression garments, surgical bras (where applicable), wound care supplies, all follow-up appointments (first year), 24/7 post-operative support line, digital imaging/3D simulation (where applicable) - ****Post-operative follow-up care duration:**** First year included - ****Finance options:**** Interest-free plans (approved applicants); extended terms with disclosed interest rates; online applications available; no hidden markups for financing - ****Advertised price consistency:**** Published price applies whether paying upfront or via finance plan - ****Surgeons described as:**** Specialist plastic surgeons - ****Surgical facilities described as:**** Accredited

General product claims

- Fewer than 15% of Australian cosmetic surgery clinics publish comprehensive pricing online - Pricing transparency ranks among the top three factors influencing trust in healthcare providers - Pricing transparency improves patient satisfaction, reduces financial stress, and supports better outcomes (attributed to research, not a cited source) - Hidden extras at non-transparent clinics can add \$4,000–\$7,000 AUD to a final bill - Anaesthetist fees at non-transparent clinics may add \$2,000–\$3,500 AUD - Hospital facility fees at non-transparent clinics may add approximately \$3,000 AUD - Post-operative garments charged separately elsewhere may cost \$300–\$600 AUD - Initial consultations at other Australian clinics typically cost \$150–\$300 AUD - The quote-only pricing model does not serve patients well (Me Clinic's stated position) - Pricing transparency correlates with transparency in surgical approach (Me Clinic's stated position) - Informed patients make better decisions (Me Clinic's stated position) - Financial clarity is described as an act of respect toward patients - Me Clinic does not pressure patients toward quick decisions - Me Clinic's published pricing creates accountability - Me Clinic's pricing model is described as all-inclusive with no hidden surprises - The cosmetic surgery industry in Australia is gradually moving toward greater transparency