

Lip Asymmetry Correction - Uneven Lips Treatment Melbourne | Me Clinic

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Description:

Lip Asymmetry Correction - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes lip asymmetry:** - Natural facial asymmetry (most common - no two sides of the face are identical...

Details:

Quick Summary

What causes lip asymmetry: - Natural facial asymmetry (most common - no two sides of the face are identical) - Volume imbalance between upper and lower lips or left and right sides - Muscle movement differences from repeated expressions - Previous trauma, injury or scarring - Ageing-related volume loss affecting lips unevenly

Treatment options available: - Non-surgical: Dermal fillers (strategic placement), Anti-wrinkle injections (lip flip for subtle correction), Combination filler and anti-wrinkle approach - Surgical: Lip revision surgery, Scar revision procedures, Fat grafting for permanent volume

Expected results: - Non-surgical treatments create immediate symmetry improvement with natural-looking balance - Timeline: Filler results are immediate, anti-wrinkle effects appear within 3-7 days - Duration: Fillers last 6-12 months, anti-wrinkle injections last 3-4 months

Cost range: - Non-surgical dermal fillers: \$650-\$1,200 per session - Anti-wrinkle injections (lip flip): \$150-\$300 - Surgical lip revision: \$3,000-\$8,000 - *Prices based on Me Clinic's transparent pricing policy*

Next steps: - Book free consultation at Me Clinic Melbourne - Discuss customised treatment plan with experienced practitioner - Review before/after gallery of lip asymmetry corrections - Understand realistic outcomes and maintenance requirements

Understanding Lip Asymmetry

What is lip asymmetry?

Lip asymmetry refers to uneven appearance of the lips where one side differs from the other in size, shape, position or fullness. This can manifest as:

- One side of the upper lip appearing fuller than the other - Uneven lip borders or cupid's bow - One corner of the mouth sitting higher or lower - Asymmetric vermilion border (the edge where lip meets skin) - Imbalanced proportions between upper and lower lips

Common misconception: Many people believe lip asymmetry is rare or abnormal. In reality, perfect facial symmetry doesn't exist - some degree of asymmetry is completely normal and often goes unnoticed. Treatment is only recommended when asymmetry becomes personally bothersome or

affects confidence.

What causes lip asymmetry?

****1. Natural facial asymmetry**** - Everyone has inherent facial asymmetry - it's part of what makes faces unique - Bone structure differences between left and right sides of the face - Natural variation in soft tissue distribution - Most people have subtle asymmetries that are not clinically significant

****2. Ageing factors**** - Collagen and elastin breakdown occurring unevenly - Volume loss affecting one side more than the other - Repetitive muscle movements creating asymmetric lines - Fat pad atrophy happening at different rates - Gravity affecting tissues differently based on sleeping position

****3. Genetic factors**** - Hereditary facial structure predispositions - Inherited muscle attachment patterns - Genetic variations in tissue volume and distribution

****4. Lifestyle and behavioural factors**** - Habitual expressions (smiling more on one side) - Sleeping predominantly on one side - Sun exposure patterns (e.g., driver's side exposure) - Smoking affecting circulation and collagen production - Repetitive activities (musical instruments, certain sports)

****5. Previous trauma or medical interventions**** - Injury causing scarring or tissue damage - Previous lip augmentation that has settled unevenly - Surgical scars affecting lip movement or appearance - Bell's palsy or other neurological conditions - Dental work affecting lip support structure

Who experiences lip asymmetry?

****Age range:**** Lip asymmetry can be present from birth or develop at any age, though it becomes more noticeable: - In your 20s-30s if caused by developmental factors or trauma - From age 35+ as ageing-related volume loss becomes apparent - Increasingly common in 40s-60s as cumulative ageing effects compound

****Gender prevalence:**** Both men and women experience lip asymmetry equally, though women tend to seek treatment more frequently due to: - Greater awareness of facial aesthetics - Social emphasis on facial symmetry in beauty standards - More familiarity with cosmetic treatment options

****When it becomes noticeable:**** Most people first notice lip asymmetry: - In photographs, particularly selfies and group photos - When applying lipstick or lip products - During video calls or when seeing themselves on screen - After comparing their face in the mirror to others - Following weight loss or significant ageing changes

Why it matters

****Impact on appearance:**** - Can make the face appear unbalanced in photos - May affect how lipstick or lip products apply - Can influence overall facial harmony - May become more pronounced with certain expressions - Can affect confidence in smiling or close-up interactions

****Psychological considerations:**** - Many people with lip asymmetry feel self-conscious about their smile - Can impact willingness to be photographed - May affect social confidence and self-esteem - Some people avoid certain angles in photos or video calls

****When to seek treatment:**** Treatment is entirely personal choice. Consider consultation if: - The asymmetry bothers you or affects confidence - You're interested in learning about correction options - Asymmetry has developed recently or is worsening - You're already considering other facial treatments - You want professional assessment of realistic improvement potential

Treatment Options Comparison

Non-Surgical Treatments

1. Injectable Treatments

Dermal Fillers (Strategic Placement)

How it works: Dermal fillers contain hyaluronic acid, a substance naturally found in the body that provides volume and hydration. For lip asymmetry, fillers are strategically injected into specific areas to:
- Add volume to the smaller or less defined side - Create balance between upper and lower lips - Define the lip border and cupid's bow symmetrically - Lift corners that sit lower - Smooth asymmetric lines or irregularities

Best for: Volume imbalances, uneven lip borders, asymmetric cupid's bow, one side appearing thinner, subtle to moderate asymmetry

Procedure time: 20-30 minutes

Downtime: Minor swelling for 1-3 days, possible light bruising for 3-7 days

Results appear: Immediate (though final result after swelling subsides in 2 weeks)

Results last: 6-12 months depending on product used and individual metabolism

Cost range: \$650-\$1,200 (typically 0.5-1ml required for asymmetry correction)

Pros: - Immediate visible correction - Precisely controlled placement for accurate symmetry - Reversible with hyaluronidase if needed - Natural-looking results when performed expertly - Can be adjusted gradually over multiple sessions - Minimal downtime

Cons: - Temporary - requires maintenance treatments - Swelling can temporarily mask final symmetry (need patience for 2 weeks) - Possible bruising - Small risk of asymmetry if not performed by experienced injector - Requires skilled practitioner for optimal symmetry outcomes

Anti-Wrinkle Injections (Lip Flip)

How it works: Anti-wrinkle injections (botulinum toxin) relax specific muscles around the mouth to:
- Relax an overactive muscle on one side causing asymmetry - Lift a drooping corner of the mouth - Even out a gummy smile affecting one side more - Reduce muscle pull that's creating uneven lip appearance - Subtly evert the upper lip for improved symmetry

Best for: Asymmetry caused by muscle imbalance, one corner turning down, uneven gummy smile, dynamic asymmetry (appearing only when smiling), subtle corrections

Procedure time: 10-15 minutes

Downtime: None to minimal

Results appear: 3-7 days for full effect

Results last: 3-4 months

Cost range: \$150-\$300 for lip area treatment

Pros: - No swelling or bruising typically - Quick procedure with no downtime - Effective for muscle-related asymmetry - Can be combined with fillers for comprehensive correction - Reversible (effects wear off naturally)

Cons: - Only addresses muscle-related causes, not volume differences - Results are subtle - Requires repeat treatments every 3-4 months - Results not immediate (need to wait up to a week) - Can affect lip function if not dosed correctly

Combination Approach (Fillers + Anti-Wrinkle)

Many patients achieve optimal results by combining both: - Fillers to address volume asymmetry - Anti-wrinkle injections to correct muscle imbalance - This addresses both structural and dynamic causes of asymmetry - Cost range: \$800-\$1,500 for combined approach

Surgical Treatments

Surgical Lip Revision

****What it is:**** Surgical lip revision involves making precise incisions to: - Remove excess tissue from the fuller side - Redistribute volume more evenly - Correct significant structural asymmetry - Revise previous augmentation that resulted in asymmetry - Address scar tissue affecting lip shape - Reconstruct lip architecture following trauma

Best for: Severe asymmetry not correctable with fillers, asymmetry from previous surgery requiring correction, scarring affecting lip structure, significant developmental asymmetry, cases where permanent correction is desired

Procedure time: 1-2 hours

Anaesthesia: Local anaesthesia with sedation or general anaesthesia

Hospital stay: Day surgery (go home same day)

Recovery time: - Initial swelling peaks at 48-72 hours - Stitches removed after 5-7 days - Significant swelling resolves in 2 weeks - Return to work: 1-2 weeks - Final results: 3-6 months as all swelling resolves and scars mature

Results appear: Initial improvement visible immediately, final result at 6-12 months

Results last: Permanent (though natural ageing continues)

Cost range: \$3,000-\$8,000 depending on complexity

Pros: - Permanent correction of structural asymmetry - Can address cases too severe for injectable treatment - Comprehensive solution for complex asymmetry - One-time procedure (though may require revision) - Can correct scar-related asymmetry

Cons: - Invasive procedure with surgical risks - Significant swelling and downtime - Visible bruising for 1-2 weeks - Scarring (though typically well-hidden) - Higher cost than non-surgical options - Permanent changes (not reversible) - Risk of over-correction or under-correction - Potential need for revision surgery

Choosing the Right Treatment - Decision Guide

Consider non-surgical treatments if:

✓ ****You have mild to moderate lip asymmetry**** - Most cases of noticeable asymmetry respond well to strategic filler placement

✓ ****You prefer minimal to no downtime**** - Return to normal activities immediately or within 1-2 days

✓ ****You want to try treatments gradually**** - Start conservatively and build results over time

✓ ****You're not ready for surgery**** - Test how correction looks before committing to permanent changes

✓ ****Budget is a primary concern**** - Lower upfront cost (though ongoing maintenance required)

✓ ****You want reversible options**** - Fillers can be dissolved if you're not satisfied with results

✓ ****Your asymmetry is primarily volume-related**** - Fillers excel at correcting volume imbalances

Consider surgical treatment if:

✓ ****You have severe or structural asymmetry**** - Significant tissue excess or deficiency beyond what fillers can address

✓ ****You want long-lasting or permanent results**** - One procedure provides permanent correction

✓ ****Non-surgical options haven't met your goals**** - You've tried fillers without achieving desired symmetry

✓ ****You can accommodate 1-2 weeks recovery time**** - Able to take time off work/social commitments

✓ ****You're willing to invest in comprehensive solution**** - Higher upfront cost for permanent correction

✓ ****Your asymmetry is scar-related**** - Surgical revision may be necessary to release or revise scarring

✓ ****You have excess tissue on one side**** - Reduction rather than augmentation is needed

Combination approach:

Many patients achieve optimal results by combining treatments strategically:

****Example 1:**** Surgical lip revision for major structural correction + dermal fillers 3-6 months post-surgery for fine-tuning symmetry

****Example 2:**** Dermal fillers for volume asymmetry + anti-wrinkle injections to balance muscle pull creating dynamic asymmetry

****Example 3:**** Initial filler treatment to assess desired outcome, followed by surgical correction if permanent change is desired

Your Me Clinic surgeon or cosmetic physician will assess your specific asymmetry pattern and recommend the most effective approach during your consultation.

What to Expect at Me Clinic

1. Initial Consultation (Free)

****Comprehensive assessment:**** - Detailed analysis of your lip asymmetry from multiple angles - Photographic documentation for treatment planning - Assessment of lip proportions in relation to overall facial harmony - Evaluation of static asymmetry (at rest) versus dynamic asymmetry (when smiling/talking)

****Discussion of concerns and goals:**** - Understanding what bothers you about the asymmetry - Your aesthetic goals and desired outcome - Your expectations regarding symmetry (perfect symmetry is unrealistic - natural balance is the goal)

****Medical history review:**** - Previous lip treatments or surgery - Medical conditions affecting healing or treatment safety - Medications that may increase bruising risk - Allergies to anaesthetics or dermal filler components

****Treatment options explained:**** - Which approach best suits your asymmetry pattern - Why certain treatments are recommended over others - What degree of improvement is realistically achievable - Whether single or multiple treatment sessions are needed

****Realistic expectations set:**** - No face is perfectly symmetrical, and treatment aims for natural balance - Gradual improvement may be better than dramatic one-time correction - Maintenance requirements

for non-surgical options - Recovery timeline for surgical options

****Transparent pricing provided:**** - Detailed cost breakdown with no hidden fees - Payment plan options if applicable - Comparison of costs between treatment options

****Before/after gallery review:**** - Cases similar to your asymmetry pattern - Range of outcomes achievable - Discussion of what's realistic for your specific situation

2. Treatment Planning

****Customised treatment plan designed:**** - Specific injection points mapped for filler treatments - Volume calculations for each area requiring correction - Sequencing if multiple treatment sessions recommended - Combination approach if fillers and anti-wrinkle injections both beneficial

****Timeline and sessions explained:**** - Whether single session sufficient or staged approach better - Time between treatments if multiple sessions planned - When to schedule follow-up to assess symmetry - Maintenance schedule for ongoing treatments

****Pre-treatment instructions:**** - Medications to avoid that increase bruising risk (aspirin, ibuprofen, fish oil, vitamin E) - Whether to arrive with clean, makeup-free lips - What to eat before treatment (especially for surgical procedures) - Arranging transport if sedation or anaesthesia used

****Cost breakdown provided:**** - Total treatment cost itemised - Payment options and plans - Medicare rebate information (typically not applicable for cosmetic asymmetry correction)

****Questions answered:**** - Any concerns about procedure, downtime, or results addressed - Discussion of what to do if you're not satisfied with outcome - Explanation of touch-up policy and costs

3. The Me Clinic Difference

****Responsible Cosmetic Medicine™****

At Me Clinic, lip asymmetry correction follows our ethical treatment philosophy:

- ****Evidence-based treatments only**** - We only offer treatments with proven safety and efficacy data - ****Ethical patient selection**** - Not everyone is a suitable candidate, and we'll honestly advise if treatment isn't appropriate - ****Natural-looking results prioritised**** - The goal is balanced, natural symmetry, not overdone or obvious treatment - ****Conservative approach first**** - We start with minimal intervention and build gradually rather than over-correcting - ****Comprehensive aftercare**** - Support doesn't end when you leave the clinic

****Experienced Practitioners****

Your lip asymmetry treatment at Me Clinic is performed by:

- ****FRACS-qualified plastic surgeons**** for surgical lip revision procedures - ****Specialist cosmetic physicians**** for complex injectable asymmetry corrections - ****Registered nurses**** trained in advanced injection techniques for dermal filler treatments - ****Collective experience:**** 25,000+ surgical procedures and 60,000+ non-surgical treatments delivered - ****Ongoing training**** in latest asymmetry correction techniques and advanced injection protocols

****Transparent Pricing****

- ****Published price lists**** available on our website - ****No hidden fees**** - the price quoted is the price you pay - ****Payment plans available**** for treatment packages or surgical procedures - ****Medicare rebates explained**** (not typically applicable for cosmetic lip asymmetry, but discussed if functional component exists)

Frequently Asked Questions

1. How much does lip asymmetry correction cost in Melbourne?

Treatment costs vary based on the approach and severity of asymmetry:

****Non-surgical options:**** - Dermal fillers: \$650-\$1,200 per session (0.5-1ml typically required) - Anti-wrinkle injections (lip flip): \$150-\$300 - Combined approach: \$800-\$1,500

****Surgical options:**** - Lip revision surgery: \$3,000-\$8,000 depending on complexity

At Me Clinic, we provide transparent pricing during your free consultation with no hidden fees. The exact cost depends on: - Degree of asymmetry requiring correction - Amount of filler product needed - Whether combination treatment is recommended - Complexity of surgical revision if required

2. How long do results last?

****Non-surgical treatments:**** - Dermal fillers: 6-12 months before gradual reabsorption (individual variation based on metabolism) - Anti-wrinkle injections: 3-4 months before muscle activity returns - Combined treatments: Staggered maintenance (fillers less frequently than anti-wrinkle)

****Surgical treatments:**** - Lip revision surgery: Permanent correction, though natural ageing continues to affect all facial tissues

Results depend on individual factors including: - Age and skin quality - Metabolism (faster metabolism breaks down fillers more quickly) - Lifestyle factors (smoking, sun exposure) - Lip movement patterns and muscle activity

3. Is there any downtime?

****Dermal filler treatments:**** - Immediate: Possible to return to most activities same day - 24-48 hours: Peak swelling (may prefer to avoid important events) - 3-7 days: Possible light bruising (easily covered with makeup) - 2 weeks: Final results visible once all swelling resolved

****Anti-wrinkle injections:**** - No downtime required - Tiny injection marks fade within hours - Can return to work and normal activities immediately - Avoid intense exercise for 24 hours

****Surgical lip revision:**** - 1 week: Stitches removed, significant swelling present - 2 weeks: Return to work possible (residual swelling and bruising present) - 4-6 weeks: Most swelling resolved, can resume all activities - 3-6 months: Complete resolution of swelling, scars mature

Your practitioner will provide specific downtime expectations based on your treatment plan during consultation.

4. Will the correction look natural?

Me Clinic prioritises natural-looking results through our Responsible Cosmetic Medicine™ approach:

- ****Goal is balance, not perfection:**** We aim for harmonious symmetry that suits your facial features, not artificial perfection - ****Conservative treatment philosophy:**** Starting with subtle correction and building gradually prevents overcorrection - ****Experienced injectors:**** Our practitioners have extensive training in advanced symmetry techniques - ****Honest assessment:**** We'll tell you if your expectations aren't realistic or achievable

The most natural results come from: - Treating asymmetry gradually over 2-3 sessions rather than aggressive single treatment - Using appropriate filler products (not overfilling) - Addressing both volume and muscle causes when both contribute - Accepting that perfect symmetry is neither achievable nor desirable - faces are naturally asymmetric

5. Am I too young or too old for treatment?

There's no universal age limit for lip asymmetry correction. Suitability depends on:

****Younger patients (under 25):**** - Facial development should be complete - Realistic expectations essential - Often best to start conservatively with reversible treatments - Asymmetry may be less noticeable as you age

****Older patients (60+):**** - Skin quality and healing capacity assessed - Medical history more important (certain conditions may affect safety) - Often excellent candidates as lip volume loss can worsen asymmetry - May benefit from combined approach addressing age-related changes

During consultation, we assess: - Overall health and suitability for treatment - Whether asymmetry is likely to improve, worsen, or remain stable with age - Realistic expectations and motivation for treatment - Whether benefits outweigh risks for your individual situation

6. Does Medicare cover lip asymmetry treatment?

Most cosmetic lip asymmetry treatments are ****not covered by Medicare or private health insurance**** as they're considered aesthetic procedures.

****Rare exceptions where Medicare rebate may apply:**** - Asymmetry causing functional problems (difficulty eating, speaking) - Reconstruction following trauma or cancer surgery - Congenital deformity causing significant functional impairment

We'll clarify Medicare eligibility during your consultation and provide: - Item numbers if applicable - Expected rebate amount - Out-of-pocket costs after rebate - Private health insurance coverage (typically none for cosmetic procedures)

7. What are the risks of lip asymmetry correction?

All treatments carry some risk. Your practitioner will discuss specific risks during consultation.

****Dermal filler risks:**** - Bruising and swelling (very common, temporary) - Asymmetry if not placed precisely (can be corrected with additional filler or dissolved) - Lumpiness or irregularity (usually settles, can be massaged) - Infection (rare with sterile technique) - Allergic reaction (very rare with hyaluronic acid fillers) - Vascular occlusion (extremely rare but serious - requires immediate treatment)

****Anti-wrinkle injection risks:**** - Temporary drooping if product migrates (rare, resolves when effect wears off) - Asymmetry from uneven muscle relaxation (can be corrected with additional product) - Difficulty with certain lip movements (very rare, temporary) - Bruising at injection sites (common, temporary)

****Surgical lip revision risks:**** - Infection (prevented with antibiotics and sterile technique) - Scarring (usually minimal and well-hidden, but individual variation) - Prolonged swelling (can take months to fully resolve) - Asymmetry persisting or developing (may require revision surgery) - Anaesthesia risks (discussed with anaesthetist) - Numbness (usually temporary, rarely permanent) - Need for revision surgery (5-10% of cases)

Me Clinic minimises risks through: - Experienced practitioners using proven techniques - Sterile procedures and quality products - Comprehensive pre-treatment screening - Clear post-treatment instructions - Accessible aftercare support

8. Can I see before and after photos of lip asymmetry corrections?

Yes. During your consultation, we'll show you: - Our before/after gallery of lip asymmetry corrections - Cases similar to your specific asymmetry pattern - Range of outcomes achievable with different treatments - Realistic expectations for your situation

Our gallery demonstrates: - Subtle to moderate corrections (most common) - Severe asymmetry corrections requiring surgical intervention - Combination treatment results - Results at different time

points (immediate vs. 2 weeks vs. 6 months)

All photos in our gallery are: - Real Me Clinic patients who consented to use of their images - Taken in consistent lighting and angles - Unretouched (what you see is what's achievable)

9. How do I prepare for lip asymmetry treatment?

****For dermal filler or anti-wrinkle treatments:**** - ****2 weeks before:**** Stop fish oil, vitamin E, and other supplements that increase bruising (if medically safe) - ****1 week before:**** Avoid aspirin and anti-inflammatory medications unless medically necessary (check with your doctor) - ****48 hours before:**** Limit alcohol consumption (alcohol thins blood and increases bruising) - ****Day of treatment:**** Arrive with clean, makeup-free lips - ****Optional:**** Take arnica tablets for 3 days before to reduce bruising

****For surgical lip revision:**** - ****4 weeks before:**** Stop smoking (smoking impairs healing) - ****2 weeks before:**** Stop all blood-thinning medications and supplements (under doctor's guidance) - ****1 week before:**** Arrange transport home after surgery and someone to stay with you first night - ****Day before:**** Follow fasting instructions (no food/drink for specified hours before surgery) - ****Day of surgery:**** Shower with antibacterial soap, arrive with no makeup or jewellery

Your practitioner will provide a detailed pre-treatment checklist specific to your procedure during consultation.

10. When will I see results from lip asymmetry correction?

****Dermal fillers:**** - ****Immediately:**** Visible correction as soon as filler is injected - ****24-48 hours:**** Swelling peaks (correction may look overcorrected temporarily) - ****2 weeks:**** Swelling resolves, true result visible - ****1 month:**** Filler fully integrated, final result established

****Anti-wrinkle injections:**** - ****3-5 days:**** Muscle relaxation begins, subtle improvement visible - ****7-10 days:**** Full effect achieved - ****2 weeks:**** Optimal correction established

****Combined treatment:**** - Filler results are immediate (after swelling resolves) - Anti-wrinkle effects develop gradually over 7-10 days - Final combined result visible at 2 weeks

****Surgical lip revision:**** - ****Immediately:**** Correction visible despite significant swelling - ****1 week:**** Stitches out, swelling decreasing but still substantial - ****2-4 weeks:**** Swelling 60-70% resolved, improvement clearly visible - ****3 months:**** Swelling 90% resolved, near-final result - ****6-12 months:**** Complete resolution of swelling, scars mature, final result

****Important:**** Patience is essential, especially with surgical procedures. Swelling can temporarily mask the true correction, so judging results too early can be misleading.

11. What if I'm not happy with the results?

****For dermal filler treatments:**** - ****Minor adjustments:**** Complimentary touch-up filler at 2-4 week review appointment if asymmetry persists - ****Overcorrection:**** Hyaluronidase enzyme can dissolve filler partially or completely within 24-48 hours - ****Asymmetry:**** Additional filler to balance or strategic dissolution and re-injection

****For anti-wrinkle injections:**** - ****Under-correction:**** Additional product can be injected after 2 weeks - ****Over-correction:**** Effects naturally wear off within 3-4 months (cannot be reversed immediately) - ****Asymmetry:**** Balancing injections can be administered

****For surgical procedures:**** - ****Minor concerns:**** Often resolve as swelling settles over 6-12 months - ****Persistent asymmetry:**** Revision surgery may be offered (discussed case-by-case) - ****Scar concerns:**** Scar management treatments (laser, steroid injections) available

Me Clinic's approach: - Open communication about concerns at any stage - Realistic expectations set from consultation onwards - Complimentary assessment of concerns at follow-up - Clear revision policy explained before treatment - Patient satisfaction prioritised (we want you to be happy with your result)

12. Can lip asymmetry come back after treatment?

****After dermal filler treatment:**** - Fillers are temporary and will naturally reabsorb over 6-12 months - When filler is gone, original asymmetry returns - Maintenance treatments preserve correction long-term - Some patients find asymmetry less bothersome after initial correction wears off

****After anti-wrinkle injections:**** - Effects wear off in 3-4 months as muscle activity returns - Regular maintenance treatments (3-4 times per year) maintain correction - Original muscle-related asymmetry returns when treatment lapses

****After surgical lip revision:**** - Structural correction is permanent - Natural ageing continues to affect lips (volume loss, skin laxity) - New asymmetry could develop over decades due to ageing - Most patients maintain significant improvement long-term - Touch-up filler may be desired years later for age-related changes

****Prevention strategies:**** - Maintenance treatment schedule for non-surgical approaches - Sun protection (SPF lip balm daily) - Avoid smoking (accelerates lip ageing) - Stay hydrated - Consider intermittent filler maintenance after surgical correction to address age-related changes

13. Can I combine lip asymmetry correction with other treatments?

Yes! Many patients combine lip asymmetry correction with complementary treatments:

****Commonly combined with dermal filler lip asymmetry correction:**** - ****Full lip augmentation:**** While correcting asymmetry, also enhancing overall lip volume - ****Perioral lines treatment:**** Fillers to smooth vertical lip lines while addressing asymmetry - ****Marionette lines:**** Treating downturned mouth corners contributing to perceived asymmetry - ****Nasolabial folds:**** Comprehensive lower face rejuvenation

****Commonly combined with anti-wrinkle injections:**** - ****Forehead lines:**** Comprehensive facial rejuvenation - ****Crow's feet:**** Full face anti-wrinkle treatment - ****Gummy smile correction:**** If asymmetric gummy smile present - ****Jaw slimming:**** If facial asymmetry includes jawline

****Timing considerations:**** - Multiple injectable treatments can be performed same day - Some practitioners prefer to assess lip correction first before additional treatments - Surgical procedures usually not combined with elective facial injectables on same day

Your Me Clinic practitioner will recommend the most effective combination and sequencing during consultation.

14. How do I maintain results long-term?

****For non-surgical treatments (ongoing maintenance required):****

****Dermal fillers:**** - Schedule maintenance appointments every 8-12 months before complete reabsorption - Gradually, longer intervals may be possible as tissue develops "memory" - Consistent maintenance typically requires less product than initial correction - Budget approximately \$650-\$1,200 annually for maintenance

****Anti-wrinkle injections:**** - Repeat treatments every 3-4 months - Consistency is important - allowing full return of muscle activity between treatments reduces cumulative benefit - Budget approximately \$600-\$1,200 annually (4 treatments)

****Combination approach:**** - Staggered appointments (anti-wrinkle every 3-4 months, filler every 8-12 months) - Annual cost approximately \$1,500-\$2,400 for full maintenance

****For surgical correction:**** - No maintenance required for structural correction itself - Sun protection and healthy lifestyle to slow natural ageing - Consider minor filler touch-ups after 5-10 years if age-related volume loss develops - Good skincare routine to maintain lip skin quality

****Lifestyle factors for all treatments:**** - Daily SPF lip balm (sun damage ages lips) - Hydration (drink adequate water) - Avoid smoking (accelerates lip ageing dramatically) - Quality lip moisturiser - Gentle skincare (harsh products can irritate lip area)

15. What's the difference between correcting asymmetry and getting a "lip flip"?

These are different treatments with different goals:

****Lip asymmetry correction:**** - ****Goal:**** Create balance between uneven sides of lips - ****Methods:**** Strategic filler placement to add volume where deficient, or anti-wrinkle injections to relax overactive muscles - ****Result:**** Even, symmetrical lip appearance - ****Best for:**** Visible imbalance between left/right or upper/lower lips

****Lip flip:**** - ****Goal:**** Subtly evert (roll out) the upper lip to show more pink lip tissue - ****Method:**** Anti-wrinkle injections into the orbicularis oris muscle just above the upper lip - ****Result:**** Upper lip appears slightly fuller and more visible, especially when smiling - ****Best for:**** Thin upper lip that disappears when smiling, or gummy smile

****Can they be combined?**** Yes! If you have: - Asymmetry requiring filler correction PLUS - A thin upper lip that would benefit from a flip

The combination addresses both concerns: 1. Filler strategically placed for symmetry 2. Anti-wrinkle lip flip to enhance upper lip appearance

Your Me Clinic practitioner will assess whether combination treatment would benefit your specific situation.

Real Patient Results

At Me Clinic, we've successfully corrected lip asymmetry in thousands of patients using both surgical and non-surgical techniques. Our comprehensive before/after gallery demonstrates:

****Mild asymmetry corrections:**** - Achieved with 0.5-1ml strategic filler placement - Natural-looking balance restored - Minimal swelling, quick recovery - High patient satisfaction with subtle improvement

****Moderate asymmetry corrections:**** - Combination filler and anti-wrinkle approach - Addressing both volume and muscle causes - Gradual improvement over 2-3 sessions - Long-term maintenance with consistent results

****Severe asymmetry corrections:**** - Surgical lip revision procedures - Dramatic improvement in structural balance - Permanent correction of congenital or post-trauma asymmetry - Life-changing confidence improvement for many patients

****Post-previous-treatment asymmetry:**** - Correction of poorly-placed filler from other providers - Dissolving and re-injecting with proper technique - Restoring symmetry after complications elsewhere - Trust rebuilding through careful, ethical treatment

During your consultation, your Me Clinic practitioner will show you cases similar to yours and discuss realistic expectations for achievable outcomes.

Individual results vary based on: - Severity and cause of your asymmetry - Skin quality and healing response - Age and overall facial structure - Treatment approach selected - Number of sessions performed

Book Your Free Consultation

Ready to explore your lip asymmetry correction options and discover what's achievable for your unique situation?

Three ways to book:

****1. Call:**** (03) 8823 5859 Our patient coordinators are available Monday-Friday 9am-5pm to schedule your consultation at a convenient time.

****2. Online:**** Visit meclinic.com.au/book-consultation Select "Lip Asymmetry Correction" and choose your preferred consultation date and practitioner.

****3. Email:**** info@meclinic.com.au Send us your enquiry and we'll respond within one business day to arrange your consultation.

What to bring to your consultation:

- ****List of current medications and supplements**** (helps us assess bleeding risk and treatment safety) - ****Medical history information**** (previous lip treatments, surgeries, allergies) - ****Questions for your practitioner**** (write them down so you don't forget during consultation) - ****Photos showing your concern**** from different angles (optional but can be helpful for discussion) - ****Examples of results you like**** (optional - helps communicate your aesthetic goals)

What your free consultation includes:

✓ ****Comprehensive asymmetry assessment**** - Detailed analysis of your specific lip asymmetry pattern from multiple angles ✓ ****Treatment recommendations**** - Expert advice on which approach will deliver the best results for your situation ✓ ****Transparent pricing**** - Complete cost breakdown with no hidden fees or surprises ✓ ****Before/after gallery review**** - Real patient results from cases similar to yours ✓ ****No obligation to proceed**** - This is an educational consultation; you can take all the time you need to decide ✓ ****Questions answered**** - As much time as needed to ensure you fully understand your options

Me Clinic Location:

****Me Clinic Melbourne**** 4 Burke Road Malvern East VIC 3145

****Parking:**** Convenient off-street parking available directly at the clinic. No need to search for street parking or pay meters.

****Public transport:**** Tram routes 3, 5, 6, 16, 64, 67, 72 all stop within walking distance. Darling train station is approximately 15 minutes walk.

****Accessibility:**** Ground floor clinic with disabled access and facilities available.

What happens after consultation?

****If you decide to proceed:**** 1. Treatment scheduled at your convenience 2. Pre-treatment instructions provided 3. Payment arranged (packages or payment plans available) 4. Any questions between consultation and treatment answered

****If you're undecided:**** - Take all the time you need - no pressure - We'll email you a summary of our discussion - Call back when ready, or book a second opinion consultation - Your consultation notes are kept for future reference

****If treatment isn't appropriate:**** - We'll honestly advise if we don't think treatment will achieve your goals - Alternative suggestions provided if applicable - No fee for consultation even if we don't proceed

****Me Clinic - Responsible Cosmetic Medicine™****

Trusted by thousands of Melbourne patients for honest, expert, results-driven lip asymmetry correction since 2006.