

Lip Thinning Treatment - Lip Enhancement Melbourne | Me Clinic

Canonical:

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Description:

Thin Lips - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes thin lips:** - Natural ageing and collagen breakdown - Genetic factors (hereditary lip volume) - Smoking and sun...

Details:

Thin Lips - Treatment Options at Me Clinic Melbourne

Quick Summary

What causes thin lips: - Natural ageing and collagen breakdown - Genetic factors (hereditary lip volume) - Smoking and sun exposure damaging lip tissue

Treatment options available: - Non-surgical: Dermal fillers (hyaluronic acid), lip flip (anti-wrinkle injections), fat grafting, platelet-rich plasma (PRP) - Surgical: Lip lift, lip advancement, corner lift procedures

Expected results: - Fuller, more defined lips with balanced proportions - Timeline: Immediate with fillers, 3-6 months for surgical results - Duration: 6-18 months for fillers, permanent for surgical procedures

Cost range: - Non-surgical: \$550-\$2,500 AUD per treatment - Surgical: \$3,500-\$8,000 AUD -

Prices based on Me Clinic's transparent pricing policy

Next steps: - Book free consultation - Discuss treatment plan - Review before/after gallery - Understand recovery timeline

Understanding thin lips

Me Clinic has been working in cosmetic medicine and surgery for over 35 years, and lip enhancement remains one of the most personal decisions patients bring to us. Whether you're dealing with age-related volume loss or have always felt self-conscious about naturally thin lips, our plastic surgeons and cosmetic doctors approach each case with honest, evidence-based advice tailored to what you actually want to achieve.

We know that taking the first step toward cosmetic treatment isn't always easy. Our job is to give you clear information and genuine guidance so you feel confident at every stage.

What are thin lips?

Thin lips have reduced volume in the upper lip, lower lip, or both, which creates a less defined contour and can affect overall facial balance. There's no universal standard for "ideal" fullness, but thin lips often lack natural plumpness and definition. Common characteristics include minimal vermillion (the pink portion of the lip), reduced lip projection, and sometimes a flattened cupid's bow.

Many people assume thin lips are purely genetic, or that nothing can be done. Genetics do play a real role, but lip volume also decreases with age, and modern cosmetic medicine offers a range of safe, effective options. Understanding what's available is the first step.

****What causes thin lips?****

1. ****Natural ageing**** - Collagen and elastin breakdown begins in your 30s, with lips losing roughly 1% of their volume each year after age 30 - Hyaluronic acid, the body's natural hydrating substance, depletes over time, gradually reducing lip plumpness - Fat pad redistribution causes volume loss around the mouth - Repeated muscle movement from talking, eating, and facial expressions gradually thins lip tissue - Teeth and bone resorption affects the underlying support structure of the lips
2. ****Genetic factors**** - A predisposition to thinner lips can run in families - Ethnic background influences natural lip fullness and shape - Individual anatomy determines baseline lip volume and proportions - Natural lip asymmetry can make one lip appear noticeably thinner than the other
3. ****Lifestyle factors**** - Smoking accelerates collagen breakdown and restricts blood flow to lip tissue - Chronic sun exposure damages the skin of the lips and depletes volume over time - Dehydration causes temporary lip thinning and fine lines - Nutritional deficiencies can affect overall tissue health - Repeated pursing or puckering movements can contribute to thinning over time

****Who experiences thin lips?****

Thin lips can affect anyone regardless of age, though the reasons vary. Some people are born with naturally thin lips and become conscious of this in their teens or twenties. Others notice gradual thinning through the ageing process, typically from their mid-30s onwards.

Women seek lip enhancement more frequently than men, though male lip augmentation is increasingly common, and we approach each patient's goals with the same care. The condition often becomes most noticeable when lips lose their youthful fullness, the cupid's bow flattens, or vertical lines begin to develop around the mouth.

****Why it matters****

Full, well-defined lips are closely associated with youth and facial harmony. When lips thin, the entire lower face can start to look older or more tired than you feel. Many people feel genuinely self-conscious about this, and it can quietly affect confidence in social situations.

Beyond appearance, thin lips can affect the natural seal of the mouth, sometimes contributing to discomfort during sleep or difficulty with certain sounds. Some people also notice increased fine lines around thinning lips.

Seeking treatment makes sense when thin lips affect your confidence or when you notice volume loss that makes you look older than you feel. Modern cosmetic medicine offers a real spectrum of solutions, from subtle enhancement to more comprehensive change, and our team will help you find the approach that fits.

Treatment options comparison

Non-surgical treatments

****1. Dermal fillers for lip enhancement****

Hyaluronic acid dermal fillers are the most common approach to lip augmentation, accounting for over 80% of lip enhancement procedures at Me Clinic. With careful technique and a conservative philosophy, our practitioners consistently achieve results that look natural, feel comfortable, and match

what each patient actually wanted.

***How it works:** Medical-grade hyaluronic acid gel is injected into specific areas of the lips using ultra-fine cannulas or needles. The hyaluronic acid attracts water molecules, creating immediate volume while gently stimulating natural collagen production over time. Different filler densities suit different areas: softer fillers for the body of the lips, firmer formulations for border definition, so the result feels as natural as it looks.

- ****Best for:**** Adding volume, defining lip borders, improving symmetry, smoothing vertical lip lines - ****Procedure time:**** 20–30 minutes - ****Downtime:**** Minor swelling 1–3 days, occasional bruising - ****Results appear:**** Immediate, though final settling takes about 2 weeks - ****Results last:**** 6–18 months depending on the product and individual metabolism - ****Cost range:**** \$650–\$950 AUD per syringe (most patients require 1–2 syringes) - ****Pros:**** Immediate natural-looking results, fully reversible with hyaluronidase if needed, gradual treatment possible, minimal downtime - ****Cons:**** Temporary results requiring ongoing maintenance, potential for swelling and bruising, requires a skilled injector for optimal outcomes

****Popular filler products at Me Clinic:**** - Juvéderm Ultra and Volbella (smooth consistency, natural feel) - Restylane Kysse (designed specifically for lip enhancement) - Teosyal RHA (formulated to adapt to natural facial movement)

****2. Lip flip with anti-wrinkle injections****

The lip flip is a non-volumising technique using anti-wrinkle injections (botulinum toxin) to subtly enhance the appearance of the upper lip. It suits patients who want a gentle improvement without added volume.

***How it works:** Small amounts of anti-wrinkle product are injected into the orbicularis oris muscle along the upper lip border. This relaxes the muscle, allowing the lip to roll softly outward and reveal more of the pink vermillion without adding volume. It works particularly well for patients with a gummy smile and can complement dermal filler treatments.

- ****Best for:**** Gummy smiles, minimal upper lip show, subtle enhancement without added volume - ****Procedure time:**** 10 minutes - ****Downtime:**** None - ****Results appear:**** 3–7 days - ****Results last:**** 2–3 months - ****Cost range:**** \$150–\$250 AUD - ****Pros:**** Subtle, natural-looking enhancement; quick procedure; no swelling; a good way to explore lip treatments for the first time - ****Cons:**** Temporary results, does not add volume, may temporarily affect drinking through a straw, results can be too subtle for patients seeking more noticeable change

****3. Fat grafting (lipofilling)****

Fat grafting transfers your own fat from another area of the body to enhance lip volume naturally. For patients who want a longer-lasting solution using their own biological tissue, this is worth considering.

***How it works:** Fat is harvested via liposuction from areas such as the abdomen or thighs, processed to purify the fat cells, then injected into the lips. Because the treatment uses your own tissue, there's no risk of allergic reaction. Not all transferred fat survives the process, typically 50–70% of the volume persists long-term, and your practitioner will discuss this openly during consultation.

- ****Best for:**** Patients seeking a more permanent solution, or those with sensitivities to synthetic fillers - ****Procedure time:**** 1–2 hours - ****Downtime:**** 5–7 days for significant swelling - ****Results appear:**** Initial results are visible immediately; final results emerge after about 3 months once swelling resolves - ****Results last:**** Permanent (for surviving fat cells) - ****Cost range:**** \$2,000–\$3,500 AUD - ****Pros:**** Uses natural material from your own body, long-lasting results, opportunity for simultaneous body contouring - ****Cons:**** Variable fat survival rate means some overcorrection is often necessary; significant initial swelling; requires a liposuction procedure; higher cost than non-surgical alternatives

****4. Platelet-rich plasma (PRP) lip treatments****

PRP lip therapy uses your own blood plasma, concentrated with growth factors, to stimulate natural lip rejuvenation. It's a good option for patients who prefer to work with their body's own biology.

***How it works:** A small blood sample is drawn and centrifuged to separate the platelet-rich plasma. This plasma is then injected into the lips to stimulate collagen production, improve texture and hydration, and provide subtle volume enhancement over time.

- ****Best for:**** Natural rejuvenation, improving lip texture and hydration, or combining with other treatments for enhanced results - ****Treatment sessions:**** 2–3 sessions spaced 4–6 weeks apart - ****Downtime:**** 1–2 days - ****Results appear:**** Gradual improvement over 2–3 months - ****Results last:**** 12–18 months - ****Cost range:**** \$600–\$900 AUD per session - ****Pros:**** Natural biological treatment; improves overall lip quality and texture; minimal risk of reaction - ****Cons:**** Results are subtle; requires multiple sessions; not suited to patients seeking significant volume enhancement; improvement is gradual rather than immediate

Surgical treatments

****1. Lip lift surgery****

A lip lift permanently shortens the distance between the nose and upper lip while revealing more of the pink vermillion. For patients with structural concerns that non-surgical treatments can't adequately address, this can produce genuinely significant results.

***What it is:** Your surgeon makes a small incision just beneath the nose, within the natural crease, removes a precise strip of skin, then lifts and reshapes the upper lip. This creates a permanent lifted appearance with more visible pink lip and an enhanced cupid's bow. Different techniques are available depending on your anatomy, including the bullhorn lip lift, corner lip lift, and gull-wing lip lift.

- ****Best for:**** A long upper lip (philtrum), minimal upper lip show when smiling, or downturned mouth corners - ****Procedure time:**** 60–90 minutes - ****Anaesthesia:**** Local anaesthesia with sedation, or general anaesthesia - ****Hospital stay:**** Day procedure - ****Recovery time:**** 1 week before returning to social activities; 2–3 weeks before resuming exercise - ****Results appear:**** Immediately visible, though final results emerge gradually as swelling resolves over 3–6 months - ****Results last:**** Permanent - ****Cost range:**** \$4,500–\$7,500 AUD - ****Pros:**** Permanent results, natural enhancement, addresses underlying structural concerns, no ongoing maintenance required - ****Cons:**** As with any surgical procedure, there are inherent risks; a scar is present, though carefully concealed within the natural crease; longer recovery period; higher investment; results cannot be reversed

****2. Lip advancement****

Lip advancement creates natural fullness by advancing the pink portion of the lip forward using your own tissue.

***What it is:** Through incisions made inside the mouth, completely hidden from view, tissue is repositioned to roll the lip outward, creating increased volume and improved definition. This technique can be performed on the upper lip, lower lip, or both, and works well combined with a lip lift for more comprehensive enhancement.

- ****Best for:**** Moderate to severe lip thinness; patients seeking permanent enhancement without implants - ****Procedure time:**** 1–2 hours - ****Anaesthesia:**** General anaesthesia or local anaesthesia with sedation - ****Hospital stay:**** Day procedure - ****Recovery time:**** 1–2 weeks for the majority of swelling to subside; 4–6 weeks for complete healing - ****Results appear:**** Immediately visible, with final results at 3–6 months - ****Results last:**** Permanent - ****Cost range:**** \$5,000–\$8,000 AUD - ****Pros:**** Permanent, natural-looking results; hidden incisions; uses your own tissue - ****Cons:**** Surgical

procedure with associated recovery; longer healing time than non-surgical options; potential for temporary numbness; higher investment

****3. Corner lip lift****

A corner lip lift addresses downturned mouth corners that create a tired or sad resting expression.

***What it is:** Small wedges of skin are removed from the corners of the mouth, and the corners are lifted and secured in an elevated position. This creates a subtle, natural-looking improvement to the mouth's resting position. The procedure can be done independently or combined with other lip enhancement treatments.

- ****Best for:**** Downturned mouth corners, marionette lines, or an unhappy resting expression - ****Procedure time:**** 45–60 minutes - ****Anaesthesia:**** Local anaesthesia - ****Hospital stay:**** Day procedure - ****Recovery time:**** 5–7 days before returning to social activities - ****Results appear:**** Immediately visible - ****Results last:**** Permanent - ****Cost range:**** \$3,500–\$5,500 AUD - ****Pros:**** Meaningful impact on overall facial expression; relatively straightforward procedure; permanent results - ****Cons:**** Small scars at the corners of the mouth (these typically fade well over time); some patients initially notice the corners feel slightly elevated before fully settling

Choosing the right treatment

One of the most important conversations we have with patients is helping them understand which treatment genuinely fits their goals, lifestyle, and anatomy. There's no single right answer.

****Consider non-surgical treatments if:****

- You have mild to moderate lip thinning - You'd like to explore lip enhancement before committing to a permanent change - You prefer minimal to no downtime - You value gradual, adjustable results over time - Budget is an important consideration - You want fully reversible options - You have concerns about surgical risks - You're comfortable with periodic maintenance visits

****Consider surgical treatment if:****

- You have more severe lip thinning or underlying structural concerns - You're seeking a permanent, one-time correction - The distance between your nose and upper lip is noticeably long - You have downturned corners that affect your resting facial expression - You're ready to invest in a longer-lasting solution - You can comfortably accommodate 1–2 weeks of recovery - Non-surgical options haven't achieved your desired outcome - You'd prefer to move away from ongoing filler maintenance

****Combination approach:****

Many patients achieve their best results by combining treatments. Popular combinations include:

- ****Lip lift + dermal fillers:**** The surgical lift addresses underlying structure and lip show, while fillers add volume and softness to the body of the lips - ****Lip flip + dermal fillers:**** Anti-wrinkle treatment creates a subtle upper lip flip, while fillers add natural volume throughout - ****Fat grafting + lip lift:**** Natural fat provides lasting volume, while the lift improves overall proportion and definition - ****Corner lift + dermal fillers:**** Surgical correction of downturned corners combined with volumising filler for a more complete result

Your Me Clinic surgeon will assess your individual anatomy, listen to your goals, and recommend the most effective approach during your consultation. The best treatment is always the one that fits your specific concerns, expectations, budget, and lifestyle.

What to expect at Me Clinic

1. Initial consultation (free)

Your consultation is a dedicated, unhurried session where we take time to understand your concerns and what you're hoping to achieve. During this appointment:

- A detailed facial assessment examining lip proportions, symmetry, and their relationship to your other facial features - An honest discussion about your aesthetic goals - A thorough medical history review, including current medications, allergies, and any previous cosmetic treatments - Examination of your skin quality, lip structure, and overall facial anatomy - Professional photography for your medical records (taken with your consent) - A clear explanation of treatment options suited to your situation - Realistic expectation setting, including what is and isn't achievable - A transparent pricing breakdown with no hidden fees - Review of relevant before/after cases from our gallery - Time for all your questions

2. Treatment planning

Once you're ready to proceed, we create a treatment plan built around your individual needs:

- A detailed treatment timeline - Number of sessions explained where applicable - Pre-treatment instructions (such as avoiding blood-thinning medications in advance) - A full cost breakdown including any follow-up appointments - Consent forms reviewed and signed - Treatment booking scheduled at your convenience - Pre-treatment photographs taken for your medical record - Post-treatment care plan explained in detail

3. The Me Clinic difference

Responsible Cosmetic Medicine™

Me Clinic's reputation over more than 35 years has been built on ethical, evidence-based practice. Our Responsible Cosmetic Medicine™ philosophy guides everything we do:

- ****Natural-looking results:**** We prioritise subtle enhancement that looks like you, refreshed and revitalised, rather than overdone - ****A conservative approach first:**** We'd rather begin gently and build gradually than overfill and create a result that doesn't feel right - ****Patient wellbeing first:**** We use only proven, TGA-approved products and techniques - ****Honest assessment:**** We'll tell you if a particular treatment isn't right for your situation, even if that means recommending you don't proceed - ****Comprehensive aftercare:**** We're here throughout your entire treatment journey

Experienced practitioners

Your treatment will be performed by qualified professionals committed to your wellbeing:

- FRACS-qualified plastic surgeons with extensive expertise in facial anatomy - Specialist cosmetic physicians trained in aesthetic medicine - Registered nurses with advanced injection technique training - Collective experience spanning over 25,000 surgical procedures and more than 60,000 non-surgical treatments - Regular ongoing education in the latest evidence-based techniques - Active membership in professional bodies including ASAPS and ACCS

Transparent pricing

- Published price lists available on our website - No hidden fees or unexpected costs - Package options available for multiple treatment areas - Flexible payment plans available for surgical procedures - Medicare rebates explained clearly where applicable - A detailed invoice provided for every treatment

Premium products

We use only TGA-approved products:

- Premium hyaluronic acid fillers (Juvéderm, Restylane, Teosyal) - Medical-grade anti-wrinkle products
- Advanced numbing techniques for maximum comfort - Sterile, single-use equipment for every patient

Frequently asked questions

How much does lip enhancement cost in Melbourne?

Costs vary depending on the treatment and extent of correction required. At Me Clinic Melbourne, our pricing is fully transparent:

- Lip flip (anti-wrinkle): \$150–\$250 AUD - Dermal filler lip enhancement: \$650–\$950 AUD per syringe (most patients require 1–2 syringes) - PRP lip treatment: \$600–\$900 AUD per session - Fat grafting: \$2,000–\$3,500 AUD - Lip lift surgery: \$4,500–\$7,500 AUD - Lip advancement: \$5,000–\$8,000 AUD

We provide a clear, itemised pricing breakdown during your free consultation with no hidden fees. Payment plans are available for surgical procedures.

How long do lip filler results last?

Modern hyaluronic acid lip fillers typically last 6–18 months, though this varies based on several factors:

- **Filler product:** Thicker, more cross-linked fillers tend to last longer (12–18 months), while lighter formulations may last 6–9 months
- **Individual metabolism:** Patients with faster metabolisms break down filler more quickly
- **Lip movement:** Lips are highly mobile, which can accelerate filler breakdown compared to less dynamic facial areas
- **Volume injected:** Larger volumes generally last longer
- **Lifestyle factors:** Smoking, sun exposure, and vigorous exercise can reduce filler longevity

Most Me Clinic patients return for touch-up treatments every 9–12 months to maintain their results. Some prefer to allow fillers to dissolve completely before retreating; others maintain consistent fullness with regular appointments. We'll help you find the rhythm that works for you.

Is there downtime after lip enhancement?

Downtime varies depending on your chosen treatment:

Non-surgical treatments:

- Lip fillers: 1–3 days of swelling (most noticeable on days 1–2), with occasional bruising lasting up to 1 week
- Lip flip: No downtime; immediate return to normal activities
- PRP: 1–2 days of mild swelling
- Fat grafting: 5–7 days of more significant swelling, with possible bruising for 1–2 weeks

Surgical procedures:

- Lip lift: 1 week before returning to work and social activities; 2–3 weeks before resuming exercise; 3–6 months for final results to fully emerge
- Lip advancement: 1–2 weeks for major swelling to subside; 4–6 weeks for complete healing
- Corner lift: 5–7 days before returning to social activities

Many patients schedule non-surgical lip treatments on a Friday, allowing the weekend for initial swelling to settle. We provide detailed aftercare instructions, including guidance on ice packs, arnica supplements, and activity restrictions.

Will lip enhancement look natural?

Achieving natural-looking results is central to how we work at Me Clinic. We focus on:

- **Conservative initial treatment:** We always begin with less volume and build gradually, rather than risk overfilling
- **Anatomically guided placement:** Filler is placed in specific zones that follow the natural architecture of the lips
- **Proportion awareness:** Upper and lower lip ratios are carefully balanced throughout treatment (typically maintaining a 1:1.6 ratio)
- **Individual customisation:** Your facial features, ethnic background, and personal preferences are all considered
- **Quality products:**

Premium fillers provide a soft, natural texture that moves with your lips - ****Experienced technique:****
Skilled injection technique prevents lumps, irregularities, or an overfilled appearance

Our goal is lips that look like they could simply be your own, just fuller, more defined, and more youthful. During your consultation, we'll show you examples of natural results and take time to understand exactly the outcome you're hoping for.

****Am I too young or too old for lip enhancement?****

There's no universal age restriction, though appropriateness always depends on individual circumstances:

****Younger patients (18–25):**** - Must be over 18 for treatment - Often seeking subtle enhancement or correction of asymmetry - Good candidates when expectations are realistic and well-considered - We take particular care in assessing psychological readiness

****Middle-aged patients (35–55):**** - The most common age group seeking lip enhancement - Often addressing age-related volume loss and changing facial proportions - Good candidates for both non-surgical and surgical options

****Mature patients (55+):**** - Good results are achievable with appropriate expectations - May benefit from combination treatments addressing both lip volume and perioral lines - Skin quality assessment is particularly important for surgical procedures

During your Me Clinic consultation, we consider factors well beyond age, including skin quality, overall health, facial structure, and the realism of your expectations.

****Does Medicare cover lip enhancement?****

Most lip enhancement treatments are cosmetic and not covered by Medicare or private health insurance. There are rare exceptions:

****Not covered (cosmetic):**** - Dermal fillers for volume enhancement - Lip flip procedures - Fat grafting for cosmetic lip augmentation - Lip lift or advancement for aesthetic purposes

****Potentially covered (functional):**** - Cleft lip revision surgery - Lip reconstruction following trauma or cancer treatment - Correction of significant congenital deformities affecting function

We explain your payment responsibilities clearly during your consultation. While cosmetic procedures aren't covered by Medicare, we offer flexible payment plans for surgical procedures.

****What are the risks of lip enhancement?****

All medical procedures carry some degree of risk, and we're committed to full transparency about potential complications:

****Common (temporary and usually mild):**** - Swelling and bruising, particularly within the first 48 hours - Tenderness at injection sites - Minor asymmetry initially, which typically settles as swelling resolves - Small lumps or bumps that are usually massage-able or self-resolving

****Uncommon but possible:**** - Prolonged swelling extending beyond 1 week - Bruising lasting more than 1 week - Infection at injection sites (very rare with proper sterile technique) - Allergic reaction to filler (extremely rare with hyaluronic acid products) - Vascular occlusion (a blocked blood vessel, rare but serious and requiring prompt attention)

****Surgical risks:**** - Visible scarring (typically minimal with careful technique and proper aftercare) - Prolonged numbness or altered sensation - Asymmetry that may require revision - Infection requiring antibiotic treatment - Anaesthesia-related risks

At Me Clinic, we minimise risks through practitioner expertise, rigorous sterile technique, TGA-approved products, and comprehensive pre-treatment medical screening. We provide 24/7 emergency contact for patient concerns.

****Can I see before and after photos of real patients?****

Yes. During your consultation, your practitioner will share before/after galleries directly relevant to your specific concerns and treatment goals. Our galleries include:

- Various degrees of lip thinning and the outcomes achieved - Patients of different ethnicities and age groups - Both subtle and more noticeable enhancement results - Various treatment approaches, including fillers, surgical procedures, and combination treatments - Male and female patient results

We won't show you results that aren't genuinely achievable for your individual situation. You're also welcome to bring reference photos of lip shapes or fullness you find appealing, which helps us understand your aesthetic vision.

All photographs are taken with patient consent and maintained in strict accordance with privacy guidelines.

****How do I prepare for lip enhancement treatment?****

We'll provide personalised instructions during your consultation, but as a general guide:

****1–2 weeks before:**** - Avoid blood-thinning medications and supplements unless medically necessary, including aspirin, ibuprofen, fish oil, vitamin E, and ginkgo biloba - Discontinue retinol and other strong exfoliants around the mouth - Consider starting arnica supplements to help reduce bruising - Avoid dental work if possible (we recommend waiting at least 2 weeks before or after lip treatment) - If you smoke, reducing or stopping ahead of surgical procedures will support your healing

****24–48 hours before:**** - Avoid alcohol - Stay well-hydrated - Get adequate rest - Avoid very salty foods, which can contribute to swelling - Continue arnica tablets as directed

****Day of treatment:**** - Eat a light meal before your appointment - Remove all lip products, including lipstick, gloss, and liner - Arrive with a clean face if possible - Wear comfortable clothing - Arrange transport home if you're having a surgical procedure or sedation

****After treatment:**** - Avoid strenuous exercise for 24–48 hours - Apply ice packs gently as directed - Sleep with your head elevated for the first few nights - Avoid extreme heat, including saunas and hot yoga, for 1 week following treatment - Attend all scheduled follow-up appointments

****When will I see results from lip enhancement?****

Results timelines vary depending on your treatment:

****Immediate results:**** - Dermal fillers: Volume is visible immediately, though initial swelling will temporarily exaggerate fullness. Your true result becomes apparent after about 2 weeks, once swelling fully resolves - Fat grafting: Immediate fullness is visible, though you'll initially appear somewhat overcorrected. This is intentional, to account for natural fat reabsorption over time - Surgical procedures: Changes in lip position are visible immediately, though swelling will temporarily obscure the final result

****Delayed results:**** - Lip flip (anti-wrinkle): 3–7 days for muscle relaxation to take effect, with peak results at about 2 weeks - PRP therapy: Gradual improvement over 2–3 months as collagen production increases

****Final results:**** - Non-surgical: About 2 weeks for fillers and lip flip; 2–3 months for PRP - Surgical: 3–6 months for all swelling to resolve and tissues to settle

****Can lip fillers be dissolved if I don't like the results?****

Yes. If you're unhappy with your results, hyaluronidase enzyme can safely dissolve hyaluronic acid filler:

- An injection of hyaluronidase breaks down the hyaluronic acid filler - Most filler dissolves within 24–48 hours - Complete dissolution typically occurs within 1–2 weeks - The enzyme acts only on the filler, not on your natural lip tissue - Once dissolved, you can choose to start fresh or simply not retreat

Common reasons for filler dissolution include: - Volume that feels excessive or disproportionate - Lumps or bumps that don't respond to massage - Asymmetry that can't be corrected with additional filler - Vascular compromise (a rare emergency requiring prompt intervention) - A change in aesthetic preferences

At Me Clinic, dissolution is rarely necessary because our conservative approach and careful technique consistently achieve results patients are happy with. Knowing this option exists does provide real peace of mind, particularly for first-time patients.

****What's the difference between lip filler and lip flip?****

These two treatments are frequently confused, but they work quite differently:

****Lip filler (dermal filler):**** - Adds volume throughout the lips - Increases overall lip size and fullness - Can enhance and define the lip border - Results in visibly fuller lips - Costs more (\$650–\$950 AUD per syringe) - Longer duration (6–18 months) - Some swelling is expected following treatment

****Lip flip (anti-wrinkle injection):**** - Relaxes the muscle above the upper lip - Creates a subtle outward roll of the lip edge - Reveals more of the existing pink lip without adding size - Does not add volume or increase lip size - Much more affordable (\$150–\$250 AUD) - Shorter duration (2–3 months) - No swelling involved

Neither is universally better. The right choice depends on your individual goals. Many Me Clinic patients benefit from combining both: a lip flip to enhance upper lip show and definition, plus filler to add natural volume throughout. Your practitioner will recommend the approach best suited to your lip anatomy and desired outcome.

****How painful is lip enhancement?****

Pain tolerance varies, but most Me Clinic patients find lip enhancement considerably more comfortable than they expected. We take every measure to keep your experience as comfortable as possible:

****Non-surgical treatments:**** - Topical numbing cream is applied 15–20 minutes before treatment - Most dermal fillers contain lidocaine (a local anaesthetic) within the product itself - Ultra-fine needles or blunt-tip cannulas are used throughout - Ice packs are applied during treatment for additional numbing - Most patients describe the sensation as brief pinching or gentle pressure - Typically rated 2–4 out of 10 on a pain scale - The entire procedure takes 20–30 minutes

****Surgical procedures:**** - Performed under local anaesthesia with sedation, or general anaesthesia - No pain is experienced during the procedure itself - Post-operative discomfort is managed with prescribed pain medication - Most patients rate surgical recovery discomfort at 3–5 out of 10 - Discomfort typically peaks around days 2–3 and then improves steadily

If you have particular concerns about pain or anxiety, raise this during your consultation and we can discuss additional comfort options.

****Will people be able to tell I've had lip enhancement?****

This depends on the degree of enhancement you choose and the skill of your practitioner. At Me Clinic, we focus on results that look and feel like you.

****What can make enhancement appear obvious:**** - Excessive volume creating an overfilled appearance - Poor proportion between upper and lower lip - Lumps, bumps, or surface irregularities - A "shelf" appearance at the lip border - An unnatural shape or loss of anatomical landmarks - Migration of product beyond the natural lip border

****The Me Clinic approach:**** - Beginning with conservative volume and building gradually - Maintaining natural anatomical proportions throughout - Strategic, zone-specific placement - Smooth blending with careful massage technique - Preserving the natural upper-to-lower lip ratio - Gradual enhancement across multiple sessions where desired

For most patients, the goal is simple: your lips, but better. People notice you look refreshed, but can't quite identify what's changed. If you want a more noticeable result, we can achieve that while still maintaining harmony. Bringing reference photos helps us understand exactly what you're after.

Real patient results

Me Clinic has performed lip enhancement treatments on thousands of Melbourne patients, and the results we see most often are people who feel genuinely more confident about their appearance. Individual results always vary based on starting anatomy, treatment selected, and personal goals, but our before/after gallery reflects the range of outcomes achievable through our treatment protocols.

Our gallery includes patients who've undergone: - Subtle lip filler enhancement (0.5–1 ml) - Moderate lip augmentation (1–2 ml) - Lip flip procedures for upper lip definition - Surgical lip lift procedures - Combination treatments for more comprehensive enhancement - Male lip enhancement (achieving natural, masculine aesthetics) - Mature patient rejuvenation - Asymmetry correction - Revision of previous treatments performed elsewhere

During your consultation, your practitioner will show you cases similar to your specific situation and discuss realistic expectations based on your individual lip anatomy, skin quality, and goals. We won't show you results that aren't genuinely achievable for your case.

Book your free consultation

If you're ready to explore your options with a team that has over 35 years of experience in cosmetic medicine, we'd like to hear from you.

****Three ways to book:****

1. ****Call:**** (03) 8823 5859 (Monday–Friday 9am–6pm, Saturday 9am–4pm) 2. ****Online:**** Visit meclinic.com.au/book-consultation 3. ****Email:**** info@meclinic.com.au

****What to bring to your consultation:****

- A list of your current medications and supplements - Your medical history, including any previous cosmetic treatments - Questions for your practitioner - Reference photos of lip shapes or fullness you admire (optional, but helpful) - Sunglasses if you're having lip filler, as you may have some minor swelling afterwards

****Your free consultation includes:****

- A comprehensive facial assessment with detailed lip analysis - Personalised treatment recommendations tailored to your anatomy and goals - Transparent pricing with no hidden fees - An extensive before/after gallery review - A clear discussion of expected outcomes and realistic timelines - Medical history review and thorough safety screening - No obligation to proceed - All your questions

answered honestly

****Me Clinic Malvern East location:****

4 Burke Road, Malvern East VIC 3145 Convenient off-street parking available Wheelchair accessible
Public transport: Tram Route 3 stops nearby

****Why choose Me Clinic for lip enhancement:****

- 25,000+ surgical procedures performed by our FRACS-qualified surgeons - 60,000+ non-surgical treatments delivered with care and expertise - Responsible Cosmetic Medicine™ philosophy prioritising natural, authentic results - TGA-approved premium products only - Transparent, published pricing with no surprises - Comprehensive aftercare and ongoing support throughout your journey - 24/7 emergency contact available for patient peace of mind - Flexible payment plans available for surgical procedures

Your lips frame your smile and play a central role in your facial expression and overall appearance. Whether you're hoping to restore volume lost to ageing, enhance lips that have always felt too thin, or achieve greater facial balance, our team is here to guide you with expertise and genuine care.

Book your free consultation today and take the first step toward fuller, more youthful lips.

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product specification data was provided. The Product Facts table is empty, and no packaging, ingredient, certification, dimension, weight, GTIN, MPN, or manufacturer documentation data is present in the submitted content. No Label Facts can be extracted or verified.

General product claims

The following statements appear in the content and are classified as general claims. They are contextual, individual-dependent, or marketing-oriented and are not verifiable from product packaging or manufacturer documentation:

****Clinic and practitioner claims**** - Me Clinic has over 35 years of experience in cosmetic medicine and surgery - Me Clinic has performed over 25,000 surgical procedures - Me Clinic has performed over 60,000 non-surgical treatments - Me Clinic surgeons are FRACS-qualified - Me Clinic uses only TGA-approved products - Over 80% of lip enhancement procedures at Me Clinic use dermal fillers - Me Clinic offers a free initial consultation - Me Clinic offers 24/7 emergency contact for patients - Me Clinic offers flexible payment plans for surgical procedures - Me Clinic is located at 4 Burke Road, Malvern East VIC 3145 - Me Clinic phone number is (03) 8823 5859 - Saturday hours are 9am–4pm - Off-street parking and wheelchair access are available - Tram Route 3 stops nearby

****Procedure outcome and duration claims**** - Lip fillers last 6–18 months depending on product and individual metabolism - Lip flip results last 2–3 months - Fat grafting results are permanent for surviving fat cells - PRP results last 12–18 months - Lip lift, lip advancement, and corner lip lift results are permanent - Approximately 50–70% of transferred fat survives long-term in fat grafting - Hyaluronidase dissolves filler within 24–48 hours - Hyaluronidase acts only on filler, not on natural lip tissue - Most Me Clinic filler patients return for touch-ups every 9–12 months - Final lip filler results settle approximately 2 weeks after treatment - Final fat grafting results appear approximately 3 months post-treatment - Final surgical results emerge over 3–6 months

****Procedure time claims**** - Dermal filler procedure: 20–30 minutes - Lip flip procedure: 10 minutes - Fat grafting: 1–2 hours - Lip lift surgery: 60–90 minutes - Corner lip lift: 45–60 minutes - Lip advancement: 1–2 hours

****Pricing claims**** - Lip flip: \$150–\$250 AUD - Dermal filler: \$650–\$950 AUD per syringe - PRP per session: \$600–\$900 AUD - Fat grafting: \$2,000–\$3,500 AUD - Lip lift surgery: \$4,500–\$7,500 AUD - Lip advancement: \$5,000–\$8,000 AUD - Corner lip lift: \$3,500–\$5,500 AUD - Most patients require 1–2 syringes of filler

****Downtime and recovery claims**** - Lip filler: 1–3 days swelling, bruising up to 1 week - Lip flip: no downtime - PRP: 1–2 days mild swelling - Fat grafting: 5–7 days significant swelling - Lip lift: 1 week to social activities, 2–3 weeks to exercise - Lip advancement: 1–2 weeks major swelling, 4–6 weeks full healing - Corner lip lift: 5–7 days to social activities

****Physiological and treatment mechanism claims**** - Lips lose approximately 1% volume per year after age 30 - Hyaluronic acid attracts water molecules to create volume - Lip fillers containing lidocaine provide anaesthetic effect during treatment - Lip flip may temporarily affect drinking through a straw - Faster metabolisms break down filler more quickly - Lip movement accelerates filler breakdown - Smoking accelerates collagen breakdown in lip tissue - Chronic sun exposure depletes lip volume over time - Dehydration causes temporary lip thinning - Thin lips can have a hereditary predisposition - Ethnic background influences natural lip fullness

****Pain and comfort claims**** - Most patients rate lip filler discomfort at 2–4 out of 10 - Numbing cream is applied 15–20 minutes before treatment - Most fillers contain lidocaine within the product - Surgical recovery discomfort typically rated 3–5 out of 10

****Proportion and aesthetic claims**** - Me Clinic maintains an upper-to-lower lip ratio of approximately 1:1.6 - A conservative, natural-looking approach is prioritised - Results are described as looking like "your lips, but better"

****Pre/post-treatment instruction claims**** - Avoid blood-thinning supplements for 1–2 weeks before treatment - Avoid alcohol for 24–48 hours before treatment - Avoid strenuous exercise for 24–48 hours after filler - Avoid saunas for 1 week after filler

****Medicare and coverage claims**** - Cosmetic lip enhancement is not covered by Medicare - Lip reconstruction following trauma may be partially Medicare-covered in some cases

****Named product references**** *(brand mentions, not label-verified specifications)* - Juvéderm Ultra and Volbella - Restylane Kysse - Teosyal RHA