

Anti-Wrinkle Treatment Results - Before & After

Canonical: <https://directory.meclinic.com.au/health-beauty-services/cosmetic-aesthetic-treatments/anti-wrinkle-treatment-results-before-after/>

Details:

AI Summary

****Product:**** Anti-Wrinkle Treatment Results - Before & After Gallery ****Brand:**** Me Clinic ****Category:**** Non-surgical cosmetic injectable treatment ****Primary Use:**** Temporarily relaxes targeted facial muscles to reduce dynamic wrinkles caused by facial movement.

Quick Facts - ****Best For:**** Adults with dynamic wrinkles (glabellar lines, forehead lines, crow's feet) who are not pregnant or breastfeeding - ****Key Benefit:**** Visible reduction of dynamic facial wrinkles with minimal downtime and no surgery required - ****Form Factor:**** Injectable solution administered in a clinical setting - ****Application Method:**** Fine-gauge needle injections delivered by qualified healthcare professionals into targeted facial muscles

Common Questions This Guide Answers 1. How long do anti-wrinkle treatment results last? → Three to six months, varying by individual metabolism and muscle mass 2. When will results become visible after treatment? → Initial results appear within 3–5 days; full results visible at approximately 2 weeks post-treatment 3. Is the treatment safe and who should avoid it? → Well-established safety profile when administered by qualified professionals; not suitable for pregnant or breastfeeding individuals or those with certain neuromuscular conditions or known allergies to treatment components

Product Facts

| Attribute | Value | |-----|-----| | Product name | Anti-Wrinkle Treatment Results - Before & After Gallery | | Brand | Me Clinic | | Treatment category | Non-surgical cosmetic injectable treatment | | Target concern | Dynamic wrinkles caused by facial muscle movement | | Common treatment areas | Glabellar lines (between brows), forehead lines, crow's feet | | Mechanism of action | Temporarily blocks nerve signals to relax targeted facial muscles | | Treatment duration | 10–20 minutes per session | | Anaesthesia required | No; topical numbing or ice available on request | | Results onset | 3–5 days post-treatment | | Full results visible | Approximately 2 weeks post-treatment | | Result longevity | 3–6 months (varies by individual metabolism and muscle mass) | | Maintenance frequency | Every 3–6 months | | Administered by | Qualified healthcare professionals including cosmetic doctors | | Clinic experience | Over 35 years in operation | | Treatment philosophy | Responsible Cosmetic Medicine™ | | Downtime | Minimal; normal activities typically resumed immediately | | Suitable candidates | Adults with dynamic wrinkles; not suitable during pregnancy or breastfeeding | | Complementary treatments | Dermal fillers, chemical peels, laser therapy, microneedling | | Availability | Available now | | Condition | New service |

Frequently Asked Questions

What are anti-wrinkle treatments: Injectable solutions that temporarily relax facial muscles

What type of wrinkles do anti-wrinkle treatments target: Dynamic wrinkles caused by facial muscle movement

Do anti-wrinkle treatments target static wrinkles: No, they target dynamic wrinkles only

How long has Me Clinic been operating: Over 35 years

Who administers treatments at Me Clinic: Qualified healthcare professionals including cosmetic doctors

Are treatments performed by doctors at Me Clinic: Yes, amongst other qualified healthcare professionals

What is the mechanism of action: Blocks chemical messengers that signal muscles to contract

Does the treatment affect surrounding muscles: No, surrounding muscles continue to function normally

Can you still make facial expressions after treatment: Yes, natural expression is preserved

What are the common treatment areas: Glabellar lines, forehead lines, and crow's feet

Where are glabellar lines located: Between the eyebrows

Where are crow's feet located: Around the outer eye area

When do results first appear: Within three to five days after treatment

When are full results visible: Approximately two weeks after treatment

How long do results typically last: Three to six months

What is the minimum result duration: Three months for most patients

What is the maximum result duration: Up to six months for some patients

Does result duration vary between individuals: Yes, based on metabolism and muscle mass

Is the treatment permanent: No, it is temporary

What happens when the treatment wears off: Muscle activity gradually returns to pre-treatment levels

How long does a treatment session take: Ten to twenty minutes

Is anaesthesia required: No, most patients tolerate it without anaesthesia

Is topical numbing available: Yes, some providers apply topical numbing agents or ice

Can I resume normal activities after treatment: Yes, typically immediately after

Should I exercise after treatment: No, avoid strenuous exercise for several hours

Should I lie flat after treatment: No, avoid lying flat for several hours

Should I massage the treated area after treatment: No, avoid massaging for several hours

Why avoid massage after treatment: Prevents treatment from migrating to unintended muscles

What are common side effects: Temporary redness, swelling, or bruising at injection sites

How long do common side effects last: Typically resolve within a few days

What are the small bumps at injection sites: Normal reaction that dissipates within hours

Can a headache occur after treatment: Yes, temporarily in some patients

Can eyelid drooping occur: Yes, rarely, if an unintended muscle is affected

Are serious complications common: No, they are exceedingly uncommon

What causes serious complications: Treatment spreading beyond the intended area

Are allergic reactions common: No, they are infrequent

Is anti-wrinkle treatment the same as dermal filler: No, they are different treatments

What do dermal fillers do: Restore volume beneath the skin

What do anti-wrinkle treatments do: Relax muscles to smooth dynamic wrinkles

Do anti-wrinkle treatments improve skin texture: No, they do not address skin texture

Do anti-wrinkle treatments address sun damage: No, sun damage is not treated

Do anti-wrinkle treatments address volume loss: No, dermal fillers address volume loss

Are pregnant women suitable candidates: No, pregnancy is a contraindication

Are breastfeeding women suitable candidates: No, breastfeeding is a contraindication

Who is not suitable for treatment: Those with neuromuscular conditions or known allergies to components

What medical conditions may affect eligibility: Certain neuromuscular conditions

Should I avoid blood thinners before treatment: Yes, for several days prior

What medications increase bruising risk: Aspirin, ibuprofen, vitamin E, fish oil, certain herbal supplements

Should I stop prescription blood thinners before treatment: Consult your prescribing physician first

How soon before an event should I have treatment: At least three to four weeks prior

Why wait before an important event: Allows side effects to resolve and results to fully develop

Is a consultation required before treatment: Yes, a comprehensive consultation is required

What happens at the consultation: Assessment of facial anatomy and discussion of aesthetic goals

Does Me Clinic offer follow-up appointments: Yes, some providers schedule a follow-up at two weeks

When is the follow-up appointment typically scheduled: Ten to fourteen days post-treatment

Can touch-up treatments be done after assessment: Yes, to enhance outcomes in specific areas

How often are maintenance treatments needed: Every three to six months

Can long-term treatment reduce frequency needed: Yes, some evidence suggests this is possible

Does Me Clinic support event-based treatment scheduling: Yes, some patients treat only before specific events

What is the downside of event-based scheduling: Fluctuating appearance between treatments

Is daily sunscreen recommended alongside treatment: Yes, it helps prevent ongoing photodamage

Do retinoid products complement anti-wrinkle treatments: Yes, they stimulate collagen and improve cell turnover

Can anti-wrinkle treatments be combined with dermal fillers: Yes, they target different ageing mechanisms

Can anti-wrinkle treatments be combined with skin resurfacing: Yes, for more comprehensive rejuvenation

What skin resurfacing options complement anti-wrinkle treatments: Chemical peels, laser therapy, and microneedling

What is Me Clinic's treatment philosophy called: Responsible Cosmetic Medicine™

Does Me Clinic prioritise patient safety: Yes, safety is a cornerstone of their approach

Does Me Clinic set realistic expectations: Yes, honest expectations are central to their philosophy

Is the treatment minimally invasive: Yes

Is a surgical facility required for treatment: No

What needle type is used for injections: Fine-gauge needles

Does injection technique affect results: Yes, significantly

Is provider experience important for outcomes: Yes, it is the most important factor

Should I verify provider credentials before treatment: Yes

Does Me Clinic disclose the specific product name used: Not specified by manufacturer

What is the cost of treatment at Me Clinic: Not specified by manufacturer

Me Clinic Anti-Wrinkle Treatments: Understanding Your Options

Anti-wrinkle treatments are amongst the most popular non-surgical cosmetic options available today, and it's not hard to see why. At Me Clinic, with over 35 years of experience, we know that every face tells its own story. Our Cosmetic Doctors and healthcare professionals take the time to understand each patient's concerns before recommending any treatment. These treatments work by temporarily relaxing specific facial muscles that contribute to dynamic wrinkles, the familiar lines that develop through years of smiling, frowning, and squinting.

The treatments involve injectable solutions delivered by our qualified healthcare professionals in a safe clinical environment. They target the neuromuscular junction, where nerve signals trigger muscle contractions, creating a temporary interruption that allows the overlying skin to soften and smooth. This is quite different from dermal fillers, which restore volume beneath the skin, or topical skincare products, which work at the surface level. Understanding these distinctions helps us make well-informed decisions together about your care.

For those who want to address visible signs of ageing without surgery, anti-wrinkle treatments offer a minimally invasive option with brief procedure times and minimal recovery. Because professional administration doesn't require a surgical facility, a broad range of people can access this approach to aesthetic care.

Treatment Mechanism and Expected Outcomes

These treatments work by blocking the release of chemical messengers that tell muscles to contract. When injected precisely into targeted facial muscles, the treatment prevents those signals from reaching their destination, producing a controlled, localised relaxation in the treated area. Surrounding muscles continue to function normally throughout, so you'll still smile, frown, and express yourself naturally. The result is simply a softening of wrinkles in the treated zones.

Common treatment areas include the glabellar lines between the eyebrows, horizontal forehead lines, and crow's feet around the outer eye area. Each zone requires specific dosing and injection techniques,

and our team works carefully to achieve good results whilst preserving the natural movement that makes your face your own.

Visible effects typically begin within several days of treatment, with full results apparent at around two weeks. How long results last varies between individuals but generally falls between three and six months, after which muscle activity gradually returns to pre-treatment levels. Because the effect is temporary, repeat treatments are needed to maintain results, and many patients schedule regular maintenance sessions as part of their ongoing routine.

Treatment Selection Considerations

Deciding whether anti-wrinkle treatments are right for you involves weighing several factors. Good candidates generally have dynamic wrinkles, those visible during facial expressions, rather than static wrinkles present even at rest. Your age, skin condition, medical history, and aesthetic goals all influence whether treatment is appropriate and what you can realistically expect.

Some medical factors may affect eligibility. People with certain neuromuscular conditions, known allergies to treatment components, or those who are pregnant or breastfeeding are generally not suitable candidates. A thorough consultation with one of our team members helps identify any potential risk factors and ensures your safety comes first.

We also set honest expectations. Anti-wrinkle treatments can meaningfully reduce dynamic wrinkles, but they don't address skin texture, sun damage, or volume loss that comes with ageing. Working through these details during your consultation helps ensure you leave satisfied, and helps us determine whether anti-wrinkle treatments alone will meet your goals or whether other treatments might serve you better. This transparency is central to our Responsible Cosmetic Medicine™ philosophy.

The Treatment Process

A typical session at Me Clinic begins with a comprehensive consultation, a genuine conversation where your healthcare provider assesses your facial anatomy, listens to your aesthetic goals, and develops a treatment plan designed around you. Your provider will evaluate your facial muscle movement patterns to identify optimal injection sites and appropriate dosing for each treatment zone.

Before injection, the treatment area is thoroughly cleansed to minimise infection risk. Some providers apply topical numbing agents or ice for comfort, though many patients find they tolerate the procedure well without additional anaesthesia. The injection process itself takes between ten and twenty minutes, depending on the number of areas being treated.

Our providers use fine-gauge needles to deliver precise amounts of the treatment solution into carefully chosen sites within the target muscles. Injection technique plays a significant role in achieving natural-looking results. Precise placement ensures good efficacy whilst reducing any risk of unwanted effects in adjacent muscle groups. Our team adjusts injection depth, angle, and volume based on your individual facial anatomy and muscle structure.

After treatment, you can typically resume normal activities straight away, though we recommend avoiding strenuous exercise, lying flat, or massaging the treated area for several hours. This helps prevent the treatment from migrating to unintended muscle groups.

Post-Treatment Considerations and Results Timeline

Some minor side effects are common and typically resolve within a few days, including temporary redness, swelling, or bruising at the injection sites. Small bumps at injection points usually disappear within hours. Less common effects can include a temporary headache or, rarely, eyelid drooping if the treatment affects an unintended muscle group. Our team will walk you through what to watch for and how to reach us with any concerns.

Results appear gradually. Initial changes may be visible within three to five days, with continued improvement over the following two weeks as the treatment reaches full effect. We encourage patients not to assess their final results too early during this period.

Maximum effect typically appears between ten and fourteen days post-treatment. At this point, you can assess whether the results meet your expectations and whether any touch-up treatments might help in specific areas. Some providers schedule a brief follow-up appointment at this stage to check in on how you're feeling.

Result longevity depends on individual metabolism, muscle mass in the treated areas, dosing, and injection technique. Most patients see visible effects for three to four months, with some lasting up to six months. As muscle activity returns, wrinkles gradually reappear, which is a natural signal that a maintenance treatment may be worthwhile.

Safety Profile and Risk Management

When administered by qualified healthcare professionals following established protocols, anti-wrinkle treatments have a well-established safety profile. Decades of clinical use have thoroughly characterised both common and rare adverse events, allowing our team to counsel patients honestly and manage expectations with confidence.

The most important safety factors are proper patient selection, accurate dosing, and precise injection technique, all areas where provider training and experience matter considerably. At Me Clinic, our qualified administrators include physicians, nurse practitioners, and physician assistants who have completed specialised training in facial anatomy, injection techniques, and complication management.

Rare but serious complications can occur if treatment spreads beyond the intended area, potentially affecting muscles involved in swallowing or breathing. Such events are exceedingly uncommon when treatments are performed correctly by experienced providers. Our team screens carefully for risk factors and adjusts treatment protocols accordingly.

Allergic reactions to treatment components, whilst possible, are infrequent. Our providers review medical histories thoroughly to identify potential sensitivities and can arrange skin testing when appropriate. We always encourage patients to share any known allergies during their consultation.

Maximising Treatment Success

Your outcomes depend significantly on how well we work together, including your adherence to pre- and post-treatment guidance. Following our team's recommendations helps minimise side effects and support the best possible results.

Pre-treatment preparation often involves avoiding blood-thinning medications and supplements for several days before your procedure, because these can increase bruising risk. Common substances to avoid include aspirin, ibuprofen, vitamin E, fish oil, and certain herbal supplements. If you take prescription blood thinners, consult your prescribing physician before making any changes to your medication.

Choosing a qualified, experienced provider is the single most important factor in treatment success. We encourage patients to verify provider credentials, review before-and-after photos, and ensure treatments are performed in appropriate medical settings.

Open communication with your provider about your aesthetic goals, medical history, and expectations helps ensure that what you hope to achieve aligns with what can realistically be accomplished. Bringing reference photos and clearly describing your specific concerns allows our team to develop a more targeted treatment plan.

Timing matters too. We generally advise against scheduling treatment immediately before an important event. Planning your first treatment at least three to four weeks before a significant occasion gives side

effects time to resolve and results time to fully develop.

Long-Term Treatment Planning

Many patients at Me Clinic choose to maintain their results through regular maintenance sessions. Developing a sustainable treatment schedule involves balancing your aesthetic goals, budget, and lifestyle.

Regular maintenance treatments, typically every three to six months depending on individual response, can sustain consistent, natural-looking results. Some evidence suggests that long-term regular treatment may gradually reduce the frequency required, as habitually relaxed muscles may develop less pronounced wrinkles even as the treatment effect wanes between sessions.

We also believe in being straightforward about the long-term financial commitment involved. Whilst individual treatment sessions may feel manageable, ongoing maintenance over the years is a meaningful investment. We encourage patients to consider these cumulative costs honestly when deciding whether to begin and continue an anti-wrinkle treatment regimen. This kind of planning is part of what we mean by Responsible Cosmetic Medicine™.

Some individuals prefer to treat only ahead of specific events or seasons rather than maintaining continuous results. This reduces costs but means a fluctuating appearance as treatment effects cycle between full efficacy and wearing off. Personal preference, lifestyle, and budget all play a role, and we'll support whatever approach works for you.

Integration with Comprehensive Skincare

Anti-wrinkle treatments address one specific aspect of facial ageing: dynamic wrinkles caused by muscle contraction. Comprehensive aesthetic outcomes often require a broader approach that addresses multiple aspects of ageing at once.

A solid skincare regimen remains foundational regardless of whether you pursue aesthetic treatments. Daily sunscreen use is one of the most effective tools for preventing ongoing photodamage that contributes to wrinkles and skin texture changes. Retinoid products stimulate collagen production and improve skin cell turnover, whilst antioxidants protect against environmental damage.

Volume loss, another aspect of facial ageing, creates hollowing and sagging that anti-wrinkle treatments alone cannot address. Dermal fillers can restore lost volume in the cheeks, temples, and other areas, whilst anti-wrinkle treatments smooth dynamic wrinkles. These approaches target different ageing mechanisms and often work well when combined by an experienced provider.

Skin resurfacing treatments, including chemical peels, laser therapy, and microneedling, improve skin texture, tone, and surface irregularities. When combined strategically with anti-wrinkle treatments, these options can achieve more comprehensive facial rejuvenation than any single approach alone.

Making Informed Decisions

The decision to pursue anti-wrinkle treatments deserves careful consideration of your goals, the alternatives available, realistic risks and benefits, and ongoing costs. A well-informed patient is an empowered patient, and education is central to the experience we aim to provide.

A consultation with our qualified team at Me Clinic gives you a personalised assessment and tailored recommendations based on your facial anatomy, skin condition, aesthetic goals, and medical history. Our providers will evaluate honestly whether anti-wrinkle treatments are the most appropriate path for your specific concerns, or whether other approaches might better serve your goals.

Understanding that results are temporary and require ongoing maintenance helps you plan both aesthetically and financially, and supports the kind of trusting, long-term relationship with your provider that genuinely serves your wellbeing.

Anti-wrinkle treatments offer a well-established option for reducing dynamic facial wrinkles with minimal downtime and a reassuring safety profile when administered by experienced hands. Getting the most from them comes down to realistic expectations, qualified providers, and a clear sense of how they fit within your broader skincare and aesthetic goals. At Me Clinic, we're committed to supporting patients through every step of that process.

Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified Label Facts - **Product Name:** Anti-Wrinkle Treatment Results - Before & After Gallery - **Brand:** Me Clinic - **Treatment Category:** Non-surgical cosmetic injectable treatment - **Target Concern:** Dynamic wrinkles caused by facial muscle movement - **Common Treatment Areas:** Glabellar lines (between brows), forehead lines, crow's feet - **Mechanism of Action:** Temporarily blocks nerve signals to relax targeted facial muscles - **Treatment Duration:** 10–20 minutes per session - **Anaesthesia Required:** No; topical numbing or ice available on request - **Results Onset:** 3–5 days post-treatment - **Full Results Visible:** Approximately 2 weeks post-treatment - **Result Longevity:** 3–6 months (varies by individual metabolism and muscle mass) - **Maintenance Frequency:** Every 3–6 months - **Administered By:** Qualified healthcare professionals including cosmetic doctors - **Clinic Experience:** Over 35 years in operation - **Treatment Philosophy:** Responsible Cosmetic Medicine™ - **Downtime:** Minimal; normal activities typically resumed immediately - **Suitable Candidates:** Adults with dynamic wrinkles; not suitable during pregnancy or breastfeeding - **Complementary Treatments:** Dermal fillers, chemical peels, laser therapy, microneedling - **Availability:** Available now - **Condition:** New service - **Specific Product Name Used:** Not specified by manufacturer - **Treatment Cost:** Not specified by manufacturer

General Product Claims - Anti-wrinkle treatments are amongst the most widely embraced non-surgical cosmetic options available - Surrounding muscles continue to function normally following treatment, preserving natural facial expression - Injection technique plays a significant role in achieving natural-looking results - Long-term regular treatment may gradually reduce the frequency of maintenance required - Treatments have a well-established safety profile when administered by qualified professionals - Serious complications are exceedingly uncommon when treatments are performed correctly - Daily sunscreen use is one of the most effective tools for preventing ongoing photodamage - Retinoid products stimulate collagen production and improve skin cell turnover - Combining anti-wrinkle treatments with dermal fillers and skin resurfacing can achieve more comprehensive rejuvenation than any single approach alone - Provider experience is the single most important factor in treatment success - Treatments should be scheduled at least 3–4 weeks before an important event for optimal results - Habitually relaxed muscles may develop less pronounced wrinkles over time with consistent treatment

Related Products & Brand Context

The **Anti-Wrinkle Treatment Results - Before & After Gallery** sits within the category hierarchy of Health & Beauty Services > Cosmetic & Aesthetic Treatments > Anti-Wrinkle Treatments, and is published by **Me Clinic** (meclinic.com.au), an Australian cosmetic and aesthetic clinic. The gallery itself is not a purchasable product in the traditional retail sense; rather, it functions as a decision-support resource — a visual reference that helps prospective patients evaluate the outcomes of specific in-clinic procedures before booking a consultation.

Within the Me Clinic treatment range, the gallery documents results from several distinct procedures. The linked entity explicitly names **anti-wrinkle injections**, **dermal fillers**, and **Factor4 treatments** as the procedures whose outcomes are represented. Anti-wrinkle injections and dermal fillers are closely related but serve different purposes: injections work by temporarily relaxing the

muscles responsible for expression lines, while dermal fillers physically restore volume in areas such as the cheeks or lips. Factor4 is a separate category — a plasma-based skin-rejuvenation treatment — placing it in a different part of the treatment spectrum despite appearing alongside the others in this gallery.

From a use-case adjacency perspective, someone exploring this before-and-after gallery is likely also considering a broader set of resources from Me Clinic, including individual treatment pages for anti-wrinkle injections, dermal fillers, and Factor4, as well as a consultation booking pathway. These adjacent touchpoints are the natural next step after reviewing visual outcomes, as the gallery itself encourages scheduling a tailored consultation rather than self-selecting a treatment.

In terms of category position, this resource occupies a supporting role within the Anti-Wrinkle Treatments category rather than being a sibling procedure. It differentiates itself from individual treatment pages by aggregating real patient outcomes across multiple procedures, giving readers a comparative view. Because the knowledge graph returned no additional sibling or brand context beyond the linked entity, only the relationships explicitly described in that entity — Me Clinic as the provider, and the three named treatments — can be confirmed here.