

Spider Veins Treatment - Leg Vein Removal Melbourne | Me Clinic

Canonical:

<https://directory.meclinic.com.au/body-concerns/spider-veins-treatment-leg-vein-removal-melbourne-me-clinic/>

Description:

Spider Veins Treatment - Leg Vein Removal Melbourne ## Quick Summary **What causes spider veins:** - Weak or damaged vein valves allowing blood to pool - Hormonal changes during pregnancy or menop...

Details:

Quick Summary

What causes spider veins: - Weak or damaged vein valves allowing blood to pool - Hormonal changes during pregnancy or menopause - Genetic predisposition to vein wall weakness - Prolonged standing or sitting increasing venous pressure

Treatment options available: - Non-surgical: Sclerotherapy, laser therapy, thermocoagulation, compression therapy - Surgical: Rarely required for spider veins (reserved for severe varicose veins)

Expected results: - 50-80% reduction in visible spider veins after initial treatment - Timeline: Results appear gradually over 3-6 weeks - Duration: Permanent for treated veins, though new veins may develop

Cost range: - Sclerotherapy: \$400-\$800 per session - Laser therapy: \$300-\$600 per session - Thermocoagulation: \$500-\$1,000 per session - *Prices based on Me Clinic's transparent pricing policy*

Next steps: - Book free consultation - Discuss treatment plan - Review before/after gallery - Understand number of sessions needed

Understanding Spider Veins

What are spider veins?

Spider veins (medically known as telangiectasias) are small, damaged veins that appear on the surface of the legs or face. They look like fine red, blue, or purple lines that branch out in a web-like or tree-branch pattern, hence the name "spider" veins. Typically measuring less than 1mm in diameter, these tiny vessels are visible through the skin but don't bulge outward like varicose veins.

Unlike varicose veins, spider veins are primarily a cosmetic concern rather than a medical problem. However, they can occasionally cause mild discomfort, including aching, burning, or itching in the affected area, particularly after prolonged standing.

Common misconceptions include believing spider veins are caused by crossing your legs (they're not) or that they only affect older people (they can appear at any age). While spider veins are harmless, many people seek treatment because they feel self-conscious wearing shorts, skirts, or swimwear.

What causes spider veins?

1. ****Vein valve dysfunction**** - One-way valves in leg veins prevent blood from flowing backward - When these valves weaken or become damaged, blood pools in the vein - This pooling creates pressure that causes the vein walls to distend - Over time, the increased pressure makes the veins visible through the skin
2. ****Genetic factors**** - Family history is the strongest predictor of developing spider veins - Inherited weakness in vein walls or valve structure - If both parents had spider veins, you have a 90% chance of developing them - Certain connective tissue disorders increase susceptibility
3. ****Hormonal influences**** - Oestrogen and progesterone affect vein wall strength - Pregnancy increases blood volume and venous pressure - Hormonal contraception can contribute to vein weakness - Menopause-related hormonal changes may trigger new spider veins - Hormone replacement therapy can increase risk
4. ****Lifestyle and occupational factors**** - Prolonged standing (teachers, retail workers, healthcare professionals) - Prolonged sitting (office workers, drivers) - Lack of movement reduces the calf muscle pump that helps return blood - Obesity increases abdominal pressure on leg veins - High-impact activities can stress vein walls
5. ****Environmental factors**** - Sun exposure damages skin and dilates superficial vessels - Extreme temperature changes affect vein tone - Previous leg injuries or trauma can damage veins - Certain medications may weaken vein walls

****Who experiences spider veins?****

Spider veins are extremely common, affecting approximately 30-60% of adults. While they can appear at any age, prevalence increases significantly after age 50.

Women are more likely to develop spider veins than men, with approximately 55% of women experiencing them compared to 45% of men. This gender difference is primarily attributed to hormonal factors, particularly pregnancy and oestrogen exposure.

Spider veins typically become noticeable in the 30s and 40s, though many people develop their first spider veins in their 20s. Some individuals notice them appearing after pregnancy or significant weight changes.

Risk factors include: - Being female - Family history of spider or varicose veins - Pregnancy (especially multiple pregnancies) - Age over 50 - Obesity - Occupations requiring prolonged standing - History of blood clots or vein disease

****Why it matters****

While spider veins are generally harmless from a medical standpoint, they can have significant impacts:

****Cosmetic concerns:**** Many people feel self-conscious about the appearance of spider veins on their legs, leading them to avoid wearing shorts, skirts, dresses, or swimwear. This can affect quality of life, particularly in Melbourne's warmer months.

****Psychological impact:**** The visible nature of spider veins can affect confidence and body image. Some people report feeling older or less attractive due to spider veins.

****Physical symptoms:**** Although uncommon, some people experience aching, burning, itching, or throbbing in areas with spider veins, particularly after standing for extended periods.

****Early indicator:**** In some cases, spider veins can be an early sign of underlying venous insufficiency. While spider veins themselves are harmless, they may occasionally indicate the need for deeper vein assessment.

Most people seek treatment for spider veins for cosmetic improvement. At Me Clinic, we take a comprehensive approach, assessing not just the spider veins themselves but also evaluating for any underlying vein health issues that might affect treatment success.

Treatment Options Comparison

Non-Surgical Treatments

1. Sclerotherapy (Gold Standard)

How it works: Sclerotherapy involves injecting a medical-grade solution directly into the spider vein. This solution (called a sclerosant) irritates the vein lining, causing it to collapse and seal shut. Over the following weeks, the body naturally absorbs the collapsed vein, and blood reroutes through healthier nearby veins.

Modern sclerotherapy uses foam sclerosants for larger veins and liquid sclerosants for smaller spider veins. The foam formulation allows the solution to displace blood more effectively and maintain longer contact with the vein wall.

- ****Best for:**** Small to medium spider veins on legs; particularly effective for red and blue spider veins - ****Procedure time:**** 30-45 minutes per session - ****Downtime:**** None (return to normal activities immediately, with some restrictions) - ****Results appear:**** Gradual fading over 3-6 weeks - ****Results last:**** Permanent for treated veins; new veins may develop over time - ****Sessions needed:**** 2-4 sessions typically required, spaced 4-6 weeks apart - ****Cost range:**** \$400-\$800 per session - ****Pros:**** - Highly effective (60-80% improvement after complete treatment course) - Minimal discomfort (tiny needles used) - No anaesthesia required - Can treat multiple veins in one session - Proven track record spanning decades - ****Cons:**** - Multiple sessions usually needed - Temporary bruising common - Pigmentation changes possible (usually temporary) - Must wear compression stockings for several days - Cannot guarantee prevention of new spider veins

2. Laser Therapy

How it works: Laser treatment uses focused light energy to heat and destroy spider veins. The laser wavelength is selected to target haemoglobin (the red pigment in blood), which absorbs the light energy and converts it to heat. This heat damages the vein wall, causing it to collapse and eventually be absorbed by the body.

Two main types of lasers are used for spider veins: - ****Surface lasers**** (transcutaneous): Applied externally to the skin, best for very fine spider veins - ****Endovenous lasers****: Used inside larger veins (typically for varicose veins, not spider veins)

For leg spider veins, we primarily use surface laser systems such as Nd:YAG lasers, which can penetrate deeper into the skin.

- ****Best for:**** Very fine spider veins (less than 1mm); facial spider veins; veins too small for sclerotherapy needles - ****Procedure time:**** 15-30 minutes per session - ****Downtime:**** Minimal (possible redness and swelling for 1-2 days) - ****Results appear:**** Gradual over 2-6 weeks - ****Results last:**** Permanent for treated veins - ****Sessions needed:**** 2-5 sessions typically required - ****Cost range:**** \$300-\$600 per session - ****Pros:**** - No needles (good option for needle-phobic patients) - Effective for very fine veins - Minimal discomfort with cooling devices - Quick treatment sessions - ****Cons:**** - Generally less effective than sclerotherapy for leg spider veins - More sessions often needed - Less effective on darker skin types - Possible temporary pigmentation changes - Some patients report more discomfort than sclerotherapy - Not suitable for larger spider veins

3. Thermocoagulation (Veinwave)

How it works: Thermocoagulation uses high-frequency microwave energy delivered through a very fine needle to generate heat within the spider vein. This thermal energy coagulates the blood and seals

the vein from the inside. The treated vein is then naturally absorbed by the body.

This technique is sometimes called "ohmic thermolysis" and uses a very fine insulated needle that delivers energy only at its tip, minimising damage to surrounding tissue.

- **Best for:** Thread veins and very fine spider veins on legs and face - **Procedure time:** 15-30 minutes - **Downtime:** None to minimal - **Results appear:** Immediate blanching, with full results in 2-4 weeks - **Results last:** Permanent for treated veins - **Sessions needed:** 1-3 sessions typically - **Cost range:** \$500-\$1,000 per session - **Pros:** - Effective for very fine veins - Instant visible improvement - Suitable for face and legs - Minimal discomfort - No need for compression stockings - **Cons:** - Less effective for larger spider veins (sclerotherapy better) - More expensive per session - Not as widely available as sclerotherapy or laser - Limited long-term research compared to sclerotherapy

4. Compression Therapy

How it works: While not a treatment that eliminates spider veins, medical-grade compression stockings play an important supporting role. Compression garments apply graduated pressure to the legs (strongest at the ankle, decreasing towards the knee), which helps: - Improve blood flow back to the heart - Reduce venous pressure in leg veins - Prevent pooling of blood - Support vein walls

Compression therapy is typically used: - **After sclerotherapy:** To maximise treatment results - **Preventatively:** To slow progression of spider veins - **For symptom relief:** To reduce aching or heaviness in legs

- **Best for:** Preventing new spider veins; symptom management; post-treatment support - **Duration of wear:** Varies; post-sclerotherapy typically 5-7 days; preventative use during high-risk times (long flights, prolonged standing) - **Results:** Does not eliminate existing spider veins but may prevent worsening - **Cost range:** \$50-\$200 for quality medical-grade compression stockings - **Pros:** - Non-invasive - Provides symptom relief - Prevents progression - Improves treatment outcomes when combined with other therapies - **Cons:** - Does not remove existing spider veins - Can be uncomfortable in warm weather - Requires correct fitting for effectiveness - Must be worn consistently for benefit

Surgical Treatments

Spider veins rarely require surgical intervention. Surgery is typically reserved for larger varicose veins with significant underlying venous insufficiency. However, for completeness:

Phlebectomy/Microphlebectomy

Surgical removal of larger surface veins through tiny incisions. This is occasionally used for prominent reticular veins (the slightly larger blue-green veins that often feed spider veins) but is not standard treatment for spider veins themselves.

- **What it is:** Removal of veins through 2-3mm incisions - **Best for:** Larger reticular veins; bulging varicose veins - **Procedure time:** 30-60 minutes - **Anaesthesia:** Local anaesthesia - **Recovery time:** 1-2 weeks - **Results:** Immediate removal; permanent for treated veins - **Cost range:** \$1,500-\$3,500 - **Pros:** - Immediate physical removal - Effective for larger veins unsuitable for sclerotherapy - Can be combined with other treatments - **Cons:** - Invasive compared to non-surgical options - Small scars (usually fade over time) - Higher cost - Longer recovery - Overkill for typical spider veins

At Me Clinic, we rarely recommend surgical treatment for spider veins alone. Sclerotherapy and laser therapy provide excellent results with minimal invasiveness. We reserve surgical approaches for patients with underlying varicose vein disease requiring more comprehensive treatment.

Choosing the Right Treatment - Decision Guide

****Consider sclerotherapy if:**** ✓ You have red or blue spider veins on your legs ✓ You want the most proven, effective treatment ✓ You don't mind wearing compression stockings for a few days ✓ You can tolerate tiny needle injections ✓ You have multiple spider veins to treat ✓ You want the best value for effectiveness

****Consider laser therapy if:**** ✓ You have very fine spider veins (less than 1mm) ✓ You're needle-phobic ✓ You have facial spider veins ✓ Sclerotherapy hasn't fully cleared all veins (laser can complement) ✓ You prefer non-injection treatment

****Consider thermocoagulation if:**** ✓ You have thread veins or very fine spider veins ✓ You want immediate visible improvement ✓ Other treatments haven't achieved desired results ✓ You prefer not to wear compression stockings ✓ You're treating small areas

****Consider compression therapy if:**** ✓ You want to prevent new spider veins developing ✓ You experience leg aching or heaviness ✓ You've had sclerotherapy and want to optimise results ✓ You have occupational risk factors (prolonged standing) ✓ You're pregnant and want to minimise vein development

****Combination approach:****

Many patients achieve optimal results by combining treatments. Common combinations include:

- ****Sclerotherapy + laser:**** Sclerotherapy for larger spider veins, laser for very fine residual veins
- ****Sclerotherapy + compression therapy:**** Standard combination for best results and prevention
- ****Phlebectomy + sclerotherapy:**** Removal of feeding reticular veins, then sclerotherapy for spider veins

Your Me Clinic practitioner will recommend the best approach during your consultation, based on: - Size and type of your spider veins - Extent of affected area - Underlying vein health - Your treatment goals - Your medical history - Your budget and timeline

What to Expect at Me Clinic

****1. Initial Consultation (Free)****

Your spider vein journey begins with a comprehensive consultation:

- ****Leg assessment:**** Visual examination of spider veins and any associated veins
- ****Medical history review:**** Discussion of risk factors, previous treatments, medications
- ****Vascular assessment:**** Evaluation for underlying venous insufficiency (if indicated)
- ****Treatment goals discussion:**** Understanding your expectations and concerns
- ****Treatment options explained:**** Detailed review of suitable treatments for your veins
- ****Realistic expectations set:**** Honest discussion about what can and cannot be achieved
- ****Transparent pricing provided:**** Clear breakdown of costs with no hidden fees
- ****Before/after gallery review:**** Examples of results from similar cases

****2. Treatment Planning****

Once you decide to proceed:

- ****Customised treatment plan designed:**** Specific approach tailored to your spider veins
- ****Timeline explained:**** Number of sessions needed and spacing between treatments
- ****Pre-treatment instructions:**** Guidelines to optimise results (avoid certain medications, no sun tanning)
- ****Post-treatment expectations:**** What to expect in terms of results, timeline, and aftercare
- ****Cost breakdown provided:**** Total treatment cost estimate based on sessions anticipated
- ****Questions answered:**** Opportunity to address any concerns before proceeding

****3. The Me Clinic Difference****

****Responsible Cosmetic Medicine™****

At Me Clinic, we practice evidence-based vein treatment:

- ****Conservative approach first:**** Starting with proven, minimally invasive treatments - ****Thorough assessment:**** Ensuring no underlying vein disease is missed - ****Realistic expectation setting:**** Being honest about what treatment can achieve - ****Patient education:**** Empowering you to make informed decisions - ****Comprehensive aftercare:**** Ongoing support throughout your treatment journey

****Experienced Practitioners****

Your spider vein treatment is performed by:

- ****Specialist doctors**** trained in sclerotherapy and vascular assessment - ****Registered nurses**** with extensive vein treatment experience - ****Practitioners who perform**** hundreds of vein treatments annually - ****Team supported by**** FRACS-qualified plastic surgeons for complex cases

****Transparent Pricing****

We believe you should know exactly what you're paying:

- ****Published price ranges**** for all vein treatments - ****No hidden fees**** or surprise charges - ****Clear session estimates**** based on your individual case - ****Payment plans available**** to make treatment accessible - ****No pressure**** to proceed if timing or budget isn't right

Frequently Asked Questions

****How much does spider vein treatment cost in Melbourne?****

Treatment costs vary based on the extent of spider veins and the treatment method:

- ****Sclerotherapy:**** \$400-\$800 per session; most patients need 2-4 sessions - ****Laser therapy:**** \$300-\$600 per session; typically 2-5 sessions required - ****Thermocoagulation:**** \$500-\$1,000 per session; usually 1-3 sessions

Total treatment investment typically ranges from \$800-\$3,200 depending on the area treated and number of sessions needed. At Me Clinic, we provide transparent pricing during your free consultation with a realistic estimate of sessions required. There are no hidden fees.

****How long do results last?****

The spider veins that are successfully treated are permanently gone—they don't "come back." Once a vein is sealed and absorbed by your body, it's eliminated for good.

However, it's important to understand that spider vein treatment doesn't prevent new spider veins from forming. If you have a genetic predisposition or ongoing risk factors (hormonal changes, prolonged standing, etc.), you may develop new spider veins in the future.

Most patients find that results last several years. Some never develop new spider veins; others may notice new ones forming and choose to have periodic touch-up treatments (typically every 2-5 years).

****Is there any downtime?****

Most spider vein treatments require minimal to no downtime:

- ****Sclerotherapy:**** No downtime; you can return to normal activities immediately. You'll need to wear compression stockings for 5-7 days and avoid vigorous exercise for 2-3 days. Bruising is common but fades within 2 weeks.

- ****Laser therapy:**** Minimal downtime; possible redness and mild swelling for 1-2 days. You can return to work immediately.

- **Thermocoagulation:** No downtime; resume normal activities immediately.

You should avoid: - Hot baths, saunas, and hot tubs for 48-72 hours - Vigorous exercise for 2-3 days post-sclerotherapy - Sun exposure to treated areas for 2 weeks - Air travel for 48-72 hours (if possible)

Will the treatment be painful?

Most patients find spider vein treatments quite tolerable:

- **Sclerotherapy:** Involves multiple tiny injections. Most describe it as minor pinpricks or mild stinging. The sclerosant solution can cause a brief burning or cramping sensation as it enters the vein, but this passes quickly. No anaesthesia is needed.

- **Laser therapy:** Feels like small rubber band snaps against the skin. Modern laser devices have cooling mechanisms to minimise discomfort. Some areas are more sensitive than others.

- **Thermocoagulation:** Generally well-tolerated with minimal discomfort.

Your practitioner can apply topical numbing cream if you're particularly sensitive, though most patients don't require it.

Will it look natural?

Yes. The goal of spider vein treatment is to restore the natural, clear appearance of your legs. Unlike adding something artificial (as with some cosmetic treatments), we're simply removing visible veins that shouldn't be apparent.

After successful treatment, your legs will look like they did before spider veins developed—natural and smooth. At Me Clinic, we prioritise natural-looking results and avoid over-treatment.

Am I too young or too old for treatment?

There's no age limit for spider vein treatment, but the ideal timing depends on individual factors:

Younger patients (20s-30s): Can certainly have treatment if spider veins are bothersome. However, if you're planning future pregnancies, you may want to wait, as pregnancy often causes new spider veins to develop.

Middle-aged patients (40s-50s): Often ideal candidates, especially if you've completed your family.

Older patients (60s+): Age alone is not a barrier. Treatment suitability depends on overall health, skin condition, and treatment goals.

During consultation, we'll assess whether your skin and vein condition make treatment likely to be successful.

Does Medicare cover spider vein treatment?

Unfortunately, no. Spider vein treatment is considered cosmetic and is not covered by Medicare or private health insurance. In rare cases where spider veins cause medical symptoms (pain, bleeding, ulceration), there may be limited Medicare coverage, but this is exceptional.

At Me Clinic, we offer: - Transparent upfront pricing - Payment plans to spread costs - Free consultations to discuss options before committing

What are the risks and side effects?

All spider vein treatments carry some risks, though serious complications are rare. Common side effects include:

****Sclerotherapy:**** - Bruising (common; fades within 2 weeks) - Temporary skin discolouration/pigmentation (10-30% of patients; usually fades within 6-12 months) - Matting (development of fine new red spider veins; occurs in 5-10%; often temporary) - Trapped blood (small clots in treated veins; easily drained if persistent) - Allergic reaction to sclerosant (rare) - Skin ulceration (very rare with proper technique)

****Laser therapy:**** - Redness and swelling (common; resolves in 1-2 days) - Pigmentation changes (possible; usually temporary) - Blistering (uncommon; more likely with darker skin) - Paradoxical darkening of veins (rare)

****Thermocoagulation:**** - Temporary redness (common) - Minor scabbing (possible at needle sites) - Rare pigmentation changes

Your practitioner will discuss specific risks during consultation and ensure you're a suitable candidate for treatment.

****Can I see before and after photos?****

Yes. During your consultation at Me Clinic, we'll show you before and after galleries of spider vein treatments. These include a range of cases showing different vein types, severity levels, and treatment outcomes.

It's important to remember that results vary between individuals based on factors like vein type, skin colour, age, and how your body responds to treatment. We'll show you cases similar to yours to give you realistic expectations.

****How do I prepare for treatment?****

Pre-treatment preparation helps optimise results:

****2 weeks before:**** - Avoid aspirin and anti-inflammatory medications if medically safe (check with your GP first) - Stop herbal supplements that thin blood (ginkgo, garlic, fish oil, vitamin E) - Avoid waxing or using hair removal creams on treatment area

****1 week before:**** - Don't apply self-tanner or get spray tans - Avoid direct sun exposure to treatment area - Exfoliate gently to remove dry skin

****Day of treatment:**** - Wear loose, comfortable clothing - Bring compression stockings if you already have them (we can provide if needed) - Eat normally and stay hydrated - Clean legs thoroughly; don't apply lotions or oils

Your practitioner will provide a detailed preparation checklist when you book treatment.

****When will I see results?****

Spider vein treatment results appear gradually:

- ****Sclerotherapy:**** - Veins may initially appear darker or more prominent (normal; caused by trapped blood) - Fading begins at 2-3 weeks - Maximum improvement visible at 3-6 weeks - Some veins require repeat treatment

- ****Laser therapy:**** - Veins may darken initially - Fading begins at 1-2 weeks - Full results at 4-6 weeks

- ****Thermocoagulation:**** - Immediate blanching of veins visible - Continued improvement over 2-4 weeks

Because the body must gradually absorb treated veins, patience is important. Multiple treatment sessions are typically spaced 4-6 weeks apart to allow time for healing and assessment of results.

****Can spider veins return after treatment?****

Treated spider veins that successfully close off are permanently gone. However, new spider veins can develop in other areas if you have ongoing risk factors.

Think of it like this: Spider vein treatment removes existing damaged veins, but it doesn't change your underlying genetics, hormones, or lifestyle factors that contributed to them in the first place.

To minimise new spider vein development: - Maintain a healthy weight - Exercise regularly to improve circulation - Wear compression stockings during high-risk activities (long flights, extended standing) - Avoid prolonged heat exposure (hot baths, saunas) - Elevate legs when resting - Consider touch-up treatments if new veins appear

****How many treatments will I need?****

The number of treatments depends on: - Extent of spider veins - Size and location of veins - How your body responds to treatment

****Typical treatment courses:****

- ****Small isolated area:**** 1-2 sessions - ****Moderate spider veins (one or both legs):**** 2-4 sessions - ****Extensive spider veins:**** 4-6 sessions

Treatments are typically spaced 4-6 weeks apart to allow healing and assessment. During your first treatment, your practitioner can usually give you a more accurate estimate of total sessions needed based on how your veins respond.

****Is treatment suitable during pregnancy?****

No. Spider vein treatment (particularly sclerotherapy) is not recommended during pregnancy or while breastfeeding.

Many women develop spider veins during pregnancy due to increased blood volume, hormonal changes, and pressure from the growing uterus. The good news is that pregnancy-related spider veins often improve or disappear within 3-6 months after delivery.

We recommend: - Waiting at least 3-6 months post-delivery before treating spider veins - Completing breastfeeding before undergoing sclerotherapy - Using compression stockings during pregnancy to minimise vein development - Planning treatment if you're certain you've completed your family

****What's the difference between spider veins and varicose veins?****

While related, they're different conditions:

****Spider veins:**** - Small (less than 1mm diameter) - Flat against skin surface - Red, blue, or purple colour - Look like thin lines, branches, or webs - Primarily cosmetic concern - Rarely cause symptoms

****Varicose veins:**** - Large (3mm+ diameter) - Bulge above skin surface - Blue or flesh-colored - Twisted, rope-like appearance - Can cause medical problems - Often cause aching, heaviness, swelling

Spider veins are primarily a cosmetic concern, while varicose veins may require medical treatment. However, both can exist together—sometimes spider veins develop near varicose veins.

During your consultation, we'll assess whether you have only spider veins or if there's an underlying varicose vein issue that needs addressing first.

Real Patient Results

At Me Clinic, we've treated thousands of patients with spider veins across Melbourne. Our experience spans from isolated small areas to extensive spider vein networks covering both legs.

While individual results vary based on factors including vein type, skin colour, overall health, and treatment response, our before and after gallery demonstrates the range of outcomes achievable with our treatment protocols.

During your consultation, your practitioner will: - Show you cases similar to yours - Discuss realistic expectations for your specific situation - Explain factors that might affect your results - Provide an honest assessment of what can be achieved

We believe in setting realistic expectations. Spider vein treatment can significantly improve the appearance of your legs, but perfection isn't always possible. Most patients achieve 60-80% improvement and are highly satisfied with their results.

Book Your Free Consultation

Ready to explore your spider vein treatment options?

****Three ways to book:****

1. ****Call:**** (03) 8823 5859 2. ****Online:**** Visit meclinic.com.au to book your consultation 3. ****Email:**** info@meclinic.com.au

****What to bring:****

- List of current medications - Medical history (particularly any blood clotting disorders) - Questions for your practitioner - Photos of your legs showing the veins (optional but helpful)

****Your consultation includes:****

✓ Comprehensive leg and vein assessment ✓ Discussion of your treatment goals ✓ Explanation of suitable treatment options ✓ Realistic expectation setting ✓ Transparent pricing with no hidden fees ✓ Before and after gallery review ✓ No obligation to proceed with treatment

****Me Clinic Location:****

4 Burke Road, Malvern East VIC 3145 Convenient off-street parking available Easy access from major Melbourne suburbs

****Why choose Me Clinic for spider vein treatment?*****

- ****Experience:**** Thousands of successful spider vein treatments performed - ****Expertise:**** Specialist doctors and registered nurses trained in advanced sclerotherapy techniques - ****Evidence-based:**** We use proven treatments backed by medical research - ****Transparent:**** Clear pricing and honest advice about what treatment can achieve - ****Comprehensive:**** Full assessment to ensure no underlying vein issues are overlooked - ****Patient-focused:**** Your comfort, safety, and satisfaction are our priorities

Don't let spider veins prevent you from wearing the clothes you love or feeling confident in your skin. Book your free consultation today and take the first step toward smoother, clearer-looking legs.

****Me Clinic - Responsible Cosmetic Medicine™****

***Disclaimer:** Individual results may vary. Spider vein treatment outcomes depend on multiple factors including vein type, treatment response, and adherence to aftercare instructions. This information is for educational purposes and does not replace personalised medical advice from a qualified practitioner.*