

Earlobe Repair - Treatment Melbourne | Me Clinic

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Description:

Earlobe Repair - Treatment Options at Me Clinic Melbourne ## Quick Summary **What causes torn earlobes:** - Heavy earring wear over time - Traumatic injury or snagging - Gradual stretching from we...

Details:

Me Clinic Earlobe Repair — Treatment Options at Me Clinic Melbourne

Quick Summary

What causes torn earlobes: - Heavy earring wear over time - Traumatic injury or snagging - Gradual stretching from weighted jewellery - Natural ageing and tissue thinning

Treatment options available: - Non-surgical: Dermal fillers for minor volume loss - Surgical: Earlobe repair surgery for tears and splits - Surgical: Earlobe reduction for elongated lobes

Expected results: - Complete restoration of earlobe structure and contour - Results are visible immediately; healing is complete in 4–6 weeks - Surgical correction is permanent

Cost range: - Earlobe repair surgery: \$800–\$1,500 AUD per ear - Earlobe reduction: \$1,200–\$2,000 AUD per ear - Prices based on Me Clinic's transparent pricing policy

Next steps: - Book your free consultation - Discuss your personalised treatment plan - Review our before/after gallery - Understand your recovery timeline

Understanding Torn Earlobes

What is a torn earlobe?

Me Clinic has been a Melbourne destination for earlobe repair for over 35 years, offering patients expert assessment and straightforward care for one of the most common yet underaddressed cosmetic concerns. A torn earlobe occurs when the soft tissue of the ear's lower portion becomes split, stretched, or completely divided — ranging from a small notch or partial tear to a complete split through the entire lobe. Earlobes are actually quite resilient, but years of earring wear, heavy jewellery, or a single traumatic incident can compromise their integrity in ways that feel both physically and emotionally significant.

Many people assume torn earlobes can't be fixed, or that the damage is purely cosmetic and not worth addressing. In reality, earlobe repair is one of the most straightforward procedures in cosmetic medicine, with excellent outcomes and minimal downtime.

What causes torn earlobes?

****Heavy earring wear**** is the most common culprit. Weighted jewellery gradually pulls the piercing hole downward, large hoops and chandelier earrings accelerate the process, sleeping in earrings causes unintended trauma overnight, and multiple piercings placed close together can weaken the surrounding tissue.

****Traumatic injury**** accounts for many sudden tears — earrings catching on clothing, hairbrushes, or towels; children pulling on earrings during play; sports accidents; or intentional stretching with gauges followed by a desire to restore the ear's natural appearance.

****Natural ageing**** plays a role too. Collagen and elastin break down gradually, skin becomes thinner and less resilient, and the long-term effect of gravity on stretched piercings compounds over decades.

****Lifestyle factors**** round out the picture: frequent jewellery changes causing cumulative trauma, poor piercing technique that creates structural weak points, keloid formation or scar tissue from previous piercings, and chronic irritation from nickel sensitivities.

****Who experiences torn earlobes?****

Torn earlobes affect people across all age groups, though they're most common in women aged 40–70 who have worn earrings for decades. The condition can develop much earlier in people who wear heavy jewellery regularly or who've experienced a traumatic incident. Men who have previously worn gauges or large earrings also frequently seek repair.

The damage typically develops gradually — beginning as a slightly elongated piercing hole that progresses over months or years into a visible split. Some people notice their earring holes have stretched to the point where earrings hang lower or sit awkwardly. Others experience a sudden, complete tear from a single incident.

****Why it matters****

Beyond the visible aesthetic concerns, torn earlobes affect your ability to wear earrings comfortably and confidently. Many patients feel self-conscious about visible splits or elongated holes, particularly when wearing their hair up or attending special occasions. The frustration of constantly adjusting earrings to conceal damage — or feeling unable to wear favourite pieces at all — is something our team hears about regularly.

For some, the emotional dimension runs deeper. Perhaps the damage occurred to earrings of sentimental value, or the appearance of the lobes contributes to feeling older than you are. These concerns are entirely valid, and treatment is highly effective and accessible.

Treatment Options

Non-Surgical: Dermal Fillers

***Best for:** Minor volume loss and very small tears where the tissue remains connected — not complete splits.*

Hyaluronic acid fillers are injected into the earlobe to restore volume and plumpness. This can improve the appearance of thin, deflated lobes or very minor tears, but it cannot repair actual tears or splits. If your earlobe has any degree of splitting, surgical repair is the only genuinely effective option.

- Procedure time: 10–15 minutes - Downtime: Minor swelling for 24–48 hours - Results appear: Immediately - Results last: 6–12 months (earlobes metabolise filler faster than facial areas) - Cost: \$400–\$600 AUD per earlobe - Can be combined with repair surgery for enhanced contouring

Fillers are a temporary measure. They work well for adding volume to thinning earlobes or addressing minor dimpling, but where structural damage is present, they have limited effectiveness.

Surgical: Earlobe Repair Surgery

Best for: Partial tears, complete splits, stretched piercing holes.

This is a minor procedure performed under local anaesthetic. Your surgeon removes the damaged tissue along the tear line, then sutures the healthy tissue together in layers to restore a smooth, natural-looking earlobe contour.

- Procedure time: 20–45 minutes per earlobe - Anaesthesia: Local anaesthetic only — you remain fully awake throughout - Sutures removed: 5–7 days post-procedure - Return to normal activities: Immediately (avoid strenuous exercise for 48 hours) - Re-piercing: 6–8 weeks minimum; 12 weeks is ideal - Results appear: Immediately; final healing complete at 4–6 weeks - Results last: Permanent - Cost: \$800–\$1,500 AUD per earlobe; bilateral procedures are often more cost-effective

The main trade-off is a small scar, which typically fades to a thin, pale line within 6–12 months. You'll also need to avoid earrings for at least 6–8 weeks during healing.

How the repair works:

Our surgeons use layered closure techniques to support optimal healing:

1. Damaged tissue along the tear is removed to create fresh, healthy edges 2. Internal absorbable sutures approximate the tissue foundation 3. Very fine surface sutures create a minimal scar 4. The earlobe shape is restored to match its natural curve and proportion

Different tear patterns call for different approaches:

- Partial tears may need only reinforcement of the weakened area - Complete splits require full excision and reconstruction - Stretched holes involve removing the elongated track with precise closure - Multiple tears may be treated simultaneously or in stages, depending on complexity

Surgical: Earlobe Reduction Surgery

Best for: Elongated, drooping, or disproportionately large earlobes.

This procedure reduces the size, length, or width of earlobes that have stretched with age, are naturally larger, or need reshaping in combination with tear repair.

- Procedure time: 30–60 minutes per earlobe - Anaesthesia: Local anaesthetic - Sutures removed: 7–10 days post-procedure - Return to normal activities: Immediately - Re-piercing: 8–12 weeks - Results appear: Immediately - Results last: Permanent - Cost: \$1,200–\$2,000 AUD per earlobe

Recovery is slightly longer than simple repair, and careful planning is essential to achieve balanced, natural-looking results.

Reduction techniques:

- Wedge excision removes a triangular section from the base of the lobe to reduce length - Lateral reduction reduces width whilst preserving overall length - A combined approach addresses both vertical and horizontal excess

The goal throughout is proportions that complement your face shape and the surrounding ear anatomy. During your consultation, your surgeon will assess current size, the degree of reduction that would serve you best, and your plans for future piercings.

Choosing the Right Treatment

****Earlobe repair surgery is worth considering if:****

- You have a partial or complete split in your earlobe - Your earring holes have stretched significantly - You'd like to wear earrings again without concern - You can avoid earrings for 6–8 weeks during healing - You want a permanent rather than temporary solution

****Earlobe reduction surgery is worth considering if:****

- Your earlobes have elongated noticeably with age - You'd like a more proportionate ear appearance - Your earlobes droop or hang more heavily than you'd like - You're already considering repair and want to optimise the overall shape

****Dermal fillers are worth considering if:****

- Your earlobes are thinning but intact — no tearing present - You want a non-surgical option at this stage - You'd like to restore some fullness ahead of a special occasion

****A combined approach:****

Many patients get their best results by combining treatments:

- Repair and reduction together address the tear and refine overall size in a single procedure - Bilateral repair with unilateral reduction treats different concerns on each ear to restore symmetry - Repair followed by fillers adds volume after structural repair for optimal contour

Your Me Clinic surgeon will discuss the approach best suited to your anatomy, goals, and lifestyle during your consultation.

What to Expect at Me Clinic

****1. Initial consultation (free)****

During your consultation, your surgeon or cosmetic physician will:

- Examine your earlobes to assess the type and extent of any damage - Ask about how the tear or stretching occurred and what you'd like to achieve - Review your medical history and any previous earlobe procedures - Explain the surgical technique recommended for your situation - Show you before/after photos of comparable repairs - Discuss scar appearance honestly - Provide clear, upfront pricing with no hidden fees - Answer every question you have about the procedure, recovery, and re-piercing timeline

There's no obligation to proceed. The consultation is simply an opportunity to explore your options.

****2. Treatment planning****

Once you decide to move forward:

- Your procedure will be scheduled at a time that suits you - Pre-operative instructions will be provided (typically minimal for this procedure) - Payment options will be explained, including available payment plans - Any remaining questions will be addressed before your surgery date

****3. The Me Clinic approach****

****Responsible Cosmetic Medicine™****

Me Clinic's Responsible Cosmetic Medicine™ philosophy applies to every procedure, including earlobe repair:

- Conservative tissue removal to preserve as much healthy tissue as possible - Precision techniques to minimise scarring and support good healing - Honest assessment of whether repair is appropriate now, or whether waiting would serve you better - Clear guidance on when re-piercing is safe - Comprehensive aftercare instructions and support throughout recovery

****The team****

Your earlobe repair will be performed by:

- FRACS-qualified plastic surgeons with extensive reconstructive and cosmetic experience - Practitioners who perform earlobe repairs regularly and understand the nuances involved - Surgeons with a strong appreciation for facial aesthetics and natural proportion - Doctors trained in fine suturing techniques that support minimal, well-healed scarring

With over 25,000 surgical procedures performed across 35+ years in practice, even this more minor procedure receives the same careful attention as any complex surgery.

****Transparent pricing****

- Published price ranges for earlobe repair, communicated upfront - No hidden fees at any stage - Reduced pricing for bilateral procedures - Payment plans available - All costs discussed during your free consultation

Frequently Asked Questions

****How much does earlobe repair cost in Melbourne?****

At Me Clinic, earlobe repair surgery is priced between \$800 and \$1,500 AUD per earlobe, depending on the complexity of the tear. Complete splits typically require more surgical time than partial tears, which is reflected in the cost. Earlobe reduction is priced between \$1,200 and \$2,000 AUD per earlobe. Many patients treat both earlobes at the same time, and we offer reduced pricing for bilateral procedures. All costs are discussed during your free consultation.

****Will I have a scar?****

Yes, though it will typically be minimal and barely visible over time. Our surgeons use very fine sutures and place incisions strategically to support discreet healing. The earlobe's good blood supply promotes strong, clean healing, and most patients find their scars fade to thin, pale lines within 6–12 months. We'll provide detailed scar care guidance to support the best possible outcome.

****Can I get my ears re-pierced after repair?****

Yes. We recommend waiting a minimum of 6–8 weeks, though 12 weeks is ideal for complete healing. When you're ready to re-pierce:

- Have it done professionally by an experienced piercer, not with a piercing gun - Choose a location slightly away from the previous tear line - Start with lightweight studs rather than heavier styles - Avoid heavy earrings long-term to protect against recurrence

Your surgeon can mark the optimal re-piercing location during your repair procedure if that's helpful.

****Does it hurt?****

The procedure is performed under local anaesthetic, so you'll feel no pain during surgery. The anaesthetic injection causes a brief stinging sensation — typically 5–10 seconds — after which the area is completely numb. After the procedure, most patients experience only mild tenderness for 24–48 hours, easily managed with over-the-counter paracetamol.

****How long does recovery take?****

Most patients are surprised by how manageable the recovery is:

- Day 1: Slight throbbing or tenderness, managed with paracetamol - Days 2–5: Minimal discomfort; keep the area dry and clean - Days 5–7: Sutures removed — a quick, virtually painless appointment - Weeks 2–4: Avoid heavy pulling or trauma to the ear - Weeks 6–8: Fully healed; re-piercing can be considered - Months 3–12: The scar continues to mature and fade

You can return to work immediately and resume most normal activities right away. Wait until after suture removal before swimming, and allow two weeks before returning to contact sports.

****What if I have a tendency toward keloid scarring?****

Share this with your surgeon during your consultation. Depending on your history, they may recommend pressure therapy during healing, prescribe silicone scar sheets, suggest steroid injections if early keloid signs appear, or schedule additional follow-up appointments. It's also worth noting that many people who develop keloids elsewhere don't develop them on earlobes, due to the different tissue characteristics of this area. Your surgeon will discuss your individual risk honestly.

****Can both ears be done at the same time?****

Yes, and it's quite common. There's no medical reason to stage earlobe repairs separately, and treating both at once means a single recovery period, a symmetrical healing timeline, and often a more cost-effective overall investment.

****What if my tear happens again?****

Recurrent tearing is uncommon when patients follow aftercare guidelines and adjust their jewellery habits. To protect your repair long-term: wait an adequate time before re-piercing, avoid heavy earrings as a habit, remove earrings before sports or physical activities, choose hypoallergenic metals, and have any future piercings done professionally. If a re-tear does occur, repair is usually still possible.

****Am I too old for earlobe repair?****

There's no upper age limit. Our team has repaired earlobes in patients from their 20s through to their 80s. As long as you're in reasonable general health and able to tolerate local anaesthetic, age isn't a barrier.

****Will my health insurance cover earlobe repair?****

Earlobe repair is considered a cosmetic procedure and is not covered by Medicare or private health insurance in the vast majority of cases. Extremely rare exceptions may include traumatic injury requiring emergency reconstruction or repair following skin cancer removal. Me Clinic offers payment plans to help make treatment accessible — ask about this during your consultation.

****Can I wear earrings while healing?****

No earrings for a minimum of six weeks. Premature earring wear can disrupt healing, introduce infection risk, or compromise the repair. It's a worthwhile period of patience for the long-term result.

****What's the difference between earlobe repair and earlobe reconstruction?****

Earlobe repair addresses tears, splits, and stretched holes in otherwise intact lobes — which is what the vast majority of patients need. Earlobe reconstruction refers to rebuilding a partially or completely missing earlobe due to trauma, cancer removal, or congenital absence. Reconstruction is significantly more complex, may require tissue grafts, and typically involves multiple stages. Your surgeon will clarify which applies to your situation during consultation.

****How do I know if I need reduction in addition to repair?****

During your consultation, your surgeon will assess overall earlobe length and facial proportion, the degree of stretching beyond the tear itself, your aesthetic goals, and symmetry between both ears. If your lobes are noticeably elongated, reduction can be performed at the same time as repair. Many patients are entirely happy with simple repair alone, and reduction is only suggested when it genuinely serves your goals.

****Can I exercise after earlobe repair?****

Light exercise such as walking or gentle weights can resume immediately. Avoid swimming until after suture removal (5–7 days), contact sports for two weeks, and any activities involving direct trauma to the ears until fully healed at six weeks.

****What if I don't want to be re-pierced?****

That's a perfectly valid choice. A repaired earlobe looks natural and intact regardless of whether you choose to wear earrings in the future. Some patients enjoy clip-on earrings, magnetic styles, or ear cuffs as alternatives.

****How soon can I see results?****

The structural improvement is visible immediately after your procedure. Your earlobe will be whole again, though initially swollen and with sutures in place. Once sutures are removed at 5–7 days, the earlobe looks considerably more settled. Final results, including full scar maturation and fading, develop over 3–6 months.

Real Patient Results

Over 35+ years at Me Clinic, we've helped hundreds of patients restore their earlobes with consistently good outcomes. Individual results vary based on the extent of damage, tissue quality, and healing response, but our before/after gallery reflects what careful, skilled surgical technique can achieve.

Common outcomes include:

- Restoration of natural earlobe contour and proportion
- Scars that are barely visible or effectively invisible over time
- The ability to re-pierce safely after healing
- Improved symmetry between both ears
- Renewed confidence in wearing earrings or styling hair up

During your consultation, your practitioner will show you cases similar to yours and discuss realistic expectations specific to your tear pattern, tissue quality, and healing capacity.

Book Your Free Consultation

****Three ways to book:****

1. ****Call:**** (03) 8823 5859 2. ****Online:**** Visit meclinic.com.au to book a consultation 3. ****Email:**** info@meclinic.com.au

****What to bring:****

- A list of your current medications, particularly any blood thinners
- Your medical history, including any tendency toward keloid scarring
- Photos showing your concern from different angles (optional, but often helpful)
- Any questions you'd like to discuss

****Your consultation includes:****

- A comprehensive earlobe assessment - Examination of the tear pattern and tissue quality - Personalised treatment recommendations — repair, reduction, or a combination - Transparent, upfront pricing - A review of our before/after gallery - A clear discussion of your re-piercing timeline - No obligation to proceed

****Me Clinic location:****

4 Burke Road, Malvern East VIC 3145 Convenient parking available Accessible via public transport

This guide provides general information about earlobe repair options available at Me Clinic. Individual results and recommendations vary based on each patient's unique anatomy, health history, and healing response. During your free consultation, our experienced practitioners will assess your specific situation and provide personalised treatment advice tailored to your needs and goals.

Label Facts Summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified Label Facts

****Clinic identity and contact**** - Business name: Me Clinic - Address: 4 Burke Road, Malvern East VIC 3145 - Phone: (03) 8823 5859 - Email: info@meclinic.com.au

****Pricing (published)**** - Dermal fillers: \$400–\$600 AUD per earlobe - Earlobe repair surgery: \$800–\$1,500 AUD per earlobe - Earlobe reduction surgery: \$1,200–\$2,000 AUD per earlobe - Bilateral procedures: reduced pricing available

****Procedure specifications**** - Dermal filler procedure time: 10–15 minutes - Earlobe repair procedure time: 20–45 minutes per earlobe - Earlobe reduction procedure time: 30–60 minutes per earlobe - Anaesthetic type: local anaesthetic only - Suture removal (repair): 5–7 days post-procedure - Suture removal (reduction): 7–10 days post-procedure

****Recovery timelines**** - Post-filler swelling: 24–48 hours - Post-surgery tenderness: 24–48 hours - Strenuous exercise: avoid for 48 hours - Swimming: avoid until suture removal (5–7 days) - Contact sports: avoid for two weeks - Earring avoidance: minimum 6 weeks - Minimum wait before re-piercing: 6–8 weeks - Recommended wait before re-piercing: 12 weeks

****Results duration**** - Dermal fillers: 6–12 months - Surgical repair: permanent - Surgical reduction: permanent - Scar maturation: 3–12 months - Scar fading: within 6–12 months - Healing complete: 4–6 weeks

****Practitioner credentials**** - Surgeon qualification: FRACS-qualified plastic surgeons - Procedures performed to date: over 25,000 surgical procedures - Years operating: over 35 years

****Medicare and insurance**** - Medicare coverage: not covered (cosmetic procedure) - Private health insurance coverage: not covered in the vast majority of cases - Payment plans: available

****Initial consultation**** - Cost: free - Booking methods: phone, online, or email

General Product Claims

- Me Clinic is described as "Melbourne's trusted destination for earlobe repair" - Earlobe repair characterised as "one of the most straightforward procedures in cosmetic medicine" - Surgeons

described as bringing genuine skill and care to every procedure - Responsible Cosmetic Medicine™ described as a philosophy of conservative, evidence-based care - Outcomes described as consistently good across hundreds of patients - Scars described as typically barely visible or effectively invisible over time - Earlobe tissue described as having characteristics that may reduce keloid risk compared to other body areas - Recovery described as genuinely minimal, with patients often surprised by how manageable it is - The earlobe's blood supply described as an advantage for healing - Recurrent tearing described as uncommon with proper aftercare - No upper age limit stated for patient eligibility - Combined repair and reduction described as achievable in a single procedure